

# Central West Leader



Winton welcomes local leaders  
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Pottery Club gets handy  
PAGE 21

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## Touring guide

On Wednesday, 8 March, Outback Queensland Tourism Association announced the OQTA Excellence Award winners with Winton and Longreach operators taking out top awards. Outback Queensland Tourism Association's Excellence Awards recognise the outstanding achievements of industry professionals who have driven significant tourism success and contributed to elevating the Outback Queensland tourism offering.  
STORY PAGE 8

## Where to on post service

Australia Post welcomes the Federal Government's decision to launch a discussion paper and undertake community consultation on the modernisation of postal services. Under the consultation, all Australians will have an opportunity to provide their views on how Australia Post operates and services its customers and the community.  
The consultation comes as more consumers embrace online rather than over-the-counter services and the use of letters continues to rapidly decline.  
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## Miracle family

The Cook family from Blackall; Tony, wife Samantha, Wyatt, 2 and Aspen, four months old - share their amazing journey. Picture: AARON SKINN  
STORY PAGE 2

## Littleproud fears regions will suffer under Federal buy-back plan

# Worry over water

By Karen Simmons

With 450 gigalitres on the table - the approximate volume of Sydney Harbour - will the benefits of selling irrigation rights outweigh future water limits?  
Late last month the Commonwealth Government began the process to buy water from landholders to Bridge the Gap under the Murray-Darling Basin Plan.

But Leader of The Nationals and Federal Maranoa MP David Littleproud believes Labor's plan to go ahead with more water buybacks risks destroying Queensland towns and worsening Australia's cost-of-living crisis.  
Mr Littleproud said Water Minister Tanya Plibersek's revelations that she would not allow more time for states to deliver efficient infrastructure for nearly 350 gigalitres, while ignoring the economic and social safeguards for 450

additional gigalitres, would be a huge blow to regional communities.  
"If that much water is purchased from farmers, less food is produced, so every Australian will pay more at the check-out," Mr Littleproud said.  
"The infrastructure programs designed by the states to deliver water for the environment just need to be given time to be completed and the safeguards Labor created for the additional

450 gigalitres just need to be respected.  
"Farmers can sell up and walk away but it will be the towns, the small business owners and families that will feel the pain."  
Mr Littleproud said the Minister's statement meant in his electorate of Maranoa, the final 14 gigalitres required to be recovered in Queensland would not be the end of the Basin Plan for communities.  
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### ROYALLA SHORTHORN BULL SALE

### 26 Shorthorn Bulls

Royalla Shorthorn Stud | Nic Job  
0428 298 767 | nic@royallabeef.com

### Save The Date: Royalla Shorthorn Bull Sale

Wednesday 22nd March | 11am start | WQLX Longreach

Contact Elders

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## The editor's desk

What an eventful week to say the least!

Our hearts went out to Richard Kinnon and the Outback Pioneers family when we heard the news and saw images of the iconic Pride of the Murray almost entirely submerged in the Thomson River in Longreach on Monday.

All agencies involved in the management of the incident have done a superb job.

On an encouraging note, Outback Pioneers was announced a winner in the Outback Tourism awards this week for their social media campaign showcasing the incredible journey of the Pride of the Murray, when it travelled from Echuca to its new home in Longreach.

The journey reached a total of 3.2 million people and generated over 600,000 views across Outback Pioneer's social media accounts.

May she cruise again!

- Karen Simmons



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The Cook family from Blackall: Tony, wife Samantha, Wyatt, 2, and Aspen, four months.



Dr Nimithri Cabraal from Mater Women's Hospital Brisbane was able to remove Samantha Cooks cancer from her ovary during pregnancy. Picture: SUPPLIED

# Miracle for family

Blackall wool classer and miracle mum, Samantha Cook could give us all some lessons on hope in the face of adversity.

Samantha was just 34 when she was given the life-changing diagnosis – after doctors identified a “suspicious tumour” on one of her ovaries during her 12-week pregnancy scan at Mater Mothers’ Hospital in South Brisbane.

Her diagnosis came just three months after her sheep-shearing husband, Tony Cook, was told by doctors he had terminal brain cancer, motivating the couple to start trying for a baby.

Just two weeks after her diagnosis, Mater Hospital Brisbane Gynaecological Oncologist Dr Nimithri Cabraal operated on Samantha to prevent the cancer from spreading – enabling her to continue her pregnancy and give birth to her first baby.

Dr Cabraal said ovarian cancer in young women was “unusual” and exceptionally rare in women carrying babies.

“We only see a handful of young women diagnosed with ovarian cancer at Mater each year – and maybe only one or two who are pregnant,” Dr Cabraal said.

“I operated on Samantha during her second trimester to reduce the risk of miscarriage.

“It was a small tumour and we have seen no evidence of reoccurrence.”

The wool classer from Blackall in outback Queensland, now has two “miracle babies” she adores –Wyatt, 2.5 years old, and Aspen, four months old.

Samantha said she was nervous about the possibility of losing her babies at the time, however the medical team at Mater gave her the confidence to continue her pregnancies.

“Wyatt arrived happy and healthy just six months after I was diagnosed with ovarian cancer,” Samantha said.

“And a few months ago, we had little Aspen to complete our family.”

While juggling the uncertainty of her own future, Sam revealed Tony was also diagnosed with terminal brain cancer in September 2019.

She said Tony's diagnosis was the reason they started their family.

“If it wasn't for Tony's diagnosis we wouldn't have tried for a family at that time,” Samantha said.

“My husband's diagnosis saved my life and that of my unborn baby.

“Thankfully my cancer was detected at Mater at an early stage.

“Doctors told us we had three weeks to ‘work something out’ after Tony's diagnosis.

“Incredibly we fell pregnant with Wyatt just eight days after Tony underwent an operation to remove the brain tumour.”

Like Samantha's, sometimes the only symptom women could associate with ovarian cancer was experiencing pain during intercourse when close to their menstrual cycle.

Mater Hospital Brisbane Clinical Nurse Consultant Bronwyn Jennings said Mrs Cook's cancer was caught early, and aside from having surgery during her pregnancy, has not required any further treatment.

“If Sam's cancer was not detected and acted upon, this could have delayed her diagnosis, leading to upstaging of her disease,” Ms Jennings said.

Focused on Tony's health and well-being of their children, Sam said she had little time to worry about her own diagnosis.

“Tony has just undergone his second craniotomy and has begun chemotherapy treatment again,” Samantha said.

“We have focused on enjoying every day that we have together as a family, there's not much else I need.”

## Artists brush up well for renal health

By Suzie McDarra

In time for World Kidney Health day on Thursday, a vibrant and colourful community art project was completed over four days this week in anticipation to be featured on the walls of the new Renal unit in the pipeline for Longreach.

About 12 people came up with ‘the storyline’ they wanted to tell with about many more locals and people from the surrounding towns over the four days, coming to dip their brush tips to canvas in a coordinated effort to connect the dots between regional towns who will utilise the dialysis machine and renal unit.

Red Ridge Interior Queensland artists Joyce Crombie (“Ananuwa”) from Longreach and June Barr Crombie (“Aulpunda”) from Birdsville described the painting.

“This kidney in the painting represents Longreach. This is where the dialysis machine will be. And the horseshoe shapes around that are all the people who are using the centre. The yellow lines from the kidney are like the channel country rivers, or veins of the people, coming out to the 18 circles representing surrounding communities.

“There are bush foods that keep us healthy inside, like Gumbi Gumbi and wild



The creative hands of Joyce Crombie and June Barr Crombie from Red Ridge with ‘The Kidney’ (left corner) which represents “the centre that brings the people in.” The artwork will hang on the walls of the new Longreach renal unit which will be built this year.

Pictures: SUZIE MCDARRA

banana and native berry. These bush foods represent healing and the big circles represent the specialists and health workers who come out and those dots inside the circles represent the healthy people in the town,” Joyce explains.



A glimpse of the intricate artwork being created for the Central West Hospital and Health Service's new renal unit in Longreach.

“So we're all one – we're all connected.”

Participating in the artwork included a little girl whose grandfather had to move from Windorah to Toowoomba for dialysis as well as 91 year old author Mrs Norma Brown from the Pioneers Home, Heather Hale from the Arts and Crafts Centre, Louise Campbell from Red Ridge which covers 15 local government towns, and Kylie Linwood from Queensland Health.

“Young and old, we are supposed to be walking together, so this is a good step towards it.”



# Pride has suspicious fall

By Suzie McDarra and Karen Simmons

At 6.45am Monday morning, a lone canoeist was travelling down the Thomson River in Longreach when they observed the Pride of the Murray paddle wheeler was a little low in the water.

When they canoed back about 30 minutes later, they saw the vessel capsized on its port side.

The Pride of The Murray now lies predominately underwater and the sinking is being investigated by the Longreach Rural and Crimes Stock Squad.

Allan Cook, Detective Sergeant and officer in charge of the Longreach Rural and Crimes Stock Squad, said at this stage they are treating the circumstances as suspicious.

“There’s no circumstance which might suggest this is a natural event,” Sgt. Cook said.

Longreach Mayor Tony Rayner chaired a meeting of the Local Disaster Management Group this week to help brief the various state agencies involved.

“Thankfully at this stage, there’s been no significant risk to public safety or our water supply,” Mr Rayner shared.

“We had a rigorous testing regime in place even prior to this incident, and we’ve stepped up testing to keep an eye on things as the salvage operation continues.

“I know the whole community will be thinking of Richard and Marisse Kinnon, and their whole team at this time.”

Maritime Safety Queensland (MSQ) is the lead agency for responding to any threat of ship-sourced oil pollution in Queensland waters.

MSQ General Manager Kell Dillon said its role in the Pride of the Murray incident is to assist in identifying and recovering any potential pollutants from the Thomson River to protect the town’s water supply and the river environment.



The 100-year-old Pride of The Murray sank in the Thomson River early Monday morning this week.



Allan Cook, Detective Sergeant, officer in charge of the Longreach Rural and Crimes Stock Squad, said at this stage they are treating the circumstances as suspicious.

Pictures: SUZIE MCDARRA

“MSQ arrived at 10.40am on Tuesday with a variety of pollution recovery booms,” Mr Dillon said.

“MSQ officers could see no visible pollution on arrival, however, there was a slight smell of diesel.

“With the assistance of the State Emergency Service (SES), it deployed a fence boom downstream of the vessel to contain any leaking diesel.”

Along with the SES, MSQ is working with other agencies including the Queensland Police Service, Longreach Council and the Australian Maritime Safety Authority (AMSA), and with the owner and appointed salvors.

On the scene Monday, Sgt Cook described how the booms operate in these situations.

“A diesel boom floats on top and as the diesel moves across the top of the water, it’s like a sponge and a specific detergent will dissipate it completely.

“The boat is of no danger, but the diesel is the issue because the Thomson is where the township draws its drinking water from,” Sgt Cook said.

Outback Pioneers have engaged salvage experts and the operation will be overseen by Maritime Safety Queensland.

A salvage expert arrived by plane in Longreach on Tuesday to discuss how to refloat the vessel.

A spokesperson for Longreach Regional Council said Council is supporting agencies at the Local Disaster Management Group level.

In June 2022 the 100-year-old paddle wheeler joined local tourism enterprise, Outback Pioneers’ fleet to cruise the Thomson River in Longreach.

The iconic vessel made a 1750-kilometre overland journey from Echuca to be enjoyed by tourists on the Starlight’s Cruise Experience.

Outback Pioneers founder Richard Kinnon

and owner of the Pride of the Murray, said he was in shock.

“This is a huge disappointment for all of us, especially so close to the start of the (tourist) season,” Mr Kinnon said.

Mr Kinnon said they were lucky to have their long-standing other vessels, which can still service their tourist bookings in the interim.

As the Pride of the Murray is a domestic commercial vessel, AMSA is the regulating authority of the vessel.

Det. Sgt Cook said all agencies are still in the recovery process of identifying the best mode to raise the vessel without damaging it.

“We anticipate the assessment will take a couple of weeks,” Sgt Cook said.

“We have done all we can in our investigation thus far, the next stage is to examine the vessel once it is up.”

# Rain-fueled pasture and grass in spotlight after fires

Ilfracombe Rural Fire Service (RFS) had three call-outs last weekend, and issued a fresh warning to landowners about the abundance of long grass being fuel to burn.

Ilfracombe RFS posted to social media during the week, stating, “On your worst day possible, being a property owner, this (image) could be your sight.

“It’s a general reminder after coming out of a drought for so long as we haven’t had to worry about fire breaks or maintenance of our fire equipment.

“So let’s all start putting our fire practice into place.”

1. Go out and make sure your slip-on units are up and running by ensuring you’ve had a recent service completed (you are entitled to your service kit from your area office).
2. Ensure that you have a couple of copies of mud maps stating where your water sources

are on your property and have them handy to hand out if a fire breaks out on your property.

3. Ensure that you have fire breaks in place around your property (you are entitled to cutting edges for your grader to ensure this is done - enquire with your area office).
4. Know your neighbours and their contact details and know who is in your brigade patch (for any new property owners or caretakers, please notify your area office).
5. Know that you are entitled to safety gear to protect yourself on the fire ground (for assistance, contact your area office/ local brigade secretary of your patch).

“Don’t leave it until the last minute - get in now to be safe,” they added.

“Don’t be afraid to call 000 to ask for help.

“It’s better to have help on the way than no help at all.”



Ilfracombe Rural Fire Service had three call-outs last weekend and has issued a fresh warning around an increase in grass-fuel from recent rains. Picture: ILFRACOMBE RURAL FIRE SERVICE



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# RAPAD's on the job

RAPAD hosted its first Joint Alliance Workshop with an Attraction and Retention Workshop in Winton and via Zoom last week, bringing together more than 25 council officers, program stakeholders, and state and federal agency representatives.

Deputy CEO, Morgan Gronold, said RAPAD's Joint Alliance brings together HR, Community Support and Economic Development officers from the seven councils of its region – Barcaldine, Barcoo, Blackall-Tambo, Boulia, Diamantina, Longreach and Winton.

"The aim of the group is to look at opportunities where we can share information, support and tackle common challenges for our communities, workforce, business and industry as a united region," Mr Gronold said.

"What this workshop has shown is that we're on the right track in facilitating a joint council platform.

"We have a wealth of knowledge and experience across our councils, and by joining forces we are able to open the door to fresh ideas as well as tried and tested solutions."

The Alliance is also a great way for RAPAD, government agencies and other external stakeholders to connect to and get feedback from our member councils.

At this first meeting alone, we had a wide range of representatives from the Queensland Department of the Premier and Cabinet, the Australian Department of Social Services, and Education Queensland.

Continuing the first agenda with an Attraction and Retention Workshop with the group was a natural fit, as we all look to tackle this nationwide challenge of worker shortages.

The RAPAD Board joined the discussion for a presentation from Liza Cameron from Western Game Meats in Longreach, who provided valuable information about their experience with the Pacific Australia Labour Mobility (PALM) worker scheme.

The Alliance and Board also heard from



Blackall-Tambo Regional Council Mayor Andrew Martin and Barcaldine Regional Council Mayor Sean Dillon attended the Climate Resilience Forum hosted by Local Government Association of Queensland (LGAQ) in Brisbane last Friday. Picture: SUPPLIED

Tatiana Sinha, Senior Sales Consultant - Local Government, from market-leading employment platform SEEK.

"The expertise and reach of SEEK is unparalleled and we're working with them on a strategic online advertising campaign. The region's Go Far Out! SEEK online advertising campaign will get underway in the next month, building on our work last year where we focused on social media platforms. Our ads will feature on their platform and other online channels encouraging jobseekers to Go Far Out! and dis-

cover via our gofarout.com website what it's like living and working in the region and how they can make the move.

Our first discussions with the Joint Alliance show that there are lots of opportunities to learn from each other and present a united approach on common issues. It can be a pretty diverse remit for these officers working in our regional and remote communities, so it's also fantastic to facilitate a platform where they can support each other and recognise their hard work and wins.

## 2023 tourism award winners announced

Outback Queensland Tourism Association announced the OQTA Excellence Award winners on Wednesday, 8 March, with Winton and Longreach operators taking out top awards.

Outback Queensland Tourism Association's Excellence Awards recognise the outstanding achievements of industry professionals who have driven significant tourism success and contributed to elevating the Outback Queensland tourism offering.

### The 2023 Award Winners are:

- Vince Evert Memorial for Outstanding Contribution in Tourism

#### Robyn Stephens, Outback Festival Winton

Robyn Stephens receives the prestigious honour for over fifty years of dedication to the Winton Outback Festival, a five-day event hosted bi-annually to celebrate the local community and encourage visitation.

Robyn helped launch the first Outback Festival in 1972 to help boost the local economy following years of drought.

Today, thousands of visitors travel to Winton to take part in the Festival, which saw over a million dollars injected into the local community in 2021.

- Social Media Legend

#### Outback Pioneers

Outback Pioneers was celebrated for their four-week social media campaign showcasing the incredible journey of the Pride of the Murray, a 100-tonne paddler that travelled from Echuca, Victoria to its new home in the Thomson River near Longreach.

The historic journey reached a total of 3.2 million people and generated over 600,000 views across Outback Pioneer's social media accounts.

Despite the unfortunate news surrounding the Pride of the Murray on Monday morning, Outback Pioneers Founder and Director, Richard Kinnon is optimistic about the future, sharing "We will do whatever is necessary to ensure our guests still have a fantastic cruise experience in Longreach - This is a setback but not the end of the story."



Robyn Stephens and the Winton Outback Festival received the Vince Evert Memorial for Outstanding Contribution in Tourism Award this week. Picture: OUTBACK QLD

- Best Visitor Experience  
**Quilpie Visitor Information Centre, Museum and Gallery**

Quilpie Visitor Information Centre receives the award for recently introducing the Quilpeta Night Show, an innovative event where guests can relax and watch a movie under the stars on premium outdoor lounges.

The evening event is a wonderful opportunity for guests to gather and appreciate the beauty of the Channel Country under the starry sky and has driven an increase in bookings and extended visitation since launching in June 2021.

- Young Achiever Award

#### Corey Richards, Eromanga Natural History Museum

Corey Richards takes home an Outback Queensland Tourism Association Excellence Award for his dedicated and valued representation of the Outback Queensland tourism industry and for the significant contribution he has made at Eromanga Natural History Museum as Operations Manager at such a young age.

Recently appointed as a Queensland Young Tourism Leader, Richards has already made strides in the industry, attending several conferences and building partnerships that has already seen growth and investment in the region.

### Jericho Health Clinic Notice

Nurse-led health services and pathology collection will not be available on Friday, March 10.

Administration assistance will remain available.

Emergency care is still available for all community members by calling triple zero (000).

### Barcaldine - Have your say about your healthcare

The Central West Hospital and Health Service First Nations Health Equity Strategy has been officially launched.

You are invited to share an evening with the First Nations Health Equity Team to discuss the implementation plan to guide the Strategy.

Catering will be provided.

The event is on Wednesday March 15, from 5.30pm to 7pm at the Silver Linings Studio in Arcacia Street, Barcaldine.

### National Pet Adoption Month

March 1 marks the start of National Pet Adoption Month and with more than 7,400 animals currently looking for a forever home, the Petspiration Foundation (formerly PETstock Assist) is encouraging Australians to Adopt Different by considering a pet most in need.

Natural disasters, increasing living costs, inflation and access to housing are impacting pet ownership and leading to the surrender of pets.

PetRescue Founder and Director, Vickie Davy, is seeing great dogs coming into rescue care, ready for a new home, even if some training is needed.

Animal lovers are encouraged to visit petstock.com.au in March to find a pet that needs a forever home.

On Saturday 18 and Sunday 19 March head to selected PETstock stores to meet rescue pets available for adoption or fostering.

### Drought preparation assistance

Both the Queensland and Australian Governments are investing heavily to help producers be ready for the next drought.

Queensland primary producers can receive help to develop farm business resilience plans to address on-farm climate risks.

The Queensland Government is also offering producers Drought Preparedness Grants of up to \$50,000 and a concessional interest Drought Ready and Recovery Loan of up to \$250,000 to help with the cost of new permanent capital infrastructure.

Producers could also qualify to access a QRIDA Sustainability Loan.

For more information on Queensland drought assistance visit the DAF website at [www.daf.qld.gov.au/news-media/campaigns/drought-assist](http://www.daf.qld.gov.au/news-media/campaigns/drought-assist)

For more information on the new grants and loans visit the QRIDA website here: [www.qrida.qld.gov.au/drought-support](http://www.qrida.qld.gov.au/drought-support)

For more information contact the Department of Agriculture and Fisheries on 13 25 23.

### Central West Hospital and Health Service information

Private billing for oral health services is available at the Barcaldine Multipurpose Health Service.

Join the First Nations Health Equity Working Group for a virtual working group catch-up on the second Tuesday of each month, 1pm to 2.30pm.

Upcoming child health clinics are taking place throughout March at Alpha, Aramac, Barcaldine, Blackall, Isisford, Jericho, Longreach, Muttaborra, Tambo and Winton.

Book your children in through your Central West provider at each location.

### Market your business at the Longreach Show

As the biggest event on the local calendar, the Longreach Show is a fabulous opportunity to showcase your products and services.

The 2023 Longreach Show is shaping up to be one of the biggest yet with an action-packed entertainment lineup and free unlimited side-show for all ages.

Held on Friday 12 May 2023, over 2500 people are expected to flock to the Showgrounds.

Business operators, market stalls, food vendors, community groups, agricultural representatives and anyone with something to sell or display are encouraged to book a space during the Show.

Fees start from \$40, making the Show a very affordable way to promote your business or hobby.

Download your Site Application online at the Show Society website.



# Buy-backs at a cost: MP

By Karen Simmons

With 450 gigalitres on the table - the approximate volume of Sydney Harbour - will the benefits of selling irrigation rights outweigh future water limits?

Late last month the Commonwealth Government began the process to buy water from landholders to Bridge the Gap under the Murray-Darling Basin Plan.

But Leader of The Nationals and Federal Maranoa MP David Littleproud believes Labor's plan to go ahead with more water buy-backs risks destroying Queensland towns and worsening Australia's cost-of-living crisis.

Mr Littleproud said Water Minister Tanya Plibersek's revelations that she would not allow more time for states to deliver efficient infrastructure for nearly 350 gigalitres, while ignoring the economic and social safeguards for 450 additional gigalitres, would be a huge blow to regional communities.

"If that much water is purchased from farmers, less food is produced, so every Australian will pay more at the check-out," Mr Littleproud said.

"The infrastructure programs designed by the states to deliver water for the environment just need to be given time to be completed and the safeguards Labor created for the additional 450 gigalitres just need to be respected.

"Farmers can sell up and walk away but it will be the towns, the small business owners and families that will feel the pain inflicted by the Labor government."

Mr Littleproud said the Minister's statement meant in his electorate of Maranoa, the final 14 gigalitres required to be recovered in Queensland would not be the end of the Basin Plan for communities.

"It means the Albanese government will buy water from farms right across the Basin including Queensland without a safety net to recover the additional 450 gigalitres."

A statement released by Minister Plibersek's office stated that the water purchases are voluntary and are only for the remaining 49GL of the Bridging the Gap target.

'Bridging the Gap' is the largest pool of water to be recovered under the Murray-Darling



David Littleproud MP believes Labor's plan to go ahead with more water buy-backs risks destroying Queensland towns, like St George, along the Balonne River catchment.  
Picture: GOOGLE MAPS 2021

Basin Plan - a total of 2,075GL.

Around 49GL remains to be recovered.

49.2 gigalitres (GL)[1], comprised of 46 GL of surface water and 3.2 GL of groundwater, is set to be recovered across seven targeted catchments in the Basin.

The statement clarified that all these catchments have remaining water to be recovered to achieve the Basin Plan's Sustainable Diversion Limits.

Queensland Water Minister Glenn Butcher said The Palaszczuk Government is committed to assisting the Australian Government to implement the Murray-Darling Basin Plan in full.

"The Australian Government is responsible for recovering sufficient environmental water to meet these limits under their Bridging the Gap program," Mr Butcher said.

"Queensland has a strong track record implementing the Basin Plan and has already assisted the Australian Government to recover over 90&percnt; of water required in

Queensland for the Bridging the Gap target.

"I recently visited Lower Balonne and received feedback from water entitlement holders who want this recovery to be completed, with the community understanding the need for strategic purchases."

**The targeted catchments for purchase are; Queensland:**

- Condamine-Balonne catchment: 14.0 GL of surface water and 3.2 GL of groundwater
- New South Wales:
- NSW Murray catchment: 10.0 GL of surface water
- Namoi catchment: 9.5 GL of surface water
- NSW Border Rivers catchment: 5.1 GL of surface water
- Barwon-Darling catchment: 1.6 GL of surface water
- Lachlan catchment: 0.9 GL of surface water.

The Strategic Water Purchasing Framework released on February 22 outlines the

principles that will guide how the water will be purchased.

The Government will strategically purchase water through an open, competitive, transparent tender.

An open tender will begin on March 23 through the AusTender website.

Water licence holders from the targeted catchments, who are interested in selling their water entitlements to the Australian Government are encouraged to consult with their legal and financial advisors to start gathering relevant information to support a tender application.

When the tender is released, detailed guidance, specifications and supporting material will be released to assist water licence holders to participate.

To read the framework and find out more about water purchasing in the basin, visit: [www.dccew.gov.au/watertender](http://www.dccew.gov.au/watertender).

## Sport and Rec disaster funding for flood-affected zones

The Sport and Recreation Disaster Recovery Program is now open for applications.

The program has funding available for eligible sport and active recreation organisations located in areas declared under the Disaster Recovery Funding Arrangements (DRFA).

Funding of up to \$5000 (level 1) may be available for organisations in the following local government areas affected by the Northern and Central Queensland Monsoon and Flooding, 20 December 2022 - January 2023 event:

Barcaldine Regional Council, Boulia Shire

Council, Burdekin Shire Council, Burke Shire Council, Carpentaria Shire Council, Cloncurry Shire Council, Doomadgee Aboriginal Shire Council, Flinders Shire Council, Longreach Regional Council, Mackay Regional Council, Mornington Shire Council, Mount Isa City Council, Palm Island Aboriginal Shire Council, Townsville City Council, Whitsunday Regional Council, Winton Shire Council. Level 1 funding provides up to \$5000 to assist in the immediate clean-up efforts. This may include:

- Replacement of damaged equipment that directly relates to the re-establishment of

activities (including office and canteen equipment).

- Payment of services and hire costs and purchase of equipment and tools that assist in short-term clean-up of facilities.
- Reimbursement for the purchase of the above made from the date of the disaster.
- Funds for repairs and replacements, when this is lower than the premium excess set by the insurance provider.
- Excess coverage for insurance claims.

To be eligible for funding under level 1, an organisation must:

- Be an incorporated not-for-profit organ-

isation with a primary objective relating to sport and active recreation.

- Be located in a Local Government Area (LGA) listed as activated for either "Personal Hardship Assistance" or "Reconstruction of Essential Public Assets" on the Queensland Governments Disaster Management website.

To find out more about the Sport and Recreation Disaster Recovery Program and to apply, visit 3 months from the latest activation date Level 1 funding is available for application up to <https://www.qld.gov.au/recreation/sports/funding/disaster-recovery>.

## New stage of local history

By Suzie McDarra

Longreach Archival and Historical Research Group elected its 2023 committee at the AGM last Saturday, with everyone continuing in their roles except for the addition of a new vice president.

A core of about 12 members who attend the monthly Historical Group meetings, online and in person, handled thirty-five requests from people seeking information from the society over the last year.

Social media coordinator Wendy Phelps reported to last Saturday's AGM a record growth in interest with 993 followers on the online Facebook page, including many more younger people than previous years.

The society is seeking people's photos or memories for hotels and banks, which can be submitted via a message to the Longreach Archival and Historical Research Group Facebook page or emailing [longreachhistory@gmail.com](mailto:longreachhistory@gmail.com)



Longreach Archival and Historical Research Group elected its 2023 committee at the AGM last Saturday, with everyone continuing in their roles except for the addition of a new vice-president. From left: Robyn Abbott (president), Julie Gennings (vice), Wendy Phelps (social media) and Elaine Britton (print media). Absent were Beth Britton (print media), Barb Huff (treasurer) and Raelene Smith (secretary).

Picture: SUZIE MCDARRA

## Longreach Private Dental

Providing quality care in all aspects of general dentistry since 2005.

We are members of the Child Dental Benefits Schedule.

CDBS is a Government initiative covering dental treatment for the eligible children aged 2-17.

This is to the value of \$1000 over a period of two years used for most dental services.

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Longreach Private Dental  
Dr. Mark Zavialov  
Ph: 4658 1283  
130 Eagle Street, Longreach



12586765-MS04-23



# Postal services in focus

The Commonwealth Government on Thursday launched a discussion paper and consultation process to modernise postal services and support the long-term financial sustainability of Australia Post.

Australia Post is a key enabler of the Australian economy – particularly in rural, regional and remote communities where post offices bring locals and businesses together.

For the last 214 years, Australia Post has played an important role in the lives of Australians and its extended workforce of more than 60,000 people and 4,300 post offices continue to deliver letters, parcels and essential services to communities and businesses throughout Australia.

Australia Post welcomes the Federal Government's decision to launch a discussion paper and undertake community consultation on the modernisation of postal services.

Under the consultation, all Australians will have an opportunity to provide their views on how Australia Post operates and services its customers and the community.

The consultation comes as more consumers embrace online rather than over-the-counter services and the use of letters continues to rapidly decline.

"This is a positive first step and we strongly support the discussion paper and consultation process," Australia Post's Group Chief Executive Officer & Managing Director Paul Graham said.

"A discussion on modernising postal services and Australia Post is the conversation the Australian community needs to have," he said.

"Australia Post's Letters business has been



The government is asking those making a submission to consider what postal services are most important to them and their community now and into the future.

in an unstoppable decline since 2008 and the 214-year-old postal service faces an uncertain future as fewer people send letters and consumers increasingly embrace digital services.

"Australia Post plays a critical role in the lives of all Australians, as a key enabler of the economy and a touchstone of communities, particularly in rural, regional and remote areas.

"A modernised and financially sustainable Australia Post will be able to continue to invest in new products and services that meet the evolving needs of customers and communities, while continuing to meet our significant service obligations to the Australian community, particularly in regional and remote areas."

In FY22, Australia Post delivered 3.1 billion

fewer letters than in FY08 and it is forecast that Australian households will receive less than one letter per week by the end of the decade.

"The growth in our parcels business is now levelling off as multinational competitors expand into the Australian eCommerce market – and if we don't address our letter losses, it will begin to materially impact Australia Post's ability to service the community," Mr Graham said.

"Added to this picture is the rapidly changing preferences for digital and cashless services, which is significantly impacting our network of Post Offices.

"Last financial year, our Post Offices conducted nine million fewer transactions than the year before – and 22 million fewer than in 2019."

The discussion paper outlines the postal services available in Australia and identifies how the use of letter, parcel and Post Office services have changed over time.

It asks those making a submission to consider what postal services are most important to them and their community now and into the future.

The Government is encouraging submissions from across Australia, including from individuals, charities, communities, businesses, Post Office licensees and agents, and the Australia Post workforce.

Submissions are open for eight weeks and close on 27 April 2023.

To have your say or to find out more, visit Have Your Say: [www.infrastructure.gov.au/have-your-say/postal-services-modernisation](http://www.infrastructure.gov.au/have-your-say/postal-services-modernisation)

## Rate rise affecting first-home loans, with more to come

As expected the Reserve Bank of Australia rose the cash rate by 25 basis points from 3.35 per cent to 3.6 per cent on Tuesday, in the 10th interest rate rise since May 2022.

An approach, the Real Estate Institute of Queensland (REIQ) says, that is putting a serious dent in confidence.

REIQ CEO Antonia Mercorella said while we were forewarned that we would see another cash rate rise, it's concerning that it is happening at such a rapid-fire pace with ten out of ten consecutive rises and little impact to inflation.

"You've got to be wondering when the RBA might stop and think whether this approach is still the right course of action, because while they are aiming to reduce inflation via these consistent rate hikes, it's clearly not working," Ms Mercorella said.

"While the conduct of the RBA has justifiably provoked the ire of the community, the reality is that the RBA can only act within the constrained limits of its charter and its objectives."

Ms Mercorella noted the RBA had stated inflation was largely being driven by supply side matters.

"Energy costs, lack of new land supply and natural disaster impacts are all large contributors to inflation," she said.

"Interest rate increases do nothing to address the cost-of-living crisis that these factors are driving.

"It cannot be left to mortgage holders to do all the heavy lifting to fix our economic woes.

"It's time for all levels of government to address the productivity constraints on the economy that are actually meaningfully driving inflation.

"New roads, dams, increased land supply and natural-disaster-proofing key infrastructure all need to be addressed urgently," Ms Mercorella said.

Ms Mercorella acknowledged the pain being felt by mortgage holders.

"Around 80 per cent of Australian mortgage holders have variable loans, which is one of the highest percentages in the world," she said.

"As a result, our economy is particularly susceptible to rate increases.

"There's no doubt that mortgage holders will feel a direct impact.



There is still a wide price range of housing in Longreach township with the lowest price this week for a three-bedroom home listed on realestate.com for \$135,000, or a three-bedroom, four-car property listed at the top end for \$450,000. Picture: REALESTATE.COM

"But it's important to understand that increasing interest rates have an impact on all of us.

"Whether you are a renter or running a business, we're all going to feel the pain of these continual interest rate hikes.

"The number of first home buyers taking out loans in Queensland in January was the

lowest in a decade, highlighting the difficulty that this group is now having entering the market."

Graham Cooke, head of consumer research at Finder, said it was bad news for homeowners already doing it tough.

"Australians with the average loan size of around \$600k will be forking out over \$13,000

more per year on their mortgage compared to what they were paying a year ago," Cooke said.

"While homeowners deserve a break from the relentless increase in pressure, we can expect even more hikes from the RBA this year."

The cash rate is forecast to peak in the first half of 2023 at 4.10 per cent.



# Sorrow over sinking

## FROM MY DESK

**TONY RAYNER**  
LONGREACH MAYOR



Good to be back with you for another fortnightly update.

I also have a monthly column in our Council newsletter, which should have arrived in your letterbox by now.

If for some reason you didn't get one, you can view it online by visiting [longreach.qld.gov.au/newsletter](http://longreach.qld.gov.au/newsletter).

What dreadful news to receive about the Pride of the Murray sinking this week – I know the whole community will be thinking of Richard and Marisse Kinnon, and their whole team at this time.

I've chaired a meeting of the Local Disaster Management Group to help brief the various state agencies involved.

Queensland Police Service are the lead agency in charge though, and as usual they're doing an outstanding job.

They have our full support. Thankfully at this stage there's been no significant risk to public safety or our water supply.

We had a rigorous testing regime in place even prior to this incident, and we've stepped up testing to keep an eye on things as the salvage operation continues.

I was in Winton recently to chair the RAPAD Board meeting for three days of meetings focusing on roads, water, and pest management.

The work of RAPAD is so important to our region and the meeting was a good opportunity to catch up with my fellow Mayors and other government representatives.



Cr David Paterson

The stakeholder engagement continued this week as I visited Brisbane and Canberra as part of the Leadership Group of the Western Queensland Alliance of Councils (WQAC).

We've had meetings with state and federal ministers all week, to discuss some of the issues that our 22-member councils have in common.

One of the top agenda items is housing, and WQAC has been co-developing Local Housing Action Plans for each of its members, including Longreach.

While in Brisbane and Canberra, I'm also hoping to have discussions with Ministers to progress Council's project to raise the weirs on the Thomson River by one metre.

It's our top strategic priority and I never miss an opportunity to promote it with government.

It's good to have a full complement of Councillors again.

Your newest elected member, Cr David Paterson, took his declaration of office in a ceremony last week.

He'll join us for his first Council meeting

at the March Ordinary Meeting in Longreach next week.

It'll be a big week because he'll also be joining us, along with senior staff, for our bi-annual community forums.

Our community forums next week are really important – make sure you don't miss out.

What we find valuable about the forums is an opportunity to talk strategically with our community. We love to celebrate the investment we make in our communities and share updates with you.

It's also another way for the community to talk with Council, instead of talking about Council.

That doesn't suit everyone of course, so if you can't make it to the forums, you can give us anonymous feedback at your convenience, using the suggestion box on our website at [longreach.qld.gov.au/feedback](http://longreach.qld.gov.au/feedback).

Before I go, a reminder that rates notices were issued on 25 February, and are due on 27 March.

Be sure to pay in full before the due date to get your 10% discount, and avoid penalty interest.

As usual, you can apply for a payment plan, and get more information, by visiting [longreach.qld.gov.au/rates](http://longreach.qld.gov.au/rates).

I'll be back with another column in two weeks.

Until then, if you or anyone you know has questions about anything happening at Council or in our communities, I encourage you to reach out to me directly.

You can find direct emails and phone numbers for me and for each of my fellow Councillors at [longreach.qld.gov.au/elected-members](http://longreach.qld.gov.au/elected-members).

As always, if you want to know anything at all, reach out to one of us – or contact Council directly on (07) 4658 4111 (24hrs), or via email to [assist@longreach.qld.gov.au](mailto:assist@longreach.qld.gov.au).

## Community Feedback

The final community feedback session on the draft facility plans for the Skate Park, Showgrounds and Cemetery in Longreach was held on Saturday 11 February.

The event was well attended with a cross-section of the community participating and with valuable feedback provided by local youth.

Of the three draft plans, the Skate Park attracted the most feedback with over 100 comments provided.

The top three suggestions related to the Skate Park.

- Improved shade elements
- Dog park suggestions / improvements
- Inclusion of water play elements

A report will be presented to a future Longreach Regional Council meeting to formally adopt the plans so they can guide the long-term development of these important facilities.

## Edkins Park Toilet Block Upgrade

Longreach Council would like to inform the community that there will be no access to the toilets in Edkins Park in Longreach from mid-March to mid-April while a new restroom will be installed in place of the existing block.

## Arts Development Fund - Round 4

The fourth round of the Regional Arts Development Fund 2022/23 is now open.

RADF provides funding to individuals and community organisations for projects that promote and develop arts, culture and heritage in the region.

Applications close Friday 17 March.

## Longreach Squash Club funding

Council agreed to partner with the Longreach Squash Club to apply for funding under the Department of Tourism, Innovation and Sports' Minor Infrastructure Program to complete an upgrade and replacement of end-of-life surfaces at the Longreach Squash Courts, which is a council owned asset.

# Out of left ... practicum?

I viewed a podcast the other day which featured yet another way academia is going after language.

According to Michigan's Department of Health and Human Services, the word 'field' has slavery implications for descendants of enslaved black and brown individuals.

The University of Southern California added migrant workers to the list of the potentially offended.

Apparently 'field education' will now be called 'practicum education'.

But why stop at academia? There are plenty of examples of the offensive 'f' word in other walks of life, as the many comments under the video suggested.

Most had a field day—er, pardon me, a practicum day—providing examples.

The most obvious pertained to my own humble profession.

We in Australia don't have the problem our American and Canadian counterparts might have, since we've already substituted the word 'paddock' for field.

They might consider adopting our already available term before they end up 'ploughing the practicum'.

Nor will there be cornfields or wheat fields. Instead, they'll be planting 'corn and wheat practica'.

(Which, for those who didn't study Latin, is plural for practicum.)

Another field—er, pardon again, conglomeration of intellectual pursuit—that might find itself in hot water is physics, which will require new terms for the ever popular magnetic field, electric field and quantum field.

I'm not sure magnetic practicum or quantum practicum is the way to go. Someone else suggested 'meadow' as a substitute.

But electric meadow? Sounds like a disco for cows.

And won't mathematicians be thrilled with a vector practicum rather than a vector field.

## ILFRACOMBE INKLINGS

**JOANNE ROBERTSON**



I won't even begin to ponder all the terms the sport of baseball would have to change.

I wonder where they'll play, if not out in left field?

And will football players start scoring practicum-goals?

No more field trips to alleviate the boredom of the classroom.

Nor more level playing field.

On the other hand, some might think no more oil fields would be a good thing.

And battlefield is a term we'd all be happy to lose from the vocabulary, so long as it takes the battles fought with it.

As you can see, the 'f' word brings with it a minefield—er, pardon again, mine practicum—of unseen dangers.

Can we ever hear the 'f' word again in the same way?

It looks like we'll have to send it to the 'Killing Fields'. Oops, make that 'Killing Meadows'.

Then again, we'd be able to continue making field goals if people didn't keep moving the goal posts.

Or removing words from the dictionary.

As one wit remarked, it's a good thing we can still use the words, 'brain' and 'dead'.

How about we simply forget the 'field-shaming' altogether and tell the language police to go 'f' themselves?

(I mean 'field', of course.)

I'd rather be out in the paddock dealing with real fences than stuck in an ivory tower, pondering ways to avoid imaginary offences.

# Rely on Ros Kavanagh

Ros lives and works locally. She'll take the time to talk to you about your insurance and understand your individual situation. She can even approve some insurance claims on the spot.

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# What's on

## Longreach and Central West Community Event Billboard

MARCH

Friday, March 10

International Women's Day - Winton

Come dressed as your favourite fashion era.  
Cheese platter and two-course meal included.  
Tickets on sale at Winton Neighbourhood Centre  
12 years and over to be accompanied by a responsible adult.

Time: 5.30pm  
Cost: \$50 p/p  
Where: North Gregory Hotel Beer Garden, Winton

Friday 10 and Saturday 11 March

Join Topology musicians and artists  
for a day of songwriting, guitar and  
singing workshops.

All ages and skill levels are welcome.  
Creative Boot Camp in Isisford and  
Ilfracombe.

Fri 10 March | 9am - 3pm – Ilfracombe  
Recreational Centre

Jam in the park in Longreach

Sat 11 March | 9am - 12pm - QANTAS  
Park

Come along to have a sing and jam with Topology

Artist Jade Montgomery.  
Bring instruments, blankets and snacks.  
For more information please get in touch with  
Jade Montgomery via jade@topologymusic.com  
Ph: 0429 943 077 or visit topologymusic.com.

Saturday, March 11

CQ Barefoot Competition

Come down and watch all the action.

Location: Barcaldine Recreation Lake,  
Kurrajong Drive  
Time: 7.30am

Cost: Free

Rugby Calendar

Head down to the Alpha Showgrounds this Saturday,  
March 11 to watch the Alpha Brumbies play the Winton  
Diamantina Devils.

A bar and canteen will be available.

Time: Kick-off at 6pm.

Location: Alpha Showgrounds

Sunday, March 12

Come and Try Day

Barefoot, Ski, Wakeboard  
Cost: \$26 per person  
(includes day insurance)  
Limited spots please book early.  
To book contact Luke Van Den Heuval 0408 775 436

Barcaldine Tennis Sign-on

The Barcaldine Lawn Tennis Club are welcoming players  
of all levels to sign up this week for Tuesday night tennis  
fixtures.

Games are played every Tuesday night, starting at 6pm.

Dinner is also available.

Contact Barcaldine Tennis on:

barcaldinetennis@gmail.com

Tony 0410 522041

Jamie 0437 234 672

Friday, March 17

Comedy Night - Quilpie

Dinner and entertainment

(including live comedy and music and a movie for the  
kids.)

Drinks can be purchased from a bar on-site raising funds  
for the Quilpie Hospital Auxiliary

Event: Comedy Night Round 2 free comedy night and  
dinner

Date: Friday March 17, 2023

NB: tickets must be booked by Friday March 10

Time: From 6.00pm

Location: Bulloo Park, Larkins Road, Quilpie

Cost: FREE

Festival of Outback Opera

LONGREACH PROGRAM

- Sat 20 May | 6pm - Singing in the Night - Camden Park  
Station
- Sun 21 May | 11.30am - Sing Sing Sing – The Branch  
Cafe
- Sun 21 May | 5pm - Opera Ball - Smithy's Camp
- Mon 22 May | 6.30pm - Lady Sings in Maroons -  
Venue TBC

For more information and to purchase tickets visit www.  
oq.com.au

## Outback Qld launches 2023 travellers touring guide

Launching on Wednesday, 8 March, Outback Queensland's 2023 Traveller's Guide will have Aussies packing their bags and hitting the highway for big skies and bigger adventures as Outback Queensland Tourism Association officially launches this year's tourism season.

The all-new 2023 Traveller's Guide is the ultimate holiday pocketbook, showcasing 160 ways to experience Outback Queensland, unparalleled landscapes, indulgent retreats, world-class events and 29 exciting new experiences – from

Outback Pioneers' Pride of the Murray cruise to Cunnamulla Hot Springs and Festival of Outback Skies.

The 2023 travel season kicks off at the annual Outback Muster Event, with Outback Queensland Tourism Association

CEO Denise Brown, delighted to announce the launch of the 118-page Travellers Guide, featuring a beautiful cover by award-winning photographer, Lisa Alexander.

"Outback Queensland is renowned for its excellent experiences, which continue to grow each year, providing Australians with even more reasons to visit time and time again.

"Last year, we saw eight Outback Queensland operators receive Queensland Tourism Awards for the unforgettable experiences they deliver to holidaymakers from across the nation," said Ms Brown.

"In recent months, we've seen celebrities flock to our region to get a glimpse of the outback charm, having most recently hosted The Mad Huey's and Prince Harry's friend Nacho Figueras.

"Plus, Gilberton Outback Retreat provides the perfect remote hideaway for A-list celebs visiting our state – though they'll never spill who's stayed," she said.

The 2023 Outback Muster Event also sees operators, travel agents and media gather for



Outback Queensland Tourism Association officially kicked off the 2023 travel season this week with the 2023 Traveller's Guide.

the Outback Queensland Excellence Awards and to celebrate Outback Queensland Tourism Association's new partnership with Opera Queensland for Festival of Outback Opera and the Outback Regional Tour, touring 15 May to 3 June.

Chair of Outback Queensland Tourism Association, and Mayor of the Blackall-Tambo Regional Council Andrew Martin said the region has seen a tourism and economic surge and that he is excited to see this continue with this year's impressive Traveller's Guide that provides endless adventures and 'wow'

moments for tourists.

"Following the pandemic, we have seen a spike in young Australians eager to get out and explore their own backyard - we welcome you, your vans and your enthusiasm for an adventure to Outback Queensland to see where the real beauty lies," said Mr Martin.

"Our roads are open, the land is nourished and looking more beautiful than ever, the sunsets are phenomenal, the birdlife is sensational and we've got country hospitality in spades – come now, don't wait!" he said.

"If you're searching for a picturesque stay

and are eager to revel in thirties-style luxury, Hotel Coronas in Charleville is the place to be, offering three new rooms that have access to the hotel's outdoor deck and rooftop champagne baths.

"Travellers should also add Nullawokka First Nations Gallery in the picturesque town of Bollon to their itinerary.

"Located in a 140-year-old post office building, you can enjoy an excellent range of carefully curated art, gifts and souvenirs or chat with Gwamu/Kooma elder, Bill – an experience you won't regret," he said.

Does your community  
group have an event  
they want to share?

LongreachLeader

Send through the details to  
editorial@leadertoday.com.au



# RFDS gets hand from Isuzu

Royal Flying Doctor Service (RFDS) and Isuzu UTE (Australia) have teamed up to save lives after announcing their long-term national partnership.

The partnership will assist with delivering better health outcomes to Australians living beyond the reach of mainstream medical services, through financial support and the provision of a fleet of Isuzu D-MAX and MU-X vehicles.

Delivering essential health services for almost a century, the RFDS comprises an extensive national network of 23 bases, 79 aircraft and 183 road transport vehicles and mobile clinics, supported by more than 2,300 staff members.

Isuzu UTE Australia's Deputy Managing Director, Mr Koichiro Yoshida said Isuzu UTE Australia understands the importance of having dependable transportation in isolated and challenging environments.

"As such, our D-MAX and MU-X vehicles are a perfect match for this sometimes-remote work and the long-distance towing demands of the Royal Flying Doctor Service where reliability is crucial," Mr Yoshida said.

"This new and exciting partnership with the Royal Flying Doctor Service now enables IUA to support many of our regional, rural and most remote communities by aiding the incredible work provided by the RFDS," Mr Yoshida said.

A valuable asset and support for the RFDS, the Isuzu D-MAX and MU-X vehicles will be enlisted to tow the Flying Doctor's state-of-the-art training simulators around the country for its school's Education Program and national events program.

Frank Quinlan, Federation Executive Director of the RFDS the support from individuals, small businesses and corporations has underpinned critical delivery of primary health and emergency medical services for decades.

"We are excited about this new major national partnership with Isuzu UTE Australia, as



The new Isuzu D-MAX and MU-X vehicles will tow the Flying Doctor's state-of-the-art training simulators around the country for its school's Education Program and national events program. Picture: SUPPLIED

it enables us to keep the Flying Doctor flying, driving, and caring for people across rural and remote Australia," Mr Quinlan said.

"This partnership with IUA will enable us to provide better health access for those that live

in rural and remote Australia, and for that we are very grateful."

Support via corporate partnerships such as this from Isuzu UTE Australia help the RFDS to purchase new aircraft, invest in critical infra-

structure, upgrade life-saving medical equipment, and deliver essential primary health care and mental health services.

Isuzu UTE Australia will be in partnership with the RFDS for at least the next three years.

QMF AND BLACKALL-TAMBO REGIONAL COUNCIL PRESENT

## THE SUNDOWNER

TAMBO SHIRE HALL

OLD MUSIC TRAILS

FEATURING

HARRY JAMES ANGUS

THE BARLEYSHAKES DUO

AND MUTTABURRA LOCAL TANE RUA



+ BONUS EVENT WITH THE BARLEYSHAKES DUO ON 20 APRIL

PRESENTED BY QMF:

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# Christmas do

**SOCIAL**  
There was a very good attendance at a dance in the Masonic Hall on Christmas Eve night, conducted by the Church of England Girls' Club. Mrs. Graham's orchestra provided the music.

The 4LG radio dance, which was held last Saturday night in the Longreach Shire Hall, attracted a large attendance, when the usual novelties associated with these dances were conducted, portion of which was broadcast over 4LG. Music for the dancers was provided

by Mrs. Graham's orchestra and an extra was played by Miss H. Mellefont.

Euchre was played under the direction of Mr. F. Balder son, Mr. and Mrs. E. O'Rourke completing a double victory in winning both first prizes. Mystery prizes were awarded to Mrs. McAllister and Mr. B. Axe.

The weekly radio dance will be held tonight in the Masonic Hall and there will be a broadcast relay from 9 p.m. to 10 p.m. over 4LG.

## Smokes and sweets

**MORE SUGAR AND TOBACCO REQUIRED FOR BUSH WORKERS**

The executive sub-committee of the Graziers' Association of Central and Northern Queensland at a meeting held in Longreach recently passed a motion expressing the hope that the U.G.A. would continue to press for an extra allowance of sugar for bush workers and a better ration of tobacco for station hands and drovers.

The question came before the meeting in a resolution from the Kynuna district branch which asked the Association to take up the matter of an extra allowance of sugar for bush workers, stations etc. where, owing

to distance, people have to make their own bread and that if the Rationing Commission does not agree to an extra ration it is suggested they be asked to visit the towns in the far West away from the railways.

The secretary (Mr. E. H. Phillips) reported that this resolution had been considered by the U. G.A. executive council and it was agreed that the U.G.A. Council wait on the Deputy Director of Rationing to place the request before him and that the matter of tobacco rationing be also brought forward by the deputation.

The Kynuna district branch is to be advised of what is being done.

# Coming of age for outback Leader

**TWENTY-ONE TODAY LEADER COMES OF AGE**

The many congratulatory letters received from readers and business houses are exceedingly heartening to the publishers of the 1943 "Christmas Leader," for these sincere tributes justify the efforts made to fully publicise the activities of Central and North-Western Queensland, and to give residents in these areas an intimate glimpse of the life and history of the areas served.

One large wholesale printing supply house with branches in all States of the Commonwealth and in New Zealand says "Once again we have to congratulate you on the 1948 "Christmas Leader" which certainly shows city printers what can be done by country printers even if they are in the 'outback.'" The chairman of an important shire council writes: "My congratulations on the general get up of the 'Christmas Leader' - I will have pleasure in sending my copy to England."

Red Cross Society headquarters wrote saying that the issue was most interesting and an excellent production, while in similar terms the Queensland Division of the Australian Comforts Fund refers to this "excellent edition." These and other letters are important in this respect - they reveal a widespread interest in Western Queensland. While it has been the policy of the publishers of the "Longreach Leader" and the "Christmas Leader" to voice the activities of the great pastoral industry, which is the life-blood of these areas, it has also been the publishers' policy to stress the existence of other commercial enterprises, which are happily few. But there are many fine trading concerns in the west with business ramifications exceeding by far many pretentious city concerns, and in Longreach alone the business offices of commercial concerns and the showrooms of several are more than the ordinary high standard of similar establishments in the metropolitan area. Even the banking institutions in Longreach have buildings that are a distinct acquisition to the architectural beauty of the town.

Thus we stress things on a momentous occasion as far as the Longreach Printing Limited is concerned. For today marks the twenty-first birthday of the first "Longreach Leader," which came off the press on the first



Friday of 1923.

This issue marks the beginning. Another era in the life of the company - an era fraught with great possibilities in the expansion and development of the West with the creation of post-war, developmental schemes.

# War reports

**EUROPEAN CONFLICT**  
**BOMBS ON ROME**  
**LONDON, Wednesday**

The German Newsagency declares enemy planes dropped heavy bombs on the outlying quarters of Rome at noon yesterday, including the residential quarter of Garbatella, where several houses were destroyed. There were numerous casualties. Bombs also fell near Traverting and near Centocelle and in Pletrallata, where about 50 persons were killed and injured some by machine gun fire.

**CANADIANS CONTINUE ADVANCE**

Today's Algiers communique says Allied bombers attacked three air fields near Rome yesterday. The communique added that the Canadian troops, who cleared the Germans out of Ortona, are continuing their advance up the Adriatic coast despite high wind and snow. Further inland Indian troops have gained new ground while French Moroccan troops, with the Fifth Army, have succeeded in seizing the peak they were assaulting. British troops with the Fifth Army beat off a sharp enemy attack near the mouth of the Garigliano River. The German radio says the Germans evacuated Ortona on Monday night.

**GERMAN SHIPS SUNK**

A joint Admiralty and Air Ministry communique today states ships of the Royal Navy, in cooperation with aircraft of the coastal command sank three German destroyers and damaged others in the Bay of Biscay.

**KIEV BULGE OFFENSIVE**

The Russians' great Kiev bulge offensive in the Northern Ukraine is gathering in force Bursting forward on an 80-mile front. The Russian armies are threatening the four key towns of Korosten, Jitomir, Berdichev and Kazatin. The German High Command has ordered the evacuation of Jitomir according to Swiss reports. A new type of Russian tank is ripping holes in the German defences and the Red Army troops are pouring through the gaps 'three hundred and fifty miles to the north the Russians have driven closer to the 'White Russian town of Vitebsk and are menacing the German garrisons' escape route-the railway south of Orsha.

According to a Stockholm message the Germans have begun to move valuable stores out of Orsha. The Russians, north of Kirovograd, repelled heavy German tank and infantry attacks inflicting heavy losses. Moscow says the situation west of Kiev has taken a grave turn for the Germans in the past 24 hours. The Russian spearhead is only three miles from Korosten.



# Seaside connections

## SEASIDE CONNECIONS FOR WESTERN MAIL TRAINS

Mr. G. H. Devries, M.L.A., received advice from the General Manager Railways, Rockhampton (Mr. H. Griffith) that he does not recommend a service to either Yeppoon or Emn Park from Rockhampton on Tuesdays and Fridays to connect with the western mail trains arriving in Rockhampton on these mornings.

Mr. Griffith stated he had advised the secretary to the Commissioner that enquiries had been received from the station master at Longreach and the views expressed are that it would be an advantage to have a connection off 42 down to the seaside, particularly to Yeppoon during the summer months or school holidays.

Barcaldine advises that from enquiries 80 per cent of the passengers travelling would prefer to wait in Rockhampton as at present and Blackall states, with the present shopping restrictions, there is nothing for passengers to do at Rockhampton and therefore a connection with 43 down would in most cases be patronised.

Mr. Griffith said there was no morning service to Ema Park on Tuesdays but on Fridays a rail motor runs leaving Rockhampton at 9:15 a.m.

This, however, conveyed to passengers from Rockhampton who desired to spend a day at the seaside and later departure from Rockhampton to provide a connection with 43 down, would only lead to complaints.

He said the volume of traffic to that place did not warrant the provision of a service to connect with 43 down.

To Yeppoon the average number of pas-



sengers per trip for the three months would be September 3, October 6 and November 3.

The number of passengers likely to travel

if such a service were arranged to Yeppoon would be very small and would not warrant it being provided.

# Celebrating the New Year slightly different

## THE NEW YEAR USHERING IN FUNCTIONS

New Year falling on a Monday caused a change in what is virtually traditional to Longreach, the all night dance at the Palace and this year the altered arrangements provided for a community concert to 11 p.m. after which dancing was continued to 5 a.m.

Both functions were for the benefit of the Longreach branch of the Red Cross Society.

At eleven o'clock the theatre was cleared and all seats removed from the dance floor to the open air section of the premises and soon after 11.30 the strains of the opening Waltz, broke the brief respite and the dancers streamed on to the floor which was soon packed to capacity.

During the course of the second dance the two hands of the clock met on the stroke of twelve and then for about five minutes, everyone in the hall let the reins go completely.

Rings of dancers covered the floor from end to end and tripped round at break neck speed to the strains of "Pack up your troubles," "Keep the home fires burning" and other well-known appropriate numbers, in a wild and



reckless welcome to the new year and whatever it may bring.

Eternal youth, ever ready to turn over a new page in the book of time.

From then on the whole gathering settled down to a steady tempo of delightful entertainment and although the atmosphere was fairclose, each dance enjoyed the spectacle

of a fairly packed floor; the couples after each event streaming out to enjoy a few minutes in the long lanes of canvas chairs conveniently arranged out in the moonlight of the open portion of the theatre.

An ample supply of soft drinks etc., and tea and cakes kept the dancers in physical trim to see the night through, and although a good many drifted away to their homes towards the small hours, there were plenty left to fill the hall reasonably full even during the last hour.

At last after a wonderful night of fun and frolic the clock on the wall showed signs of 4th the approach of 5 a.m. and the members of the orchestra, who had had a strenuous night of work, did not need any prompting to strike up the medley, which started with the popular chorus of "We'll meet again" finishing with full vocal effects of almost very voice in the hall, in a very impressive manner with "The Maori's Farewell."

As the remnants of the gay party left the theatre, dawn was breaking to the east, the dawn not only of a new day, but of a new year; and possibly, who knows, of the great era of peace and prosperity for which all so ardently seek.

## Letter on drought

(To the Editor)

Sir,- A weekly newspaper a few issues ago stated that drought relief had been extended to 31st December, 1946.

I respectfully request the Graziers' Association, Selectors' Association, Shire Councils and other bodies to take this matter up with the Commonwealth and State Government to have the drought relief provisions extended for a further period of years.

The year 1945 has been one of the worst seasons the Longreach district has experienced for a number of years, and it should be brought before the Land Administration Board.

I would suggest that the Graziers' Association, Selectors' Association, Shire Councils and Government Water Boards get a return from all graziers and selectors as to rain falls for 1945.

Land Courts are inclined to increase rents, but if all bodies were to take action it may be the means of having rents reduced, or stopping any increase of rents.

Also, it would be interesting for the Associations, Shire Councils and Water Boards, to get a return from the graziers and selectors as to the number of tanks, dams, and water courses dry in 1945. One grazier informs me he has three out of five tanks dry. A selector has only one tank, and it went dry in October and all stock have been removed.

Another grazier has seven tanks dry and not too much water in the others.

I respectfully request all graziers and selectors to forward their rainfalls for 1945, and any other information, to their Association and Shire Council and try to keep rents down.

Yours etc., F. H. DEAN Notus Downs







**ENGINEERING THE OUTBACK**

**ESTABLISHED IN 1945**

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Offices in Barcaldine, Emerald and Rockhampton

"We improve the lives of people in regional and remote communities. We offer challenging, social and balanced career opportunities."



# Call goes out to all short story writers

By Jeff Close, Winton Correspondent

The Central West is home to so many creative people.

Perhaps the Outback gives time to reflect and create.

Those interested in short story writing are invited to enter a competition that has been held in Winton for the past 7 years.

The short story competition is now open with entries to be in by 28 April.

The eighth Outback Writers' Festival will be held in Winton from June 20 to 22.

As well as book launches, meet-the-author sessions, and workshops, the Winton Festival is probably the only one in Australia where short story entries are short-listed by the judge and the selected works appear in print - an exciting way to become a published author.

Winton vies for not only the title of more

festivals in the outback than any other town, but also has a portfolio of over 50 printed books, currently in print, that are about Winton or set in Winton.

That number will increase over the course of the 2023 Festival.

Works, of course, have to have an 'outback' theme and must be no more than 3000 words.

We were able to donate writing prizes to the two local Winton Schools at their speech nights - State School and St Patrick's.

The 'Aussie Books on Tour' have not returned home to Winton yet. Let's hope that at least one comes back before June.

We probably will have two extra venues this year - The Waltzing Matilda Centre of course, but Winton also has a Lost Poets cafe and the Library.

I am inviting authors to read out part of their work at events like the AGM, the Dinner

and the Ranglands Sunset Tour.

The book sessions are open to all, and there are no admission fees for the sessions.

Prizewinners will be announced at the Festival Dinner on Wednesday night.

More information is available at [www.outbackwritersfestival.com.au](http://www.outbackwritersfestival.com.au)

**How can you help?**

- Become a member or renew your membership
- Come out to the Outback Writers' Festival. As a bonus, immediately after the Writers' Festival, we have the Vision Splendid Film Festival.
- Purchase a past copy of the best short stories published each year. (See [www.outback-books.info](http://www.outback-books.info))
- Do you have a suggestion or can you volunteer for a session?
- Do you have an outback book to launch?

## IN BRIEF

### Big Boulia thank-you

'We feel in our small community that the time needs to be taken to properly thank the major entities who without year after year we would not be able to bring this event to life.

First stop - Boulia Shire Council.

Every year council is the primary provider of all the messy parts of the operation that people are not aware of.

The truck that transports the rubbish to the dump, the garbage truck that drives around the camps daily emptying the wheelie bins, the portable lighting that ensures safety and security at entrances and exits, the ongoing investment into the betterment of the Boulia Racecourse Reserve infrastructure, the grader that clears the weeds from the campsites and ensures the racetrack is compliant with Qld Racing Standards.

Last year they upgraded the bar equipment to enhance seamless delivery of your bar experience (In comparison to previous years) as well as hiring all infrastructure and assets to our not-for-profit volunteer-based organisation for free. As many of you may know, Boulia is a tiny town that bulges in population in July and the stress that this creates on town infrastructure/assets is significant, the things people may not necessarily realise, phone service, sewerage/septic systems, radio transmitters... all of the things that we take for granted every day are provided and maintained by Boulia Shire Council.

They are our go-to for all problem solving and we are forever grateful for the assistance they have made available to us in the past, present and we hope future!

- Boulia Camel Races family

### Pride of the Murray

We just heard this morning (Monday) from the police that the Pride of the Murray has sunk on the Thomson River.

We don't yet have any further details of the circumstances and what it will take to retrieve her.

This is a huge disappointment for all of us, especially so close to the start of the season, but please be assured that you will still be able to enjoy the wonderful Starlight's Cruise Experience on our Thomson Belle paddlewheeler and Thomson Princess riverboat.

We very much hope we can restore this precious heritage paddlewheeler and most bookings will be transferred to her once she is afloat again. If you have already booked for the cruise, we will be in touch as soon as we know more and we will post further updates.

- Outback Pioneers



## Pancake Day sees over 300 ordered

By Michael R Williams

Pancake Day last month saw over 300 orders. Bruce McClymont, Brett Hintz, and Sue McClymont are shown organising deliveries.

## Pre-flight breakfast tour

By Karen Simmons

Qantas Founders Museum (QFM) is excited to announce the launch of its newest experience, the Pre-Flight Breakfast Tour.

Launching this week, on Monday 6 March, the brand new one-hour experience includes a tour of the National Heritage Listed Qantas Hangar built in 1922 for QANTAS, followed by a delicious breakfast feast.

Guests will learn the importance of Longreach and the history of the airline and will be able to reimagine what it would have been like 100 years ago operating out of the Hangar.

After the 30-minute guided tour, guests enjoy a gourmet breakfast and beverage in McGuinness' Restaurant before the Museum opens to the public.

QFM believes the Pre-Flight Breakfast Tour will be perfect for the traveller on a tight schedule who needs to hit the road to move on to their next destination within the region.

Jeremy Miller, QFM Customer Service Manager believes the new breakfast tour will combine two of the things their guests love most about the Museum;

"Our fantastic food and our connection to the Qantas story - it's the perfect way to start your day," Mr Miller said.

"This is also a great compliment to our most popular tour, the Premium Economy experience (previously known as the Museum and Airpark Tour) which consists of a guided tour of the airpark for a maximum of 1.5 hours."

QFM also recently welcomed the team from International Conservation Services Doug Rogan, Mei Wilkinson, and Qantas Heritage Curator David Crotty to the Museum.

QFM is currently undertaking a massive Conservation Management Plan to ensure the preservation of their amazing aircraft fleet in the collection.

We'll hear more about this in the coming weeks.



Qantas Founders Museum (QFM) launched its newest experience, the Pre-flight breakfast tour this week.



The team from International Conservation Services Mei Wilkinson, Doug Rogan and Qantas Heritage Curator David Crotty. Picture: QFM



# TV

Today

MOVIE  
GUIDE  
INSIDE

**Breaking bad**  
Idris Elba turns  
vigilante in *Luther:*  
*The Fallen Sun*

## Dream team

**Mick Molloy, Sam Pang and Andy Maher**  
return with a new season of **The Front Bar**

*Do you have an event coming up?*  
*We want to know!*

Send the details to [editorial@leadertoday.com.au](mailto:editorial@leadertoday.com.au)  
and we'll publish it in our weekly Events Calendar.

12526033-S650-21



**Winning streak:** Andy Maher, Mick Molloy and Sam Pang are back for a new season of *The Front Bar*.



# Ahead of the game

**A**NDY Maher chuckles with the delight at the prospect of being described as Australia's Dean Martin.

As the straight man to comedians Mick Molloy and Sam Pang on *The Front Bar*, Maher has indeed been catapulted into the same rarefied space in entertainment that Martin once occupied.

"If you can write that [I'm *The Front Bar's* Dean Martin], it will make my day because it will slay Sam Pang," Maher exclaims.

"Because Pang grew up with [watching *The Dean Martin Celebrity Roast*] that's where Pang gets his stuff from, the whole roast thing and Don Rickles is his muse.

"So, if you put that in, I can drift off into the neverland a very contented man."

Not to be underestimated, it's the role of the straight men like Maher (and Martin, before him) to keep the show on track even as the comedians ad lib.

But Maher says he never finds it too arduous keeping Pang or even a renowned loose cannon like Molloy in line.

"I don't find it difficult at all and I am not saying that because I think I am great at it," he says.

"It's because we don't worry too much about the show going off the rails. I actually think the show is at its best when it derails, because that's when they become the impromptu stand-up comedians that they're so good at being."

That being said, Maher acknowledges that it's his responsibility to make sure the show runs on time. And, if ever one of his fellow panellists was

The appeal of Seven's *The Front Bar* is clear – watching it is just like spending time with mates down at the pub. Ahead of his eighth year on air alongside Mick Molloy and Sam Pang, presenter Andy Maher shares the secrets to the show's longevity with **Siobhan Duck**

to cross the line of good taste, it would fall upon him to go into immediate damage control.

Thankfully though, Maher cannot recall a time where he's had cause for concern about anyone saying anything inappropriate or controversial during *The Front Bar's* seven years on air.

It's no mean feat for a live television show featuring old-school sports stars and comedians in the age of political correctness and cancel culture.

In fact, it is the playful banter between Maher, Pang and Molloy and their A-list guests that has made *The Front Bar* a success with audiences, young and old.

"I have three daughters, one is in secondary school and the other two are in primary school and I'm amazed at how many kids in their age groups, say between nine and 13, say they love watching it," he says.

"It feels a bit late for some of those kids to be watching TV, to be honest but maybe they're time-shifting it and watching it tomorrow."

"But if you've got mums and dads watching with their kids, it's crossing generations because it's not crude and it speaks to all ages."

Maher baulks at the idea *The Front Bar's* popularity with his daughter's mates would make him a cool dad.

"Maybe in the eyes of other kids, but certainly not in the eyes of mine," he laughs.

"To mine, I would be cooler if I was some sort of YouTube

sensation. I am the antithesis of cool to my kids."

The reason *The Front Bar* has such widespread appeal is simple. Yes, it deals with two of Australia's favourite pastimes, watching sport and drinking beer. But, thanks to the chemistry of its hosts, it also feels a bit like joining in a robust conversation with three mates down at the pub.

The friendship between the men isn't just for the cameras. Maher and Molloy have been pals since they first worked together on Channel 10's *Before the Game*,

"He basically did the same schtick on my wedding day that he does with all of the guests that come on the show and from the minute I met him, I loved him."

"So, what happens at that bar is just an absolute pure translation of what takes place behind the camera."

In addition to working together, Maher, Pang and Molloy occasionally enjoy a hit of golf and going to the footy together.

To Maher's chagrin, despite being comparatively new to the game, Pang is a talented golfer.

**I ACTUALLY THINK THE SHOW IS AT ITS BEST WHEN IT DERAILS, BECAUSE THAT'S WHEN [MICK MOLLOY AND SAM PANG] BECOME THE IMPROMPTU STAND-UP COMEDIANS THAT THEY'RE SO GOOD AT BEING**

while Pang was the MC at Maher's wedding.

"I'd never met him prior to the wedding," he explains.

"He was a friend of my wife. And she said: 'Oh this guy [Pang] will be great [as MC] and he's going to be invited to our wedding anyway."

"So, I met him for the first time on my wedding day as he was eviscerating me in front of all my nearest and dearest."

"He's incredibly disciplined and, I hate to say it but, he's picked up the game really quickly and he's quite good at it, which is depressing for those of us who have played it our whole lives and sort of plateaued a long time ago."

Even though watching and talking about sport is now his job, it remains Maher's favourite hobby as well. He confesses that he will often tell his wife he's watching a

game "for work" when he's really just engrossed in the action.

The only sports that don't keep Maher glued to the screen are Ultimate Fighting Championships, mixed martial arts – "because they're a bit too violent for my timid eyes" – and motorsports. And his absolute favourites are golf and AFL, which explains why Greg Norman and Tony Lockett are top of his wishlist for future guests.

When it started in 2015, *The Front Bar* focused solely on AFL commentary. Over the years it has broadened its lens to also cover the Commonwealth Games, Winter Olympics and Melbourne Cup. And an "all sports" version of the program also now airs ahead of the footy season.

"I think it's just a reflection of the appetite for all sports," Maher says of *The Front Bar's* expansion.

"But it also shows how easily this kind of platform crosses into really anything. To be honest, and I have spoken to Mick and Pang about this over a beer, we could even do election coverage."

"We could do live coverage of something like that and it would work because the format is easy to transport [into other genres]."

So, would the format work for covering an event like the Miss Universe pageant?

"For our own sake, and for not crossing a line like we spoke about before, I think I would give that one a miss," Maher laughs.

"But, before we are done, I would really love to see *The Front Bar* do some Federal election coverage."

■ *The Front Bar*, Wednesday, 8.45pm, Seven and 7Plus



# Movie Guide

## PICK OF THE WEEK



### MIRACLE PILOT UNDER FIRE

**Saturday**  
**SULLY**  
Nine, 8.30pm, M (2016)

With Tom Hanks in the leading role, Clint Eastwood in the director's chair, and the story of one of the most remarkable incidents in aviation history, you almost can't go wrong. When United Airways Flight 1549 ditched into the Hudson River shortly after takeoff, that every single one of the passengers and crew lived to tell the tale was down to one man – the pilot, Captain Chesley "Sully" Sullenberger. This movie goes beyond the 208 seconds when the flight floundered to look at the fallout from the incident, exploring the lasting effects it had on the hero of the piece, as he was hounded by the press and investigators. Also stars Aaron Eckhart, Laura Linney and Anna Gunn. ★★★★★

**In safe hands:** Tom Hanks in the cockpit as Captain Sully.



**THE PROPOSAL**  
Seven, Friday, 8.30pm, PG (2009)

When demanding book editor Margaret (Sandra Bullock) faces deportation to her native Canada, she hastily declares she's getting hitched to unsuspecting employee Andrew (Ryan Reynolds, pictured with Bullock). He agrees to maintain the engagement sham, but only on his terms. Director Anne Fletcher (*27 Dresses*) stumbles a bit on the way to the altar, but the charismatic leads and the appearance of Betty White as a mischievous matriarch will have you saying "I do". ★★★★★



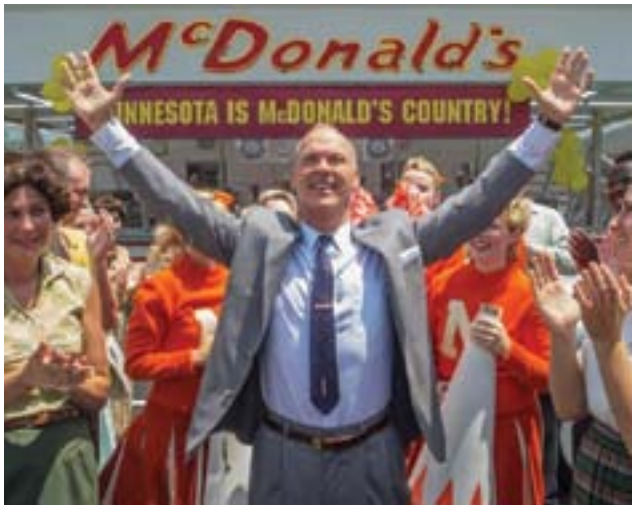
**WHAT JUST HAPPENED**  
ABC TV Plus, Friday, 8.30pm, MA15+ (2008)

Bravely biting the hand that feeds him, director Barry Levinson (*Rain Man*) lampoons the greed, vanity and excess of Hollywood in this satire that plays like *Entourage* for the elderly. Based on the memoirs of industry veteran Art Linson, it stars Robert De Niro (pictured) as Ben, a fading producer struggling to keep his career afloat. His latest drama is shaping up as a flop, a fact he's trying to hide from the studio boss (Catherine Keener). A true insider's take on the people who make Tinseltown tick. ★★★★★



**AFTER**  
10 Shake, Saturday, 7.30pm, M (2019)

If the well-worn good-girl-meets-bad-guy plot gets under your skin, this could be your kind of film. *After* is a by-the-numbers teen romance based on the books by author Anna Todd. Australian Josephine Langford (pictured) is the doe-eyed, demurely dressed Tessa, a goody-two-shoes who moves to a new town for college. Featuring a game of truth or dare and an eclectically tattooed, attractive teen named Hardin Scott (Hero Fiennes-Tiffin), a steamy but troubled romance ensues. ★★★★★



**THE FOUNDER**  
Nine, Saturday, 10.30pm, M (2016)

The origin story of the McDonald's franchise isn't so wholesome, but it's a tasty trip nonetheless. Harking back to 1954, *The Founder* stars a magnetic Michael Keaton (pictured) as struggling businessman Ray Kroc, who comes across the well-run burger restaurant owned by brothers Dick (Nick Offerman, *Parks and Recreation*) and Mac McDonald (John Carroll Lynch, *American Horror Story*). Kroc makes it his mission to become involved in the brothers' clever enterprise. ★★★★★



**CAPOTE**  
SBS World Movies, Sunday, 8.30pm, M (2005)

Philip Seymour Hoffman (pictured) took home the Best Actor Oscar for his masterful, chameleonic portrayal of troubled writer Truman Capote. Debut director Bennett Miller's fine film covers the six years in Capote's life during which he produced one of the 20th century's most significant non-fiction books, *In Cold Blood*, about the 1959 slaying of a rural Kansas family. It's a fascinating insight into a complicated and often unlikeable man and the process of writing itself. ★★★★★



**TRAINING DAY**  
NITV, Tuesday, 9pm, MA15+ (2001)

Denzel Washington (pictured) stars as a veteran LAPD detective paired with a rookie cop (Ethan Hawke). In a 24-hour hazing exercise, Washington flexes his disturbing, unorthodox muscle to nab the baddies, much to the surprise of Hawke (in red-hot form), who has trouble accepting the logic behind his superior's methods. There is more than meets the eye in this cop film – directed by Antoine Fuqua (*King Arthur*) – whose psychology is equally as engrossing as its highly physical nature. ★★★★★



# The Guide

## PICK OF THE WEEK

### THE LARKINS ABC TV, Saturday, 7.30pm

Based on H.E. Bates's 1958 novel *The Darling Buds of May*, this cosy series set in a quaint Kent village is the perfect way to ease into a relaxing Saturday evening. Season two sees much-loved Ma and Pop Larkin (Joanna Scanlan and Bradley Walsh) at war with their posh new neighbours Pinkie and Cuthbert Jerebohm (Morgana Robinson and Julian Rhind-Tutt, both pictured). Meanwhile, there's a new romance on the horizon for Primrose (Lydia Page). Fans of the show will notice the Larkins' eldest daughter Mariette looks very different this season – newcomer Joelle Rae has replaced Sabrina Bartlett in the role after the *Bridgerton* star abruptly left the series.



### BETTANY HUGHES: TREASURES OF ALBANIA SBS, Sunday, 7.30pm

Always curious and imminently knowledgeable, award-winning British historian and author Bettany Hughes (pictured) exudes a passion that still shines bright, even after decades of intrepid exploration. In this new two-part special, the diverse culture of the under-the-radar Adriatic country Albania is laid bare. Featuring fortress towns and breathtaking sea views, Hughes begins exploring the Albanian Riviera and the country's first World Heritage site, the ancient city of Butrint; before venturing to the remote communities in the Albanian Alps.



### THE 95TH ANNUAL ACADEMY AWARDS Seven, Monday, 11am (encore, 8.45pm)

After last year's infamous face-slap incident, what will this year's ceremony serve up for viewers' entertainment? Unsurprisingly, Chris Rock isn't hosting – and Will Smith will be absent, thanks to his 10-year ban. Comedian Jimmy Kimmel (pictured) is taking the stage of LA's Dolby Theatre to emcee the extravaganza. All eyes will of course be on the actors' lavish outfits, while *Everything Everywhere All at Once* is set to be the film on everyone's lips, with 11 nominations.



### AM I BEING UNREASONABLE? SBS Viceland, Monday, 10.20pm

British comedian Daisy May Cooper follows up her acclaimed debut, *This Country*, with this genre-defying comedy thriller. Written with her best friend Selin Hizli, who also co-stars, the story follows lonely and "weird" mother-of-one Nic (Cooper), whose depressing existence is jump-started by the arrival of a gin-toting new school mum. In tonight's premiere double episode, there's a double shot of booze and questionable behaviour. Young actor Lenny Rush is a comedic standout as Nic's son Ollie, who is the wise voice of reason in their loving yet quirky relationship.

## Friday, March 10

<b>ABC TV (2)</b> <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Pilgrimage: The Road To Santiago. (PG, R) <b>11.00</b> Australia Remastered. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Queerstralia. (Mals, R) <b>2.00</b> QI. (Ml, R) <b>2.30</b> Back Roads. (PG, R) <b>3.00</b> Gardening Australia. (R) <b>4.00</b> Antiques Roadshow. (R) <b>5.00</b> Anh's Brush With Fame. (PG, R) <b>5.25</b> Hard Quiz. (PG, R)	<b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.00</b> Home Of The Year: Scotland. (PG) <b>10.05</b> Fantastical Factory Of Curious Craft. (PG, R) <b>11.00</b> Being Beethoven. <b>12.00</b> WorldWatch. <b>2.00</b> Mastermind Aust. (R) <b>3.00</b> NITV News: Nula. <b>3.30</b> Destination Flavour China Bitesize. (R) <b>3.40</b> Australian Korean Hanbok. (R) <b>3.45</b> The Cook Up With Adam Liaw. (R) <b>4.15</b> The Architecture The Railways Built. (R) <b>5.05</b> Jeopardy! (R) <b>5.30</b> Letters And Numbers. (R)	<b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE:</b> Dark Angel. (2019, Mas, R) Annalise Basso. <b>2.00</b> House Of Wellness. (PGa) <b>3.00</b> The Chase. (R) <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia. Hosted by Larry Emdur.	<b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> For The Love Of Pets. (PG, R) <b>1.00</b> Space Invaders. (PGal, R) <b>2.00</b> Pointless. (PG, R) <b>3.00</b> Tipping Point. (PG, R) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. (R) <b>5.30</b> WIN News.	<b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGa) <b>7.00</b> Farm To Fork. (PG, R) <b>7.30</b> GCBC. (R) <b>8.00</b> Everyday Gourmet. (R) <b>8.30</b> Ent. Tonight. (R) <b>9.00</b> Judge Judy. (PG, R) <b>9.30</b> The Bold And The Beautiful. (PG, R) <b>10.00</b> Studio 10. (PG) <b>12.00</b> 10 News First: Midday. <b>1.00</b> Dr Phil. (Ma) <b>2.00</b> Would I Lie To You? Australia. (Ml, R) <b>3.00</b> Entertainment Tonight. <b>3.30</b> Judge Judy. (PG, R) <b>4.00</b> Farm To Fork. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.
<b>6.00</b> The Drum. Analysis of the day's news. <b>7.00</b> ABC News. Takes a look at today's top stories. <b>7.30</b> Gardening Australia. Jane Edmanson visits a florist at home. <b>8.30</b> Endeavour. (Mav) Part 2 of 3. A crime wave of the kind more usually associated with London has taken hold of Oxford, and a homeless man is assaulted while a young PC has been found dead and a notable artist reported missing. <b>10.00</b> Van Der Valk. (Mav, R) Part 2 of 3. <b>11.30</b> ABC Late News. <b>11.50</b> Miniseries: Butterfly. (Ma, R) <b>12.35</b> Adam Hills: The Last Leg. (R) <b>1.15</b> Traces. (Mal, R) <b>2.05</b> Rage. (MA15+adhlnsv)	<b>6.00</b> Mastermind Australia. (PG) <b>6.30</b> SBS World News. <b>7.30</b> Wrecks That Changed The World: Last Days Of The Battleship. (PG) <b>8.30</b> Walking Britain's Lost Railways: Highlands. (PG, R) Presented by Rob Bell. <b>9.25</b> Royal Autopsy: Queen Elizabeth I. Part 2 of 2. <b>10.25</b> SBS World News Late. <b>10.55</b> Gomorrah. (MA15+sv, R) <b>12.40</b> The Ninth Tower. (Ml) <b>12.55</b> Cycling. UCI World Tour. Paris-Nice Race. Stage 6. <b>2.55</b> Gomorrah. (MA15+v, R) <b>3.50</b> Mastermind Australia. (R) <b>4.55</b> Destination Flavour: Singapore Bitesize. (R) <b>5.00</b> NHK World English News Morning. <b>5.30</b> ANC Philippines The World Tonight.	<b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Better Homes And Gardens. Johanna Griggs catches up with Luke Hodge. <b>8.30</b> <b>MOVIE:</b> The Proposal. (2009, PGls, R) An editor gets engaged to her assistant to get a green card so she can continue working in the US. Sandra Bullock, Ryan Reynolds, Mary Steenburgen. <b>10.50</b> <b>MOVIE:</b> I Feel Pretty. (2018, Ms, R) An accident improves a woman's self-image. Amy Schumer. <b>1.05</b> Travel Oz. (R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> Million Dollar Minute. (R) <b>5.00</b> NBC Today.	<b>6.00</b> Nine News. <b>7.00</b> Rugby League. NRL. Round 2. Brisbane Broncos v North Queensland Cowboys. <b>8.55</b> Golden Point. A post-match wrap-up of the NRL game. <b>9.40</b> <b>MOVIE:</b> Point Break. (2015, Mlv, R) An FBI agent infiltrates a team of extreme athletes. Edgar Ramirez. <b>11.40</b> Fergie's Killer Dresser: The Jane Andrews Story. (Ma, R) <b>12.40</b> Tipping Point. (PG, R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Take Two. (R) <b>4.30</b> Global Shop. (R) <b>5.00</b> TV Shop: Home Shopping. (R) <b>5.30</b> Skippy The Bush Kangaroo. (R)	<b>6.30</b> The Project. A look at the day's news and events. <b>7.30</b> The Graham Norton Show. Compilation of highlights. <b>8.30</b> Taskmaster Australia. (Ml, R) Comedy game show featuring comedians performing a series of tricky tasks. <b>9.30</b> To Be Advised. <b>10.30</b> Just For Laughs. (Ml, R) Hosted by Nick Cody. <b>11.00</b> Just For Laughs Uncut. (MA15+ls, R) Hosted by Nikki Osborne. <b>11.30</b> The Project. (R) <b>12.30</b> The Late Show With Stephen Colbert. (PG) <b>1.30</b> Home Shopping. (R) <b>4.30</b> Infomercials. (PG, R)
<b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>5.30pm</b> Ginger And The Vegesaur. <b>5.35</b> Interstellar Ella. <b>5.45</b> Love Monster. <b>5.55</b> Kangaroo Beach. <b>6.05</b> The Adventures Of Paddington. <b>6.20</b> Bluey. <b>6.30</b> Peter Rabbit. <b>6.40</b> Ben And Holly. <b>6.55</b> Shaun The Sheep. <b>7.05</b> Grace's Amazing Machines. <b>7.20</b> Bluey. <b>7.30</b> Spicks And Specks. <b>8.00</b> Hard Quiz. <b>8.30</b> <b>MOVIE:</b> What Just Happened. (2008, MA15+) <b>10.10</b> Doctor Who. <b>11.15</b> Silent Witness. <b>12.10am</b> Killing Eve. <b>12.55</b> High Fidelity. <b>1.25</b> Friday Night Dinner. <b>2.10</b> ABC News Update. <b>2.15</b> Close. <b>5.05</b> Curious George. <b>5.25</b> Pip And Posy. <b>5.35</b> Charlie And Lola. <b>5.50</b> Late Programs.	<b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>9.30</b> Shortland St. <b>11.00</b> The Movie Show. <b>Noon</b> Land Of The Giants: Titans Of Tech. <b>12.50</b> The Beach. <b>1.20</b> The UnXplained. <b>2.05</b> Counter Space. <b>2.35</b> Lee Lin Chin's Fashionista. <b>2.50</b> The Pizza Show. <b>3.20</b> WorldWatch. <b>5.15</b> Takeshi's Castle. <b>5.45</b> Joy Of Painting. <b>6.15</b> Forged In Fire. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Hoarders. <b>9.20</b> Sex Before The Internet. (Premiere) <b>10.10</b> The Good Girls' Guide To Kinky Sex. <b>11.05</b> VICE News Tonight. <b>Midnight</b> Dark Side Of The '90s. <b>1.50</b> True Believers. <b>2.45</b> NHK World English News. <b>5.00</b> Al Jazeera.	<b>7TWO (72)</b> <b>6am</b> Home Shopping. <b>6.30</b> Escape To The Country. <b>7.30</b> The Real Seachange. <b>8.00</b> Home Shopping. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Better Homes And Gardens. <b>1.00</b> House Of Wellness. <b>2.00</b> Animal SOS Australia. <b>2.30</b> Million Dollar Minute. <b>3.30</b> The Zoo. <b>4.00</b> RSPCA Animal Rescue. <b>4.30</b> Better Homes And Gardens. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Border Security USA. <b>8.00</b> Border Patrol. <b>8.30</b> Escape To The Country. <b>10.30</b> World's Most Secret Homes. <b>11.30</b> Border Security USA. <b>Midnight</b> Border Patrol. <b>12.30</b> Escape To The Country. <b>1.30</b> Better Homes. <b>2.30</b> Late Programs.	<b>9GEM (81, 92)</b> <b>6am</b> TV Shop: Home Shopping. <b>7.00</b> Creflo Dollar Ministries. <b>7.30</b> TV Shop: Home Shopping. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> Explore. <b>2.00</b> Queens Of Mystery. <b>3.00</b> Antiques Roadshow. <b>3.30</b> <b>MOVIE:</b> Saraband For Dead Lovers. (1948) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Rugby League. NRL. Round 2. Brisbane Broncos v North Queensland Cowboys. <b>7.00</b> A Current Affair. <b>7.30</b> For The Love Of Pets. <b>8.30</b> <b>MOVIE:</b> RED 2. (2013, M) <b>10.45</b> <b>MOVIE:</b> Walking Tall. (2004, M) <b>12.20am</b> Late Programs.	<b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> NBL Slam. <b>7.30</b> Becker. <b>8.00</b> Seinfeld. <b>9.30</b> The King Of Queens. <b>10.30</b> The Middle. <b>11.30</b> Frasier. <b>12.30pm</b> Becker. <b>1.30</b> Seinfeld. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Two And A Half Men. <b>10.30</b> Charmed. (Return) <b>11.30</b> Frasier. <b>Midnight</b> Home Shopping. <b>12.30</b> Infomercials. <b>1.00</b> Home Shopping. <b>1.30</b> The Late Show With Stephen Colbert. <b>2.30</b> The Late Late Show With James Corden. <b>3.30</b> Becker. <b>4.30</b> Home Shopping. <b>5.30</b> Infomercials.
<b>NITV (34)</b> <b>6am</b> Morning Programs. <b>8.45</b> Bushwhacked! <b>9.35</b> The Magic Canoe. <b>10.00</b> Coastal Africa. <b>10.50</b> Going Places. <b>11.50</b> <b>MOVIE:</b> The Piano. (1993, MA15+) <b>2pm</b> Shortland St. <b>2.30</b> The Cook Up. <b>3.00</b> Bushwhacked! <b>3.25</b> Red Dirt Riders. <b>3.40</b> Wolf Joe. <b>3.55</b> Tales Of The Moana. <b>4.00</b> Grace Beside Me. <b>4.30</b> Spartakus And The Sun Beneath The Sea. <b>5.00</b> Our Stories. <b>5.30</b> NITV News: Nula. <b>6.00</b> Bamay. <b>6.40</b> Coastal Africa. <b>7.30</b> <b>MOVIE:</b> Tim Burton's Corpse Bride. (2005, PG) <b>8.55</b> Going Places With Ernie Dingo. <b>9.55</b> Cultural Connections Immersion Festival. <b>10.55</b> Late Programs.	<b>SBS WORLD MOVIES (32)</b> <b>6am</b> Steel Magnolias. Continued. (1989, PG) <b>7.45</b> Mary Shelley. (2017, PG) <b>10.00</b> The Hours. (2002, M) <b>12.10pm</b> The Kid From The Big Apple. (2016, M, Mandarin) <b>2.20</b> Yeh Jawaani Hai Deewani. (2013, PG) <b>5.20</b> The Movie Show. <b>5.50</b> Thirteen Days. (2000, PG) <b>8.30</b> The Hurt Locker. (2008, MA15+) <b>10.55</b> Never Grow Old. (2019, MA15+) <b>12.50am</b> Like Crazy. (2016, MA15+, Italian) <b>3.00</b> Monster. (2003, MA15+) <b>5.00</b> The Movie Show. <b>5.30</b> Mary Shelley. (2017, PG)	<b>7MATE (74)</b> <b>6am</b> Hook, Line And Sinkers. <b>7.00</b> Merv Hughes Fishing. <b>7.30</b> Creek To Coast. <b>8.00</b> Surfing. WSL. Margaret River Pro. Highlights. <b>9.00</b> Motor Racing. 2022 Supercars Championship. Round 13. VALO 500 Adelaide. Day 2. Highlights. <b>10.00</b> Bokesworld. <b>10.30</b> American Pickers. <b>11.35</b> <b>MOVIE:</b> Grand Prix. (1966, PG) <b>3pm</b> Timbersports. <b>3.30</b> Counting Cars. <b>4.30</b> Ultimate Rides. <b>5.30</b> American Restoration. <b>6.00</b> American Pickers. <b>7.00</b> Pawn Stars. <b>7.30</b> <b>MOVIE:</b> Air Force One. (1997, M) <b>10.05</b> <b>MOVIE:</b> Non-Stop. (2014, M) <b>12.15am</b> <b>MOVIE:</b> Grand Prix. (1966, PG) <b>4.00</b> Pawn Stars. <b>4.30</b> American Restoration. <b>5.00</b> Scrap Kings.	<b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>Noon</b> Pure Genius. <b>1.00</b> Raising Hope. <b>2.00</b> Full House. <b>2.30</b> 3rd Rock. <b>3.30</b> Raymond. <b>4.00</b> The Nanny. <b>5.00</b> Bewitched. <b>5.30</b> Transformers: Cyberverse. <b>5.40</b> <b>MOVIE:</b> Alvin And The Chipmunks: Chipwrecked. (2011) <b>7.30</b> <b>MOVIE:</b> Mirror Mirror. (2012, PG) <b>9.35</b> <b>MOVIE:</b> Hansel & Gretel: Witch Hunters. (2013, MA15+) <b>11.20</b> Alphas. <b>12.15am</b> Manifest. <b>1.05</b> The Nanny. <b>2.00</b> Everybody Loves Raymond. <b>2.30</b> Full House. <b>3.00</b> Bakugan: Armored Alliance. <b>3.30</b> LEGO City Adventures. <b>4.00</b> TV Shop: Home Shopping. <b>5.00</b> Pokémon Master Journeys. <b>5.30</b> Yu-Gi-Oh! Sevens.	<b>10 BOLD (53, 12)</b> <b>6am</b> Home Shopping. <b>6.30</b> Infomercials. <b>8.00</b> Tough Tested. <b>9.00</b> iFish. <b>9.30</b> Star Trek: The Next Generation. <b>10.30</b> MacGyver. <b>11.30</b> JAG. <b>12.30pm</b> NCIS. <b>1.30</b> Blue Bloods. <b>2.30</b> Scorpion. <b>3.30</b> Star Trek: The Next Generation. <b>4.30</b> MacGyver. <b>5.30</b> JAG. <b>6.30</b> Scorpion. <b>7.30</b> Bull. <b>8.30</b> NCIS. <b>9.25</b> NCIS: Los Angeles. <b>10.20</b> Evil. <b>11.15</b> MacGyver. <b>12.15am</b> Home Shopping. <b>1.15</b> Infomercials. <b>1.45</b> Home Shopping. <b>2.15</b> Star Trek: The Next Generation. <b>3.10</b> MacGyver. <b>4.05</b> JAG. <b>5.00</b> Scorpion.

CONSUMER ADVICE (P) Pre-school (C) Children (PG) Parental Guidance Recommended (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence (R) Repeat (a) Adult themes (d) Drug references (h) Horror (s) Sex references (l) Language (m) Medical procedures (n) Nudity (v) Violence.

QLD



Saturday, March 11

<p><b>ABC TV (2)</b> <b>6.00</b> Rage. (PG) <b>7.00</b> Weekend Breakfast. <b>9.00</b> Rage. (PG) <b>12.00</b> ABC News At Noon. <b>12.30</b> Endeavour. (Mav, R) <b>2.00</b> Death In Paradise. (Mv, R) <b>3.00</b> Scottish Vets Down Under. (PG, R) <b>3.30</b> Monty Don's French Gardens. (Final, R) <b>4.30</b> Landline. (R) <b>5.00</b> Fightback Farmers. (R)</p> <p><b>6.00</b> Back In Time For The Corner Shop: 1850s – 1919. (PG, R) Part 1 of 5. <b>7.00</b> ABC News. Takes a look at today's top stories. <b>7.30</b> The Larkins. (Return, PG) Pop accepts a lucrative offer that he cannot refuse. The new neighbours, the Jerebohms, host a dinner party. <b>8.20</b> Under The Vines. (Premiere, PG) A Sydney socialite and London lawyer jointly inherit a New Zealand vineyard. <b>9.05</b> Grantchester. (PG, R) When the body of Lord Edmund Fitzgerald is found on his family estate, Will and Georgie investigate. <b>9.55</b> Traces. (Mads, R) As Kathy and Sarah work through the nightclub fire, Sarah's report reveals some damning issues. <b>10.40</b> Miniseries: Time. (Madlv, R) Part 2 of 3. <b>11.40</b> Rage. (MA15+adhlnsv) Music video clips.</p> <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.10pm</b> Grace's Amazing Machines. <b>7.20</b> Bluey. <b>7.30</b> Spicks And Specks. <b>8.00</b> Whose Line Is It Anyway? <b>8.25</b> Live At The Apollo. <b>9.10</b> Penn &amp; Teller: Fool Us. <b>9.50</b> The Set. <b>10.25</b> Doctor Who. <b>11.45</b> Would I Lie To You? <b>12.15am</b> Cucumber. <b>1.05</b> Banana. <b>1.30</b> The Young Offenders. <b>2.00</b> ABC News Update. <b>2.05</b> Close. <b>5.05</b> Curious George. <b>5.25</b> Pip And Posy. <b>5.35</b> Late Programs.</p> <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>11.20</b> Coastal Africa. <b>12.10pm</b> Going Places. <b>1.10</b> Cultural Connections Immersion Festival. <b>2.10</b> Always Was: Widi Homeland. <b>3.10</b> Dance Rites. <b>4.50</b> Bush Bands Bash. <b>5.50</b> Going Native. <b>6.20</b> First People's Kitchen. <b>6.50</b> News. <b>7.00</b> Family Rules. <b>7.30</b> Call Of The Baby Beluga. <b>8.30</b> Sherpa: Trouble On Everest. <b>10.10</b> High School Mums. <b>11.00</b> Late Programs.</p>	<p><b>SBS (3)</b> <b>6.00</b> Morning Programs. <b>11.00</b> Outside: Beyond The Lens. <b>12.00</b> WorldWatch. <b>2.00</b> Bowls. Ultimate Bowls 2022. Event 2. Semi-finals. Highlights. <b>3.00</b> Surf Life Saving. Super Surf Teams League. Highlights. <b>3.30</b> Going Places. (R) <b>4.00</b> Rivers Of Australia: The Murray. (PGa, R) <b>5.30</b> The Abyss: The Rise And Fall Of The Nazis. (PG)</p> <p><b>6.30</b> SBS World News. <b>7.30</b> The World's Most Beautiful Landscapes: The Lake District. (PG) Narrated by Robert Lindsay. <b>8.25</b> Britain's Scenic Railways. (R) Part 2 of 4. Takes a look at the Keighley &amp; Worth Valley heritage railway line in West Yorkshire. <b>9.20</b> Britain's Most Luxurious Hotels. (PGa, R) Part 1 of 3. <b>10.15</b> Planet Sex With Cara Delevingne: Orgasm Gap. (MA15+als) <b>11.05</b> Cycling. UCI World Tour. Paris-Nice Race. Stage 7. <b>1.05</b> <b>MOVIE:</b> Amateurs. (2018, MA15+I, R, Swedish) Zahraa Aldoujaili, Yara Aliadotter, Fredrik Dahl. <b>3.00</b> Going Places With Ernie Dingo. (PG, R) <b>4.00</b> Mastermind Australia. (R) <b>5.00</b> NHK World English News Morning. <b>5.15</b> France 24 Feature. <b>5.30</b> ANC Philippines The World Tonight.</p> <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>9.30</b> Shortland St. <b>11.00</b> The Movie Show. <b>Noon</b> Dave Gorman: Modern Life Is Goodish. <b>2.45</b> Lee Lin Chin's Fashionista. <b>2.55</b> WorldWatch. <b>4.55</b> Mastermind Aust. <b>5.55</b> Hunting Hitler: The Final Chapter. <b>7.30</b> Impossible Engineering. <b>8.30</b> Women Who Rock. <b>9.35</b> Fukushima: Nature In The Danger Zone. <b>10.30</b> Stacey Dooley Sleeps Over USA. <b>11.25</b> Vagrant Queen. <b>12.15am</b> Late Programs.</p> <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Mary Shelley. Continued. (2017, PG) <b>7.45</b> Thirteen Days. (2000, PG) <b>10.25</b> Mum's List. (2016, M) <b>12.20pm</b> Mammoth. (2009, M) <b>2.40</b> Steel Magnolias. (1989, PG) <b>4.50</b> Traffic. (1971, French) <b>6.40</b> Dan In Real Life. (2007, PG) <b>8.30</b> Silver Linings Playbook. (2012, M) <b>10.45</b> Bang Gang (A Modern Love Story) (2015, MA15+, French) <b>12.30am</b> Indignation. (2016, MA15+) <b>2.35</b> Late Programs.</p>	<p><b>SEVEN (7)</b> <b>6.00</b> NBC Today. <b>7.00</b> Weekend Sunrise. <b>10.00</b> The Morning Show. (PG) The latest news and views. <b>12.00</b> Horse Racing. Super Saturday and Chandon Ladies Day. <b>5.00</b> Seven News At 5. <b>5.30</b> Creek To Coast. A look at the latest in outdoor activities.</p> <p><b>6.00</b> Seven News. <b>7.00</b> Border Patrol. (PGa) Follows New Zealand border officials. <b>7.30</b> <b>MOVIE:</b> RED. (2010, Mlv, R) After a retired CIA agent is attacked by a hit squad, he reassembles his old team to uncover his enemy's identity. Bruce Willis, Mary-Louise Parker. <b>9.45</b> <b>MOVIE:</b> The Hangover. (2009, MA15+Ins, R) Three friends wake up after a buck's night and realise the groom is missing. Bradley Cooper, Ed Helms, Zach Galifianakis. <b>12.00</b> Motor Racing. Supercars Championship. Round 1. Newcastle 500. Day 1. Highlights. <b>1.00</b> Mighty Ships: MSC Oscar. (PG, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> Get Arty. (R) <b>5.00</b> House Of Wellness. (PGa, R)</p> <p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>Noon</b> Escape To The Country. <b>1.00</b> House Of Wellness. <b>2.00</b> Escape To The Country. <b>4.00</b> The Hotel Inspector. <b>5.00</b> Border Security USA. <b>5.30</b> Britain's Busiest Airport: Heathrow. <b>6.00</b> Dog Patrol. <b>6.30</b> The Highland Vet. <b>7.30</b> The Yorkshire Vet. <b>8.30</b> Escape To The Country. <b>9.30</b> I Escaped To The Country. <b>10.30</b> Vintage Roads: Great And Small. <b>11.30</b> Late Programs.</p> <p><b>7MATE (74)</b> <b>6am</b> Morning Programs. <b>2.30pm</b> Motor Racing. Supercars Championship. Round 1. Newcastle 500. Day 1. Pre-race and Race 1. <b>4.30</b> Rides Down Under: Workshop Wars. <b>5.30</b> Storage Wars. <b>6.00</b> Pawn Stars. <b>6.30</b> Building Giants. <b>7.30</b> Air Crash Investigations. <b>8.30</b> Air Crash Investigations: The Accident Files. <b>9.30</b> Disasters At Sea. <b>10.30</b> Mighty Trains. <b>11.30</b> Late Programs.</p>	<p><b>NINE (8, 9)</b> <b>6.00</b> Getaway. (PG, R) <b>6.30</b> A Current Affair. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Today Extra: Saturday. (PG) <b>12.00</b> Destination WA. (PG) <b>12.30</b> The Pet Rescuers. (PG) <b>1.00</b> Living Proof. (Premiere) <b>1.30</b> My Way. (PG, R) <b>2.00</b> <b>MOVIE:</b> Emma. (2020, PGan) Anya Taylor-Joy, Johnny Flynn, Bill Nighy. <b>4.30</b> Explore TV. <b>5.00</b> News: First At Five. <b>5.30</b> Getaway. (PG)</p> <p><b>6.00</b> Nine News Saturday. <b>7.00</b> A Current Affair. <b>7.30</b> Space Invaders. (PGa) The team transforms a cluttered home. <b>8.30</b> <b>MOVIE:</b> Sully. (2016, Mal, R) After a pilot makes an emergency landing onto the Hudson River, his actions come under investigation. Tom Hanks, Aaron Eckhart, Laura Linney. <b>10.30</b> <b>MOVIE:</b> The Founder. (2016, MI, R) A salesman starts a chain restaurant. Michael Keaton. <b>12.35</b> From Hell: Caught On Camera: Holidays From Hell. (Premiere, MI) <b>1.30</b> The Pet Rescuers. (PG, R) <b>2.00</b> The Incredible Journey Presents. (PGa) <b>2.30</b> TV Shop: Home Shopping. (R) <b>4.30</b> Global Shop. (R) <b>5.00</b> TV Shop: Home Shopping. (R) <b>5.30</b> Skippy The Bush Kangaroo. (R)</p> <p><b>9GEM (81, 92)</b> <b>6am</b> Morning Programs. <b>8.30</b> TV Shop. <b>10.00</b> Explore. <b>10.10</b> <b>MOVIE:</b> Carry On Sergeant. (1958) <b>11.50</b> <b>MOVIE:</b> The Floating Dutchman. (1952, PG) <b>1.25pm</b> <b>MOVIE:</b> Agatha Christie's Evil Under The Sun. (1982, PG) <b>3.50</b> <b>MOVIE:</b> Geronimo. (1962, PG) <b>6.00</b> Rugby Union. Super Rugby Pacific. Round 3. Brumbies v Reds. <b>8.30</b> Super Rugby Pacific Post-Match. <b>8.45</b> <b>MOVIE:</b> Get Shorty. (1995, MA15+) <b>10.55</b> Late Programs.</p> <p><b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>1.30pm</b> <b>MOVIE:</b> Pokémon Ranger And The Temple Of The Sea. (2006) <b>3.40</b> Motor Racing. IndyCar Series. Grand Prix of St Petersburg. H'lights. <b>4.40</b> About A Boy. <b>5.10</b> <b>MOVIE:</b> Bill &amp; Ted's Bogus Journey. (1991, PG) <b>7.00</b> <b>MOVIE:</b> Back To The Future Part III. (1990, PG) <b>9.20</b> <b>MOVIE:</b> Law Abiding Citizen. (2009, MA15+) <b>11.30</b> <b>MOVIE:</b> Rough Night. (2017, MA15+) <b>1.25am</b> Late Programs.</p>	<p><b>TEN (5, 1)</b> <b>6.00</b> Morning Programs. <b>7.30</b> Escape Fishing. (R) <b>8.00</b> Exploring Off The Grid. (R) <b>8.30</b> What's Up Down Under. (R) <b>9.30</b> GCBC. (R) <b>10.00</b> St10. (PG) <b>12.00</b> To Be Advised. <b>1.00</b> 4x4 Adventures. (R) <b>2.00</b> All 4 Adventure. (PGL, R) <b>3.00</b> What's Up Down Under. <b>3.30</b> Roads Less Travelled. (R) <b>4.00</b> Farm To Fork. (R) <b>4.30</b> Taste Of Australia: BBQ Special. <b>5.00</b> News.</p> <p><b>6.00</b> Bondi Rescue. (PGal, R) Visitors are barred from the beach. <b>6.30</b> To Be Advised. <b>7.30</b> Blue Bloods. (Ma) Eddie's captain takes interest in her. <b>8.30</b> CSI: Vegas. (Mv) When the bodies of two Regency Romantic Festival attendees are discovered, the CSI team uncovers a shocking link between their murders and previous cases. <b>9.30</b> FBI: International. (Mav) The team attempts to hunt down a sniper responsible for killing an American during an attack. <b>10.30</b> NCIS. (Mav, R) An old pal of Torres' comes to him. <b>11.30</b> NCIS: Hawai'i. (Mav, R) <b>12.30</b> Bull. (Ma, R) <b>1.30</b> Home Shopping. (R) <b>3.30</b> Infomercials. (PG, R) <b>5.00</b> Hour Of Power.</p> <p><b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> The King Of Queens. <b>8.00</b> Frasier. <b>9.00</b> Becker. <b>10.00</b> Friends. <b>11.30</b> The King Of Queens. <b>12.30pm</b> Frasier. <b>1.00</b> The Middle. <b>1.50</b> Australian Survivor. <b>6.00</b> The Big Bang Theory. <b>10.15</b> Friends. <b>12.15am</b> Home Shopping. <b>1.15</b> Infomercials. <b>1.45</b> The Late Show With Stephen Colbert. <b>2.45</b> Mom. <b>3.35</b> Charmed. <b>4.30</b> Home Shopping.</p> <p><b>10 BOLD (53, 12)</b> <b>6am</b> Morning Programs. <b>8.30</b> Shopping. <b>9.00</b> Tough Tested. <b>10.00</b> ST: Next Gen. <b>11.00</b> MacGyver. <b>Noon</b> Escape Fishing. <b>12.30</b> Exploring Off The Grid. <b>1.00</b> 4x4 Adventures. <b>2.00</b> A-Leagues All Access. <b>2.30</b> Beyond The Fire. <b>3.00</b> JAG. <b>4.00</b> Scorpion. <b>5.00</b> Escape Fishing. <b>5.30</b> Reel Action. <b>6.00</b> Soccer. A-League Men. Matchweek 20. Newcastle Jets v Adelaide United. <b>9.15</b> JAG. <b>10.15</b> MacGyver. <b>11.10</b> Late Programs.</p>
<div>Have something to celebrate?</div> <div>Place a Birthday, Wedding, Baby, Congratulations, Memorial notice with us.</div> <div>Phone 1300 666 808</div> <div>sales@networkclassifieds.com.au</div>				

Sunday, March 12

<p><b>ABC TV (2)</b> <b>6.00</b> Rage. (PG) <b>7.00</b> Weekend Breakfast. <b>9.00</b> Insiders. <b>10.00</b> Offsiders. <b>10.30</b> World This Week. (R) <b>11.00</b> Compass. (PG, R) <b>11.30</b> Praise. (R) <b>12.00</b> News. <b>12.30</b> Landline. <b>1.30</b> Going Places. (PG) <b>2.30</b> The Larkins. (PG, R) <b>3.15</b> Griff's Canadian Adventure. (R) <b>4.10</b> Grand Designs: The Streets. (PG, R) <b>5.00</b> Art Works. (Return) <b>5.30</b> Nick Cave And Warren Ellis At Hanging Rock. (PG, R)</p> <p><b>6.00</b> Antiques Roadshow. Hosted by Fiona Bruce. <b>7.00</b> ABC News. Takes a look at today's top stories. <b>7.30</b> Death In Paradise. (PGa) A young pop star is found dead. <b>8.30</b> Vera. (Ma) Part 4 of 4. Vera is drawn into a mystery that brings her closer to her estranged family than she would like. <b>10.05</b> Queerstralia: Gender And Identity. (Malns, R) Part 2 of 3. <b>11.00</b> Finding Alice. (MI, R) Meeting George leaves Alice shaken. <b>11.50</b> Last Tango In Halifax. (MI, R) <b>12.50</b> Parkinson In Australia. (PG, R) <b>1.50</b> Rage. (MA15+adhlnsv) <b>3.15</b> Last Tango In Halifax. (MI, R) <b>4.15</b> The Recording Studio. (PG, R) <b>5.00</b> Insiders. (R)</p> <p><b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.05pm</b> Grace's Amazing Machines. <b>7.20</b> Bluey. <b>7.30</b> Spicks And Specks. <b>8.00</b> You Can't Ask That. <b>8.35</b> Louis Theroux's Forbidden America. <b>9.35</b> Louis Theroux: Louis And The Nazis. <b>10.35</b> Micro Monsters. <b>11.30</b> Long Lost Family. <b>12.15am</b> George Clarke's Amazing Spaces. <b>1.00</b> ABC News Update. <b>1.05</b> Close. <b>5.05</b> Tik Tak. <b>5.10</b> Guess How Much I Love You. <b>5.20</b> Late Programs.</p> <p><b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.40pm</b> Football. NTFL. Men's. Under 18s. <b>3.00</b> Football. NTFL. Men's. Under 18s. <b>4.15</b> Feeding The Scrum. <b>6.00</b> Stories From The Land. <b>6.30</b> News. <b>6.40</b> Wild Mexico. <b>7.40</b> BLK: An Origin Story. <b>8.30</b> The Lake Of Scars. <b>10.15</b> <b>MOVIE:</b> Edge Of The Knife. (2018, MA15+) <b>Midnight</b> Late Programs.</p>	<p><b>SBS (3)</b> <b>6.00</b> Morning Programs. <b>11.00</b> Outside: Beyond The Lens. (PG) <b>12.00</b> WorldWatch. <b>1.00</b> Speedweek. <b>3.00</b> Motorcycle Racing. FIM Superbike World Championship. Round 1. Highlights. <b>4.00</b> Motorcycle Racing. FIM Superbike World Championship. Round 2. Highlights. <b>5.00</b> Cycling. Crocodile Trophy 2022. Highlights. <b>5.30</b> The Abyss: The Rise And Fall Of The Nazis. (PG)</p> <p><b>6.30</b> SBS World News. <b>7.30</b> Bettany Hughes: Treasures Of Albania. (PG) Bettany Hughes explores Albania. <b>8.30</b> What Killed The Roman Empire? (PGan, R) Experts explore the collapse of the Roman Empire and the role played by climate change and three pandemics. <b>10.00</b> Castles: Secrets, Mysteries And Legends: Portugal. (PGav, R) Part 4 of 4. <b>11.05</b> Cycling. UCI World Tour. Paris-Nice Race. Final stage. <b>1.05</b> 24 Hours In Emergency. (Ma, R) <b>2.55</b> Why We Hate. (Mav, R) <b>3.40</b> The Source. (MA15+a, R) <b>4.35</b> Bamay. (R) <b>5.00</b> NHK World English News Morning. <b>5.15</b> France 24 Feature. <b>5.30</b> Al Jazeera News.</p> <p><b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>9.30</b> Shortland St. <b>11.00</b> The Movie Show. <b>Noon</b> Eurovision Top 40 Controversies. <b>2.00</b> Gone Fishing With Mortimer &amp; Whitehouse. <b>2.35</b> E-Sports Revolution. <b>3.35</b> WorldWatch. <b>4.00</b> Child Genius. <b>5.05</b> Mastermind Aust. <b>7.35</b> Abandoned Engineering. <b>8.30</b> AK47: The Legend Behind The Gun. <b>9.30</b> Tales From The Territories. <b>10.25</b> Late Programs.</p> <p><b>SBS WORLD MOVIES (32)</b> <b>6am</b> Traffic. Continued. (1971, French) <b>7.20</b> Dan In Real Life. (2007, PG) <b>9.10</b> Coco Avant Chanel. (2009, PG, French) <b>11.15</b> Silver Linings Playbook. (2012, M) <b>1.30pm</b> Thirteen Days. (2000, PG) <b>4.10</b> Complicity. (2018, PG, Japanese) <b>6.20</b> What's Eating Gilbert Grape. (1993, PG) <b>8.30</b> Capote. (2005, M) <b>10.35</b> American Pastoral. (2016, M) <b>12.35am</b> Only The Animals. (2019, M, French) <b>2.45</b> Late Programs.</p>	<p><b>SEVEN (7)</b> <b>6.00</b> NBC Today. <b>7.00</b> Weekend Sunrise. <b>10.00</b> Morning Show. (PG) <b>11.00</b> Seven's Motorsport Classic. <b>11.30</b> Motor Racing. Supercars C'ship. Round 1. Newcastle 500. Day 2. Qualifying and support races. <b>2.30</b> Motor Racing. Supercars C'ship. Round 1. Newcastle 500. Day 2. Pre-race and race 2. <b>4.30</b> Border Security. (PG, R) <b>5.00</b> News. <b>5.30</b> Weekender.</p> <p><b>6.00</b> Seven News. <b>7.00</b> Australian Idol. (PGI) Hosted by Ricki-Lee and Scott Tweedie. <b>8.45</b> Ed Sheeran V Adele. (Md) A head-to-head look at the work of English singer-songwriters Ed Sheeran and Adele. <b>9.45</b> Manhunt: Predator Couples. (MA15+av, R) A young married couple go missing. <b>10.45</b> Born To Kill? Colin Ireland. (MA15+a) <b>11.45</b> Motor Racing. Supercars Championship. Round 1. Newcastle 500. Day 2. Highlights. <b>12.45</b> Dr Harry's Animal Encounters. (PG, R) <b>2.00</b> Home Shopping. (R) <b>3.30</b> Million Dollar Minute. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.</p> <p><b>7TWO (72)</b> <b>6am</b> Morning Programs. <b>1pm</b> The Yorkshire Vet. <b>2.00</b> South Aussie With Cosi. <b>2.30</b> Sean's Kitchen. <b>3.00</b> The Great Australian Doorstep. <b>3.30</b> Animal SOS Australia. <b>4.00</b> Vintage Roads: Great And Small. <b>5.00</b> Escape To The Country. <b>6.00</b> Border Security USA. <b>6.30</b> Border Patrol. <b>7.00</b> Border Security. <b>8.30</b> Heathrow. <b>9.30</b> Chris Tarrant's Extreme Railways. <b>10.30</b> Late Programs.</p> <p><b>7MATE (74)</b> <b>6am</b> Morning Programs. <b>9.00</b> Shopping. <b>10.00</b> Air Crash Investigations. <b>11.00</b> Air Crash Investigations: The Accident Files. <b>Noon</b> The Fishing Show By AFN. <b>1.00</b> Hook, Line And Sinker. <b>2.00</b> Fish'n Mates. <b>2.30</b> Step Outside. <b>3.00</b> Fishing Addiction. <b>4.00</b> <b>MOVIE:</b> Superman IV: The Quest For Peace. (1987, PG) <b>6.00</b> <b>MOVIE:</b> The Karate Kid. (1984, PG) <b>8.40</b> <b>MOVIE:</b> The Equalizer 2. (2018, MA15+) <b>11.10</b> Late Programs.</p>	<p><b>NINE (8, 9)</b> <b>6.00</b> Drive TV. (R) <b>6.30</b> A Current Affair. (R) <b>7.00</b> Weekend Today. <b>10.00</b> Sports Sunday. (PG) <b>11.00</b> NRL Sunday Footy Show. (PG) <b>1.00</b> Drive TV. <b>1.30</b> Arctic Vets. (PGm, R) <b>2.00</b> Rugby League. NRL. Round 2. Wests Tigers v Newcastle Knights. <b>5.00</b> News: First At Five. <b>5.30</b> My Way.</p> <p><b>6.00</b> Nine News Sunday. <b>7.00</b> Married At First Sight. (PGIs) <b>8.40</b> 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians. <b>9.40</b> Nine News Late. A look at the latest news and events. <b>10.10</b> Australian Crime Stories: Attack On Police HQ. (Malv, R) A look at the Russell Street bombing. <b>11.10</b> The First 48: Runner Runner. (Ma) <b>12.00</b> Law &amp; Order: Organized Crime. (MA15+dv, R) <b>12.50</b> 9Honey Hacks. (PG) <b>1.00</b> Explore TV. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> Take Two. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.</p> <p><b>9GEM (81, 92)</b> <b>6am</b> Morning Programs. <b>7.30</b> In Touch. <b>8.00</b> Beyond Today. <b>8.30</b> The Incredible Journey. <b>9.00</b> TV Shop. <b>10.00</b> Explore. <b>10.15</b> Getaway. <b>10.45</b> <b>MOVIE:</b> The Cracksmen. (1963) <b>1pm</b> <b>MOVIE:</b> Poison Pen. (1939, PG) <b>2.35</b> <b>MOVIE:</b> So Little Time. (1952, PG) <b>4.25</b> <b>MOVIE:</b> The War Wagon. (1967, PG) <b>6.30</b> Desert Vet. <b>7.30</b> David Attenborough's A Perfect Planet. <b>8.40</b> <b>MOVIE:</b> The Gauntlet. (1977, MA15+) <b>10.55</b> Late Programs.</p> <p><b>9GO! (82, 93)</b> <b>6am</b> Children's Programs. <b>7.30</b> <b>MOVIE:</b> Maya The Bee: The Honey Games. (2018, C) <b>9.00</b> Children's Programs. <b>1.30pm</b> Galavant. <b>2.00</b> Hollywood Medium. <b>3.00</b> I Can See Your Voice. <b>5.00</b> Children's Programs. <b>5.15</b> <b>MOVIE:</b> Bean. (1997, PG) <b>7.00</b> <b>MOVIE:</b> Johnny English. (2003, PG) <b>8.45</b> <b>MOVIE:</b> John Wick. (2014, MA15+) <b>10.45</b> <b>MOVIE:</b> Baby Driver. (2017, MA15+) <b>1am</b> Late Programs.</p>	<p><b>TEN (5, 1)</b> <b>6.00</b> Morning Programs. <b>7.30</b> Tomorrow's World. (PGa, R) <b>8.00</b> Everyday Gourmet. (R) <b>8.30</b> Freshly Picked. (R) <b>9.00</b> GCBC. (R) <b>9.30</b> Destination Dessert. (R) <b>10.00</b> St10. (PG) <b>12.00</b> Australian Survivor. (R) <b>1.30</b> Bondi Rescue. (PGal, R) <b>2.00</b> Luxury Escapes. (R) <b>2.30</b> My Market Kitchen. (R) <b>3.00</b> 4x4 Adventures. (R) <b>4.00</b> Farm To Fork. (R) <b>4.30</b> Taste Of Aust. (R) <b>5.00</b> News.</p> <p><b>6.30</b> The Sunday Project. A look at the day's news. <b>7.30</b> Australian Survivor. A Reward Challenge where the winner gets an overnight stay and a feast in the Survivor Spa has everyone salivating. <b>9.00</b> NCIS: Hawai'i. (Mv) After a close call at a meth lab explosion, the NCIS team learns Kai is being targeted by his old friend-turned-criminal and must take him down. Lucy gets her first big case aboard an aircraft carrier. <b>10.00</b> FBI. (Mv, R) The team investigates jewellery store robberies. <b>11.00</b> The Sunday Project. (R) A look at the day's news. <b>12.00</b> Home Shopping. (R) <b>3.30</b> Infomercials. (PG, R) <b>4.30</b> CBS Mornings.</p> <p><b>10 PEACH (52, 11)</b> <b>6am</b> Friends. <b>7.30</b> The Neighborhood. <b>9.30</b> The Big Bang Theory. <b>Noon</b> Friends. <b>3.30</b> The Middle. <b>5.00</b> The Neighborhood. <b>6.00</b> The Big Bang Theory. <b>9.00</b> Friends. <b>Midnight</b> Home Shopping. <b>12.30</b> Infomercials. <b>1.00</b> Home Shopping. <b>1.30</b> <b>MOVIE:</b> The Dukes Of Hazzard. (2005, M) <b>3.35</b> The Neighborhood. <b>4.30</b> Home Shopping.</p> <p><b>10 BOLD (53, 12)</b> <b>6am</b> Morning Programs. <b>7.30</b> Key Of David. <b>8.00</b> Tough Tested. <b>9.00</b> 4x4 Adventures. <b>10.00</b> Reel Action. <b>11.00</b> Australia By Design: Architecture. <b>11.30</b> Exploring Off The Grid. <b>Noon</b> JAG. <b>1.00</b> What's Up Down Under. <b>1.30</b> Soccer. A-League Men. Matchweek 20. Melbourne City v Brisbane Roar. <b>4.30</b> Beyond The Fire. <b>5.30</b> JAG. <b>7.30</b> NCIS. <b>10.20</b> <b>MOVIE:</b> In Like Flynn. (2018, MA15+) <b>12.20am</b> Late Programs.</p>
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<b>ABC TV (2)</b> <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Landline. (R) <b>11.00</b> Antiques Roadshow. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Under The Vines. (PG, R) <b>1.45</b> Grantchester. (PG, R) <b>2.30</b> Back Roads. (R) <b>3.00</b> Gardening Australia. (R) <b>4.00</b> Antiques Roadshow. (R) <b>5.00</b> Anh's Brush With Fame. (PG, R) <b>5.25</b> Hard Quiz. (PG, R)	<b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.00</b> Home Of The Year: Scotland. (PG) <b>10.05</b> Fantastical Factory Of Curious Craft. (PG, R) <b>11.05</b> Being Beethoven. (PG) <b>12.05</b> WorldWatch. <b>2.00</b> Cornwall With Simon Reeve. (PGa, R) <b>3.10</b> Mastermind Australia. (R) <b>3.40</b> The Cook Up With Adam Liaw. (PG, R) <b>4.15</b> The Architecture The Railways Built. (R) <b>5.05</b> Jeopardy! (PG, R) <b>5.30</b> Letters And Numbers. (R)	<b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.00</b> The 95th Annual Academy Awards. (PG) <b>2.00</b> Surveillance Oz. (PGans, R) <b>2.30</b> Border Security: America's Front Line. (PG, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.	<b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (PGIs, R) <b>1.30</b> Explore TV. (R) <b>2.00</b> Pointless. (PG, R) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.	<b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGa) <b>7.00</b> Farm To Fork. (PG, R) <b>7.30</b> GCBC. (R) <b>8.00</b> Everyday Gourmet. (R) <b>8.30</b> Ent. Tonight. (R) <b>9.00</b> Judge Judy. (PG, R) <b>9.30</b> Bold. (PG, R) <b>10.00</b> Studio 10. (PG) <b>12.00</b> 10 News First: Midday. <b>1.00</b> Dr Phil. (PGa) <b>2.00</b> Australian Survivor. (R) <b>3.30</b> Judge Judy. (PG, R) <b>4.00</b> Freshly Picked With Simon Toohy. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.
<b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30 7.30.</b> Presented by Sarah Ferguson. <b>8.00</b> Australian Story. Presented by Leigh Sales. <b>8.30</b> Four Corners. Investigative journalism program exposing scandals, triggering inquiries, firing debate and confronting taboos. <b>9.15</b> Media Watch. (PG) Hosted by Paul Barry. <b>9.35 Q+A.</b> Public affairs program. <b>10.35</b> China Tonight. (R) <b>11.10</b> ABC Late News. <b>11.25</b> The Business. (R) <b>11.40</b> Vera. (Ma, R) <b>1.10</b> Zoe Coombs Marr: Bossy Bottom. (MA15+Is, R) <b>2.15</b> Father Brown. (PG, R) <b>3.00</b> Rage. (MA15+adhlNsv) <b>3.30</b> Antiques Roadshow. (R) <b>4.30</b> The Drum. (R) <b>5.30</b> 7.30. (R)	<b>6.00</b> Mastermind Australia. (PG) Presented by Marc Fennell. <b>6.30</b> SBS World News. <b>7.35</b> Britain By Beach: The North-West. (PG) Part 1 of 4. <b>8.30</b> South Korea With Alexander Armstrong. (PG) Part 2 of 3. Alexander Armstrong continues his exploration of South Korea's capital Seoul. <b>9.25</b> 24 Hours In Emergency: Ready For Anything. (Mal, R) A compilation of stories from King's College and St George's focusing on staff caring for a variety of patients. <b>10.25</b> SBS World News Late. <b>10.55</b> Infiniti. (MA15+av) <b>11.50</b> Red Election. (Malv, R) <b>4.20</b> Mastermind Australia. (R) <b>4.55</b> Destination Flavour: Singapore Bitesize. (R) <b>5.00</b> NHK World English News Morning. <b>5.30</b> ANC Philippines The World Tonight.	<b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PGa) <b>7.30</b> Australian Idol. (PGI) As the competition continues, the results of the live performances are revealed. <b>8.45</b> The 95th Annual Academy Awards. (PG, R) A ceremony honouring achievements in filmmaking over the past year, from the Dolby Theatre in Los Angeles. <b>11.45</b> How To Look Good Naked. (Malns, R) <b>12.45</b> Kochie's Business Builders. (R) <b>1.15</b> Emergency Call. (PGa, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.	<b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. (Mals) It's Partner Swap Week. <b>9.00</b> Big Miracles. (Malm) Follows 10 Australian couples and singles on their journey to becoming parents with the help of IVF. <b>10.00</b> Nine News Late. A look at the latest news and events. <b>10.30</b> 100% Footy. (M) <b>11.20</b> The Equalizer. (MA15+v, R) <b>12.10</b> Untold Crime Stories: The Murder Of James Bulger. (MA15+a) <b>1.00</b> Hello SA. (PG) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.	<b>6.30</b> The Project. A look at the day's news and events. <b>7.30</b> Australian Survivor. Presented by Jonathan LaPaglia. <b>8.30</b> Would I Lie To You? Australia. (MIs) Two teams, including Peter Rowsthorn, Tommy Little, Geraldine Hickey and Myf Warhurst, go head-to-head. <b>9.30</b> Ghosts. (PGIs) Sam and Jay help Thorfinn create a perfect first date. Hetty feels slighted by the ghosts' new housemate, Nigel. <b>10.00</b> The Montreal Comedy Festival. (R) Stand-up performances from comedians. <b>11.00</b> FBI: Most Wanted. (Mdv, R) <b>12.00</b> The Project. (R) <b>1.00</b> The Late Show With Stephen Colbert. (PG) <b>2.00</b> Home Shopping. (R) <b>4.30</b> CBS Mornings.
<b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.05pm</b> Grace's Amazing Machines. <b>7.20</b> Bluey. <b>7.30</b> Spicks And Specks. <b>8.00</b> David Attenborough's Micro Monsters. (Final) <b>8.55</b> George Clarke's Amazing Spaces. <b>9.40</b> Long Lost Family. (Final) <b>10.30</b> Micro Monsters. <b>11.20</b> Adam Hills: The Last Leg. <b>12.05am</b> Louis Theroux's Forbidden America. <b>1.05</b> Black Mirror. <b>2.00</b> ABC News Update. <b>2.05</b> Close. <b>5.05</b> Late Programs.	<b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>9.30</b> Shortland St. <b>11.00</b> The Movie Show. <b>Noon</b> VICE. <b>12.35</b> Curse Of Oak Island. <b>2.55</b> Insight. <b>3.55</b> WorldWatch. <b>5.15</b> Takeshi's Castle. <b>5.45</b> Joy Of Painting. <b>6.15</b> Forged In Fire. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Taskmaster. <b>10.20</b> Am I Being Unreasonable? (Premiere) <b>11.30</b> How French Women Like It. <b>12.35am</b> I Was A Teenage Felon. <b>1.25</b> South Park. <b>1.55</b> Late Programs.	<b>7TWO (72)</b> <b>6am</b> Shopping. <b>6.30</b> The Great Australian Doorstep. <b>7.00</b> My Greek Odyssey. <b>8.00</b> Shopping. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>10.30</b> Better Homes. <b>1pm</b> Business Builders. <b>1.30</b> Dog Patrol. <b>2.00</b> Weekender. <b>2.30</b> Million Dollar Minute. <b>3.30</b> The Zoo. <b>4.00</b> Animal Rescue. <b>4.30</b> Better Homes. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Doc Martin. <b>8.30</b> Inspector Morse. <b>10.50</b> Late Programs.	<b>9GEM (81, 92)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>9.30</b> Newstyle Direct. <b>10.00</b> Danoz. <b>10.30</b> Pointless. <b>11.30</b> Living Proof. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> Explore. <b>1.55</b> Desert Vet. <b>2.55</b> Antiques Roadshow. <b>3.25</b> MOVIE: One Million Years B.C. (1966, PG) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> Death In Paradise. <b>8.40</b> Agatha Christie's Partners In Crime. <b>9.50</b> Coroner. <b>10.50</b> Late Programs.	<b>10 PEACH (52, 11)</b> <b>6am</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Friends. <b>1pm</b> The Neighborhood. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Seinfeld. <b>11.00</b> Frasier. <b>Midnight</b> Home Shopping. <b>12.30</b> Infomercials. <b>1.00</b> Home Shopping. <b>1.30</b> Becker. <b>2.30</b> The Late Late Show With James Corden. <b>3.30</b> The King Of Queens. <b>4.30</b> Home Shopping.
<b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.35pm</b> Stories From The Land. <b>2.00</b> Shortland St. <b>2.30</b> The Cook Up. <b>3.00</b> Jarjums. <b>3.55</b> Tales Of The Moana. <b>4.00</b> Jarjums. <b>5.00</b> Our Stories. <b>5.30</b> APTN National News. <b>6.00</b> Bamay. <b>6.40</b> News. <b>6.50</b> Coastal Africa. <b>7.40</b> Who Killed Malcolm X. <b>8.30</b> Karla Grant Presents. <b>9.00</b> Policing The Police. <b>10.00</b> MOVIE: Dead Man Walking. (1995, MA15+) <b>12.</b>				

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<b>ABC TV (2)</b> <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Foreign Correspondent. (R) <b>10.30</b> Everyone's A Critic. (PG, R) <b>11.00</b> Monty Don's French Gardens. (R) <b>12.00</b> ABC News At Noon. <b>1.00</b> Father Brown. (Mav, R) <b>1.45</b> Gruen. (Ms, R) <b>2.30</b> Back Roads. (PG, R) <b>3.00</b> Gardening Australia. (R) <b>4.00</b> Antiques Roadshow. (R) <b>5.00</b> Anh's Brush With Fame. (PG, R) <b>5.30</b> Hard Quiz. (PG, R)	<b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.00</b> Home Of The Year: Scotland. (PG) <b>10.05</b> Craig & Bruno's Great British Road Trips. (Premiere, PG) <b>11.05</b> Being Beethoven. (PG) <b>12.00</b> WorldWatch. <b>2.00</b> Cornwall With Simon Reeve. (PGa, R) <b>3.10</b> Mastermind Australia. (R) <b>3.40</b> The Cook Up With Adam Liaw. (PG, R) <b>4.15</b> The Architecture The Railways Built. (R) <b>5.05</b> Jeopardy! (R) <b>5.30</b> Letters And Numbers. (R)	<b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE:</b> You May Now Kill The Bride. (2016, Mav, R) Tammin Sursok, Ashley Newbrough, Rocky Myers. <b>2.00</b> Surveillance Oz. (PGa, R) <b>2.30</b> Border Security: America's Front Line. (PG, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.	<b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (Mals, R) <b>1.30</b> Getaway. (PG, R) <b>2.00</b> Pointless. (PG, R) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.	<b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGa) <b>7.00</b> Farm To Fork. (PG, R) <b>7.30</b> GCBC. (R) <b>8.00</b> Everyday Gourmet. (R) <b>8.30</b> Ent. Tonight. <b>9.00</b> Judge Judy. (PG, R) <b>9.30</b> Bold. (PG, R) <b>10.00</b> Studio 10. (PG) <b>12.00</b> 10 News First: Midday. <b>1.00</b> Dr Phil. (PGa) <b>2.00</b> Australian Survivor. (R) <b>3.00</b> Ent. Tonight. <b>3.30</b> Judge Judy. (PG, R) <b>4.00</b> Freshly Picked. <b>4.30</b> The Bold And The Beautiful. (PG) <b>5.00</b> 10 News First.
<b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> 7.30. Presented by Sarah Ferguson. <b>8.00</b> Back In Time For The Corner Shop: 1920s - 1940s. (PGlv) Part 2 of 5. <b>9.00</b> Queerstralia: Community And Belonging. Part 3 of 3. <b>10.00</b> Kweens Of The Queer Underground: Lesbians On The Loose. (Mans) <b>10.15</b> Catalyst: Forever Young? The Rise Of Injectables. (PG, R) <b>11.15</b> ABC Late News. <b>11.30</b> The Business. (R) <b>11.45</b> Four Corners. (R) <b>12.30</b> Media Watch. (PG, R) <b>12.50</b> Van Der Valk. (Mav, R) <b>2.20</b> Rage. (MA15+adhlmsv) <b>3.30</b> Antiques Roadshow. (R) <b>4.30</b> The Drum. (R) <b>5.30</b> 7.30. (R)	<b>6.00</b> Mastermind Australia. (PG) <b>6.30</b> SBS World News. <b>7.30</b> Who Do You Think You Are? UK: Josh Widdicombe. (PG) Josh Widdicombe explores his roots. <b>8.30</b> Insight. Kumi Taguchi takes a look at the issue of housing stress on Australians and what can be done about it. <b>9.30</b> Dateline: Breaking Up With Britain. Darren Mara heads to Jamaica. <b>10.00</b> SBS World News Late. <b>10.30</b> Great British Railway Journeys: Farnborough To Winchester. (PG, R) <b>11.05</b> Antidisturbios. (MA15+alv) <b>12.20</b> Manayek. (Mal, R) <b>2.55</b> Cacciatore: The Hunter. (Mal, R) <b>4.00</b> Mastermind Australia. (R) <b>5.00</b> NHK World English News Morning. <b>5.30</b> ANC Philippines The World Tonight.	<b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PG) <b>7.30</b> We Interrupt This Broadcast. (PG) Sketch comedy series. <b>8.30</b> The Good Doctor. (Ma) Shaun and Lea worry about what will happen to their relationship when their child is born. <b>9.30</b> Quantum Leap. (Mav) Ben lands in 1979 Chicago where he takes over the body of a devoted security guard for a talented pop singer. <b>10.30</b> The Latest: Seven News. <b>11.00</b> Police Custody USA: Killed In Cold Blood. (Malv) <b>12.00</b> <b>MOVIE:</b> Wanted. (1998, Mdlv, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.	<b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. Partner Swap Week continues. <b>9.00</b> The Hundred With Andy Lee. Andy Lee is joined by a panel of comedians and 100 Aussies to explore the fun behind the facts. <b>10.00</b> Nine News Late. A look at the latest news and events. <b>10.30</b> Botched. (MA15+mn, R) A hiker hopes to fix her nose. <b>11.20</b> La Brea. (Mv, R) <b>12.10</b> Tipping Point. (PG, R) <b>1.00</b> It's All Greek To Me. (R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.	<b>6.30</b> The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. <b>7.30</b> The Dog House Australia. (PGa) A senior snaggletooth may have found the perfect retirement home with an ex-pat professional. <b>8.40</b> NCIS. (MA15+v) In preparation for a role, an actor shadows the NCIS team as they investigate a decapitation case. <b>10.30</b> NCIS: Hawai'i. (Mv, R) Kai is targeted by an old friend. <b>11.30</b> The Project. (R) A look at the day's news and events. <b>12.30</b> The Late Show With Stephen Colbert. (PG) Late-night talk show. <b>1.30</b> Home Shopping. (R) <b>3.30</b> Infomercials. (PG, R) <b>4.30</b> CBS Mornings.
<b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>7.20pm</b> Bluey. <b>7.30</b> Spicks And Specks. <b>8.00</b> Would I Lie To You? The Unseen Bits. <b>8.30</b> To Be Advised. <b>9.15</b> Would I Lie To You? <b>9.45</b> This Time With Alan Partridge. <b>10.15</b> QI. <b>10.45</b> Friday Night Dinner. <b>11.35</b> The Young Offenders. <b>12.05am</b> High Fidelity. <b>12.35</b> Penn & Teller: Fool Us. <b>2.05</b> Whose Line Is It Anyway? <b>2.25</b> ABC News Update. <b>2.30</b> Close. <b>5.05</b> Late Programs.	<b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>9.30</b> Shortland St. <b>11.00</b> The Movie Show. <b>Noon</b> Rise Up. <b>12.55</b> Curse Of Oak Island. <b>3.15</b> WorldWatch. <b>5.15</b> Takeshi's Castle. <b>5.45</b> Joy Of Painting. <b>6.15</b> Forged In Fire. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> Travel Man's Greatest Trips. <b>9.25</b> The Machines That Built America. <b>10.20</b> The Swap. <b>11.20</b> Hoarders. <b>12.10am</b> Late Programs.	<b>7TWO (72)</b> <b>6am</b> Shopping. <b>6.30</b> Escape To The Country. <b>7.30</b> The Real Seachange. <b>8.00</b> Shopping. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Better Homes. <b>1.00</b> Escape To The Country. <b>2.00</b> Creek To Coast. <b>2.30</b> Million Dollar Minute. <b>3.30</b> The Zoo. <b>4.00</b> Animal Rescue. <b>4.30</b> Better Homes. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Call The Midwife. <b>8.45</b> The Inspector Lynley Mysteries. <b>10.45</b> Late Programs.	<b>9GEM (81, 92)</b> <b>6am</b> Morning Programs. <b>9.30</b> Newstyle Direct. <b>10.00</b> TV Shop. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> Death In Paradise. <b>3.00</b> Explore. <b>3.05</b> Antiques Roadshow. <b>3.35</b> <b>MOVIE:</b> Pink String And Sealing Wax. (1945, PG) <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> New Tricks. <b>8.40</b> The Closer. <b>9.40</b> Rizzoli & Isles. <b>10.40</b> Late Programs.	<b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> Becker. <b>8.00</b> Seinfeld. <b>9.30</b> The King Of Queens. <b>10.30</b> The Neighborhood. <b>11.30</b> Frasier. <b>12.30pm</b> Two And A Half Men. <b>1.30</b> Seinfeld. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.30</b> Mom. <b>10.20</b> Becker. <b>11.10</b> Frasier. <b>Midnight</b> Shopping. <b>12.30</b> Infomercials. <b>1.00</b> Shopping. <b>1.30</b> Late Programs.
<b>NITV (34)</b> <b>6am</b> Morning Programs. <b>2pm</b> Shortland St. <b>2.30</b> The Cook Up. <b>3.00</b> Jarjums. <b>3.55</b> Tales Of The Moana. <b>4.00</b> Jarjums. <b>4.30</b> Spartakus And The Sun Beneath The Sea. <b>5.00</b> Our Stories. <b>5.30</b> Indian Country Today News. <b>6.00&lt;/</b>				

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<b>ABC TV (2)</b> <b>6.00</b> News Breakfast. <b>9.00</b> ABC News Mornings. <b>10.00</b> Four Corners. (R) <b>10.45</b> Q+A. (R) <b>12.00</b> ABC News At Noon. <b>12.30</b> National Press Club Address. <b>1.35</b> Media Watch. (PG, R) <b>1.55</b> Short Cuts To Glory: Matt Okine Vs Food. (R) <b>2.30</b> Back Roads. (PG, R) <b>3.00</b> Gardening Australia. (Final, R) <b>4.00</b> Antiques Roadshow. (R) <b>5.00</b> Anh's Brush With Fame. (PG, R) <b>5.30</b> Hard Quiz. (PG, R)	<b>SBS (3)</b> <b>6.00</b> WorldWatch. <b>9.00</b> Home Of The Year: Scotland. (PG) <b>10.05</b> Craig & Bruno's Great British Road Trips. (PG) <b>11.05</b> Photos That Changed The World. (Premiere, PG) <b>12.00</b> WorldWatch. <b>2.00</b> Dateline. (R) <b>2.30</b> Insight. (R) <b>3.30</b> Destination Flavour China Bitesize. (R) <b>3.40</b> The Cook Up. (PG, R) <b>4.15</b> The Architecture The Railways Built. (R) <b>5.05</b> Jeopardy! (R) <b>5.30</b> Letters And Numbers. (R)	<b>SEVEN (7)</b> <b>6.00</b> Sunrise. <b>9.00</b> The Morning Show. (PG) <b>11.30</b> Seven Morning News. <b>12.00</b> <b>MOVIE:</b> Murder, She Baked: A Peach Cobbler Mystery. (2016, PGav) Alison Sweeney, Cameron Mathison. <b>2.00</b> Surveillance Oz. (PGa, R) <b>2.30</b> Border Security: International. (PG, R) <b>3.00</b> The Chase. <b>4.00</b> Seven News At 4. <b>5.00</b> The Chase Australia.	<b>NINE (8, 9)</b> <b>6.00</b> Today. <b>9.00</b> Today Extra. (PG) <b>11.30</b> Morning News. <b>12.00</b> Married At First Sight. (R) <b>1.30</b> My Way. <b>2.00</b> Pointless. (PG, R) <b>3.00</b> Tipping Point. (PG) <b>4.00</b> Afternoon News. <b>4.30</b> Millionaire Hot Seat. <b>5.30</b> WIN News.	<b>TEN (5, 1)</b> <b>6.00</b> The Talk. (PGa) <b>7.00</b> Farm To Fork. (PG, R) <b>7.30</b> GCBC. (R) <b>8.00</b> Everyday Gourmet. (R) <b>8.30</b> Ent. Tonight. (R) <b>9.00</b> Judge Judy. (PG, R) <b>9.30</b> Bold. (PG, R) <b>10.00</b> Studio 10. (PG) <b>12.00</b> 10 News First: Midday. <b>1.00</b> Dr Phil. (Mas) <b>2.00</b> Dog House Aust. (PGa, R) <b>3.00</b> Ent. Tonight. <b>3.30</b> Judge Judy. (PG, R) <b>4.00</b> Freshly Picked. <b>4.30</b> Bold. (PG) <b>5.00</b> News.
<b>6.00</b> The Drum. <b>7.00</b> ABC News. <b>7.30</b> <b>7.30</b> . Presented by Sarah Ferguson. <b>8.00</b> Hard Quiz. (PG) Presented by Tom Gleeson. <b>8.30</b> The Weekly With Charlie Pickering. (PG) A satirical news program exposing the humorous, absurd and downright hypocritical. <b>9.05</b> QI. (PG) Nish Kumar, Mark Steel and Suzi Ruffell join Sandi Toksvig for a letter T-inspired discussion. <b>9.35</b> Celia Pacquola: All Talk. (Mals, R) A performance by Celia Pacquola. <b>10.35</b> To Be Advised. <b>11.15</b> ABC Late News. <b>11.30</b> The Business. (R) <b>11.50</b> Frayed. (Mls, R) <b>12.35</b> Finding Alice. (Ml, R) <b>1.25</b> Rage. (MA15+adhlsv) <b>3.30</b> Antiques Roadshow. (R) <b>4.30</b> The Drum. (R) <b>5.30</b> <b>7.30</b> . (R)	<b>6.00</b> Mastermind Australia. (PG) Presented by Marc Fennell. <b>6.30</b> SBS World News. <b>7.30</b> Wildlife ER: Fly Free. (PG) A vet fights to save a koala. <b>8.30</b> The Swap. (M) Part 2 of 3. After three weeks hosting students and families from Brisbane's more established northside at their school, it is the ICB students and their families turn to venture over the river. <b>9.30</b> Miniseries: Mayflies. (MA15+) Part 1 of 2. A successful writer receives devastating news and a request from his best friend. <b>10.30</b> SBS World News Late. <b>11.00</b> Cargo. (MA15+alv) Riku sells his auto repair shop. <b>11.55</b> No Man's Land. (MA15+sv, R) <b>3.15</b> Mastermind Australia. (R) <b>4.15</b> Bamay. (R) <b>5.00</b> NHK World English News Morning. <b>5.30</b> ANC Philippines The World Tonight.	<b>6.00</b> Seven Local News. <b>6.30</b> Seven News. <b>7.00</b> Home And Away. (PG) <b>7.30</b> The Best Of The Russell Gilbert Show. (PGIs) Part 2 of 2. <b>8.45</b> The Front Bar. (M) Hosts Mick Molloy, Sam Pang and Andy Maher take a lighter look at all things AFL. <b>9.45</b> We Interrupt This Broadcast. (PGa, R) Sketch comedy series that parodies some of Australia's favourite TV shows. <b>10.45</b> The Latest: Seven News. <b>11.15</b> Unbelievable Moments Caught On Camera. (PGa, R) Footage of headline-grabbing moments. <b>12.15</b> Filthy Rich. (Mas, R) <b>1.15</b> Travel Oz. (PG, R) <b>2.00</b> Home Shopping. (R) <b>4.00</b> NBC Today. <b>5.00</b> Seven Early News. <b>5.30</b> Sunrise.	<b>6.00</b> Nine News. <b>7.00</b> A Current Affair. <b>7.30</b> Married At First Sight. It's time for the dinner party. <b>9.00</b> Under Investigation: Ambush. (Mav) Liz Hayes and a team of experts take a look at the 2022 Wiambilla police shootings. <b>10.00</b> Nine News Late. A look at the latest news and events. <b>10.30</b> See No Evil: Meet Me at Midnight. (Ma) <b>11.30</b> Ordinary Joe. (Mav) <b>12.20</b> Tipping Point. (PG, R) <b>1.10</b> Destination WA. (PG, R) <b>1.30</b> TV Shop: Home Shopping. (R) <b>2.30</b> Global Shop. (R) <b>3.00</b> TV Shop: Home Shopping. (R) <b>4.00</b> Believer's Voice Of Victory. (PGa) <b>4.30</b> A Current Affair. (R) <b>5.00</b> News Early Edition. <b>5.30</b> Today.	<b>6.30</b> The Project. A look at the day's news and events. <b>7.30</b> The Dog House Australia. (PGa) The staff at the Animal Welfare League helps a dog whose chew toy obsession could be its downfall. <b>8.40</b> Law & Order: SVU. (Mav) Benson heads to the Bronx SVU for answers after becoming the target of a ruthless gang leader. <b>9.40</b> Fire Country. (Mv) A delivery truck crashes into the fire station, causing a power outage and triggering a dangerous blaze. <b>10.40</b> Bull. (Mad, R) Bull needs a Christmas miracle. <b>12.30</b> The Project. (R) <b>1.30</b> The Late Show With Stephen Colbert. (PG) <b>2.30</b> Home Shopping. (R) <b>3.30</b> Infomercials. (PG, R) <b>4.30</b> CBS Mornings.
<b>ABC TV PLUS (22)</b> <b>6am</b> Children's Programs. <b>6.55pm</b> Shaun The Sheep. <b>7.05</b> Grace's Amazing Machines. <b>7.20</b> Bluey. <b>7.30</b> Spicks And Specks. <b>8.30</b> Silent Witness. <b>9.30</b> Banana. <b>9.55</b> Cucumber. <b>10.40</b> Killing Eve. <b>11.25</b> Black Mirror. <b>12.20am</b> <b>MOVIE:</b> What Just Happened. (2008, MA15+) <b>2.00</b> ABC News Update. <b>2.05</b> Close. <b>5.05</b> Tik Tak. <b>5.10</b> Guess How Much I Love You. <b>5.20</b> Pins And Nettie. <b>5.25</b> Pip And Posy. <b>5.35</b> Late Programs.	<b>SBS VICELAND (31)</b> <b>6am</b> WorldWatch. <b>9.30</b> Shortland St. <b>11.00</b> The Movie Show. <b>Noon</b> One Armed Chef. <b>12.55</b> Border To Border. <b>1.25</b> Cryptoland. <b>1.55</b> Taskmaster Norway. <b>2.50</b> The Pizza Show. <b>3.20</b> WorldWatch. <b>5.15</b> Takeshi's Castle. <b>5.45</b> Joy Of Painting. <b>6.15</b> Forged In Fire. <b>7.05</b> Jeopardy! <b>7.35</b> 8 Out Of 10 Cats Does Countdown. <b>8.30</b> RockWiz Salutes The Decades. <b>9.30</b> <b>MOVIE:</b> Molly's Game. (2017, M) <b>12.05am</b> Late Programs.	<b>7TWO (72)</b> <b>6am</b> Shopping. <b>6.30</b> Escape To The Country. <b>7.30</b> The Real Seachange. <b>8.00</b> Shopping. <b>8.30</b> Million Dollar Minute. <b>9.30</b> NBC Today. <b>Noon</b> Better Homes. <b>1.00</b> Escape To The Country. <b>2.00</b> To Be Advised. <b>2.30</b> Million Dollar Minute. <b>3.30</b> The Zoo. <b>4.00</b> Animal Rescue. <b>4.30</b> Better Homes. <b>5.30</b> Escape To The Country. <b>6.30</b> Bargain Hunt. <b>7.30</b> Heartbeat. <b>8.45</b> Foyle's War. <b>10.55</b> Late Programs.	<b>9GEM (81, 92)</b> <b>6am</b> TV Shop. <b>7.00</b> Creflo. <b>7.30</b> TV Shop. <b>10.30</b> Pointless. <b>11.30</b> My Favorite Martian. <b>Noon</b> Days Of Our Lives. <b>12.55</b> The Young And The Restless. <b>1.50</b> New Tricks. <b>3.00</b> Antiques Roadshow. <b>3.30</b> <b>MOVIE:</b> Carry On Jack. (1964, PG) <b>5.25</b> Explore. <b>5.30</b> Murder, She Wrote. <b>6.30</b> Antiques Roadshow. <b>7.30</b> As Time Goes By. <b>8.50</b> Midsomer Murders. <b>10.50</b> One Deadly Mistake. <b>11.50</b> Late Programs.	<b>10 PEACH (52, 11)</b> <b>6am</b> The Late Show With Stephen Colbert. <b>7.00</b> Becker. <b>8.00</b> Friends. <b>9.30</b> The King Of Queens. <b>10.30</b> The Neighborhood. <b>11.30</b> Frasier. <b>12.30pm</b> Two And A Half Men. <b>1.30</b> The Middle. <b>3.00</b> The King Of Queens. <b>4.00</b> Becker. <b>5.00</b> Frasier. <b>6.00</b> Friends. <b>8.00</b> The Big Bang Theory. <b>9.20</b> Two And A Half Men. <b>10.10</b> The Big Bang Theory. <b>11.00</b> Late Programs.
<b>NITV (34)</b> <b>6am</b> Morning Programs. <b>1.30pm</b> Jupurrurla: Man Of Media. <b>2.00</b> Shortland St. <b>2.30</b> The Cook Up. <b>2.45</b> Hunting Aotearoa. <b>3</b>				

**Thursday, March 16**

Friday, 10 March, 2023 **TODAY 19**



# On Demand



**LUTHER: THE FALLEN SUN**  
Streaming from Friday, Netflix

Formerly television's most compelling copper, disgraced detective John Luther (Idris Elba, pictured) continues his story in this globe-trotting feature film.

Directed by Jamie Payne, who worked on *Luther*'s fifth season, *The Fallen Sun* finds Luther behind bars – his law-bending ways having caught up with him – haunted by his failure to solve an old case and taunted by psychopath David Robey (Andy Serkis), a tech billionaire using people's insecurities against them, to deadly effect.

Determined to finish the job by any means necessary, Luther breaks out of prison and embarks on a vigilante mission to stop Robey – even if it means going against his former team and new DCI Odette Raine (Cynthia Erivo).

Long touted as a contender for the role of James Bond, *Luther* producer and star Elba confesses *The Fallen Sun* might be the closest fans ever get to seeing him as 007: "I reference *Bond* as a template for the type of film we're going for. My ambition for it is to have that sort of scale, that reverence." – **Lauren Mitchell**



**HUGH VAN CUYLENBERG G.E.M.**  
Streaming, Prime Video

Offering simple tips that can help anyone learn the power of positivity in mental health, bestselling author of *The Resilience Project* Hugh van Cuylenberg (pictured), has recorded his advice for the first time in this 90-minute special. The Melbourne-based speaker has three principles upon which happiness can be built: gratitude, empathy and mindfulness.



**RAIN DOGS**  
Streaming, Bing

Unfiltered, unconventional and unforgettable, this gritty tale created by British-Irish author Cash Carraway looks set to put all those involved on the map – particularly star Daisy May Cooper (pictured). She plays Costello, a working-class single mum desperately trying to go straight and create a better life for her 10-year-old daughter Iris (Fleur Tashjian).



**THE CONFESSIONS OF FRANNIE LANGTON**  
Streaming, BritBox

*Bridgerton* fans hungry for even more scandal should enjoy this racy Georgian-era murder mystery. The titular Frannie (Karla-Simone Spence) is a former slave working for a wealthy London couple – and engaging in a love affair with her mistress (Sophie Cookson, pictured, left with Spence) – until she finds herself arrested and on trial for their murder.



**BEYOND PARADISE**  
Streaming, Foxtel On Demand

Having followed his heart back to London in 2017, *Death in Paradise*'s DI Humphrey Goodman (Kris Marshall) is now engaged to Martha (Sally Bretton, pictured with Marshall) in this long-anticipated spinoff series. Set in the not-so-sleepy town of Shipton Abbott, Devonshire, *Beyond Paradise* sees Goodman get stuck back into the business of crime-solving.



**UNPRISONED**  
Streaming from Friday, Disney+

Inspired by the life of American author Tracy McMillan, this sweet comedy stars Kerry Washington (*Scandal*) as Paige, a therapist whose life with her teenage son is turned on its head when her dad (Delroy Lindo, pictured with Washington) gets out of prison and moves in with them. Their uneasy reunion is a goldmine for laughs and feelgood moments.



# FARM FRESH



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# Out and About

Photographer **SUZIE MCDARRA** was out and about Longreach and surrounds recently snapping locals..... were you spotted?



1



2



3



4



5



6

1: Celebrating International Women's Day this week at Longreach Home and Community Care Inc.

2: ALTS newest staff members at Longreach Aquatic Centre, are Rachael Welsh (Longreach Facility Supervisor), Michael Steep (Longreach Head Coach and Swim School Manager), and Kelly Howlett (Longreach Maintenance Supervisor). Picture: SUZIE MCDARRA

3: "Order on the court!" says Longreach Tennis Club's 2023 elected committee, Chris Smith (President), Josh Lehmann (Vice President), Charlotte Welch (Secretary), Helen Cooper (continuing Treasurer). New and existing committee members include Andy Ruzicka, Joanne Warren, Kathy Smith, Hamish Hart and Dan Prosser.

Tennis has a long history in the township, with the Club boasting 70 members when it opened with 'ant bed' courts in November 1900. Between social tennis on Tuesday nights from 6.15 pm, monthly BBQ's, private court hire, multiple tournaments and kids coaching with Michael Lloyd - 2023 is looking to be another successful year of smashing it out.

Picture: SUZIE MCDARRA

4: Longreach Home and Community Care Inc. held a small celebration this week to acknowledge the hard work of their amazing female workers.

Pictures: SUPPLIED

5: The shed doors of the Pottery Club are letting in a breeze again with newcomers to the club, Charlotte Welch (L) and Kiri Castles (R) getting their creative juices flowing with the guidance of local artist, Heather Hale - who is part of the furniture as President of the Arts and Crafts Centre.

Members can come along to the Pottery Shed at the back of the Arts and Crafts building at 111 Ibis Street, Longreach on Sundays from 3 to 6 pm and on Mondays from 9.30am to 1pm. New members should book in first by contacting Kathy MacDonald on 0408 787 572.

If pottery is not your thing, you might like to bring your art and crafts to the Centre on Saturdays from 2.30pm to 5pm where you can use the lino cutting equipment, weave away the hours on a loom, spin some wool along with a yarn, or bring your own paints and enjoy the company of other creative spirits.

Picture: SUZIE MCDARRA

6: Cody and Rachael Cook's son Harry spun a winning prize for "having the biggest smile" at his ALTS Learn to Swim lesson in Longreach last weekend.



# Gardening

Neil Fisher



Calliandra emarginata flowering in Blackall.



Wrightia Arctic Snow.



Holmskioldia Mandarin Sunrise flowering in Longreach.

## Outback autumn colour

Western Queensland is a wash of colour. Could this autumn be the most colourful we have ever had in Western Queensland?

No matter where you travel there are trees, shrubs and groundcovers in full bloom.

As well as the mass blooming Allamandas, Bougainvilleas, Crape Myrtles, Frangipanis and Ixoras there are so many plant species providing a fantastic floral display.

I would like to thank the readers of the Leader for sending me pictures of trees, plants and flowers that are growing great in their gardens.

The following is just a small sample of the unusual plants that can be seen flowering around the west.

Alyogyne huegelii is a fast growing semi-deciduous shrub palm shape leaves that are coated with fine hairs.

In spring and autumn large mauve hibiscus-like flowers are produced in mass.

These flowers attract both bird and butterfly.

Alyogyne huegelii can grow up to a height of 2m and about 1.5m wide and prefers a sunny well drained position.

Calliandra emarginata or Blushing Pixie is a low-growing shrub with a weeping habit that is suitable for most garden positions.

Blushing Pixie has emerald coloured foliage that almost goes to sleep at night.

Then during the warm months of the year, this shrub will be covered with masses of fluffy bright pink to red flowers.

These flowers will attract birds and butterflies to the garden. Blushing Pixie can easily be trimmed into small hedged.

Clerodendrum ugandense or Blue butterfly Bush is a sprawling shrub with unusual blue flowers.

The flowers sport two shades of blue and truly resemble butterflies, especially the way they flock around the plant.

The flowers of this plant are attractive to both butterflies and birds. A native of dry East Africa Clerodendrum ugandense will grow to about 2m tall.

Gaura Siskiyou Pink is a hardy hybrid of the Butterfly Bush that produces hot pink flowers.

With a long flowering period ranging from late spring to early winter.

It is a low-clumping perennial with loosely branched stems that are covered in tiny hairs.

Gaura Siskiyou Pink should grow up to .75m high and 1m wide and will tolerate a variety of soils from sandy to clay-based but grows best in well-drained, moist soils.

It can grow in hot dry conditions if well mulched and occasional deep-water during extended dry periods

Holmskioldia Mandarin Sunrise is a rambling shrub growing up to 3m high.



Leucophyllum Lavender Lights flowering in Longreach.



Clerodendrum ugandense flowering in Tambo.



Alyogyne huegelii flowering in Winton



It is commonly known as the Chinese Hat Plant due to the unusual hat or saucer-shaped flowers.

These bright yellow flowers are bird attractive and will appear in mass from early autumn to the end of winter.

It will grow in full sun or part shade positions and is tolerate of poor or sandy soils. Holmskioldia Mandarin Sunrise responds well to pruning in late winter to early spring.

Leucophyllum Lavender Lights is a small compact evergreen shrub with soft silver-green to greyish foliage.

During the warm months of the year an abundance of mauve tubular flowers will engulf this shrub.

It can grow up to 1.5 metres tall in a sunny well drained position and will respond to pruning and can also be shaped into a tight mounds or hedges.

Leucophyllum Lavender Lights is drought resistant and frost, salt and wind tolerant.

Turnera ulmifolia Morning Star is a small, dense, compact small shrub with dark green leaves that will grow to 80cm in height.

Cream buttercup-like flowers with brown centres appear in mass during the warmer months of the year.

These flowers are the size of a fifty-cent piece but last only one day. The flowers are attractive to butterflies and other nectar-loving insects.

It grows best in full sun in well-drained soil and will tolerate dry conditions.

Wrightia Arctic Snow is a beautiful compact semi-deciduous shrub with glossy green foliage.

During the warmer months, Wrightia Arctic Snow can be covered in 2.5cm pure white star-shaped fragrant flowers with yellow centres.

Growing to 1.5m high it prefers to grow in full sun and will tolerate part shade. Wrightia Arctic Snow makes a good container plant and can even be used as a hedging plant.

While many of these plants may not be available all year round in most local nurseries, they should be able to be ordered from specialist nurseries.



# Next Daisy Duke? It's a no from me!

By **Chelsea Hartwig, AgForce School to Industry Partnership Program Liaison Officer**

Everyone loves a farm girl – the fictionally desirable, naive daughter of a farmer, who marries the boy next door and settles down in the country.

As someone who grew up on a farm, it's a stereotype I've been fighting all my life.

That, and the ridiculous 'Farm Barbie' fantasy - popular with city guys who don't know any better (sorry fellas but Daisy Dukes and crop tops just aren't practical for heavy lifting).

Historically speaking, images of female farmers have tended to swing on the pendulum of wholesome to tempting.

Back in 1986, even Playboy published a tawdry 'farm girl' edition, which didn't do much for the credibility of women in agriculture.

I like to think we've come a long way since then. These days, stereotypical representations of farmers' daughters in the media are harder to find.

The public perception of agriculture and its people is changing, and women are recognised and celebrated as farmers in their own right – not judged on their appearance.

But there is still work to be done.

When I tell people I manage my family farm they often seem surprised.

I understand looks can be deceiving, but people shouldn't be judged solely on gender.

This week, as we #EmbraceEquity for International Women's Day, the focus is on gender and understanding the difference between equality and equity.

To clarify, equality means individuals are given the same resources or opportunities, while equity recognises that each person has different circumstances and allocates the exact resources and opportunities needed to reach an equal outcome.

The IWD 2023 campaign theme drives worldwide understanding of why equal opportunities aren't enough.

Fortunately, at AgForce, there are no gender barriers - women make up more than half (54 per cent) of our staff, compared to just 32 per cent in the industry as a whole.

But going forward, a focus on gender equity needs to be part of every society's DNA.

It's the only way we can stamp out unrealistic stereotypes that do nothing to forge the change we so desperately deserve.



AgForce's Chelsea Hartwig.

## Livestock language document for beef

An independent expert group, chaired by Meat & Livestock Australia (MLA), has created a new document that sets out a common language of terminology to describe livestock for the Australian beef industry.

In a first for the industry, the National Bovine Livestock Language Guidelines bring together a set of common descriptive words for beef cattle in a way that also aligns industry terminology with consumer terminology.

The development of the National Bovine Livestock Language Guidelines was initiated through recommendations provided in the Beef Language Review White Paper, published in 2017 and endorsed by the Australian cattle industry.

The document intends to define the terminology of a broad range of production topics including physical descriptions, fat score, muscle score, breed descriptions, coats and hides and many others.

## Australian Wool Innovation - Market Report

Australian wool auctions produced a largely unchanged market this week. Minor adjustments within specific sectors did occur, but the major influence in price setting this week was the AUD:USD forex rate which aided the local values by going 1.2% to the favour of AUD prices.

Nevertheless, the subsequent EMI gain of just 0.3% was underwhelming when compared with the currency advantage throughout selling.

Once again, pre-sale show floor discussions included high expectations of a very firm to dearer market. Business and enquiry was not huge in volume, but steady enough to inspire confidence. The Merino fleece prices rising a general 10/15ac clean/kg validated those predictions, but all other sectors sold in a subdued environment and to the buyer's favour for the week.

This week's sales featured the final designated super fine Merino sale of the season (in Sydney), but the offerings were very light in volume and quality of wool was not to the highest order. The few spinners and best top-making clips on offer were extremely well sought by the two major Italian operators and price premiums were large. Those exporters paid 240 to 360ac/clean kg above the general micron price guides.

The market competition was weakened temporarily this week by local logistics problems surrounding the dumping and packing of containers. Delays in delivery from wharf and hence shipment, prevent letters of credit being executed which held up funds being returned to many of the buying/exporting companies.

The auction competition was very much a week of trader-dominant price setting and purchasing. The ability to trade relatively freely across all global destinations created positive sentiment which flowed right through to the close of selling.

51,000 bales are rostered to sell this week from Tuesday through to the Thursday close.

# China's post-Covid response re-opens beef opportunities

By **Angus Gidley-Baird, Rabobank**

The recent removal of Covid restrictions in China opens opportunities for Australian exporters to tap into changes in Chinese beef consumption, Rabobank says in a newly-released report.

In its Q1 Global Beef Quarterly, the specialist agribusiness bank says "China's re-opening" will offer business opportunities for beef exporters, but also generate volatility in the global market.

The bank expects overall Chinese household consumption will rebound strongly from the low base of 2022, and, with it, demand for beef is also expected to rise, albeit slowly.

In 2022, the report said, Chinese food and beverage retail sales saw marginal growth and food service sales took a big hit, as the country's ongoing Covid restriction weighed on consumption.

"This trend is supported by the robust growth of new tech cookers and portable ovens.

We expect beef retail sales to maintain this rapid growth – supported by new retail



Rabobank senior animal protein analyst Angus Gidley-Baird says they expect a gradual increase in high-quality beef consumption from China. Picture: SUPPLIED

modes, such as O2O (online to offline) and community group-buying, though food service will remain the major channel," the report said.

Rabobank senior animal protein analyst Angus Gidley-Baird said weaker economic conditions would have some impact on Chinese beef consumption among lower-income groups, which tend to trade down.

"As consumer groups become more segmented, we see beef experiencing both trading up and trading down," Mr Gidley-Baird said.

"As such, we expect a gradual increase in high-quality beef consumption, although total consumption may increase more slowly."

For Australia, the Global Beef Quarterly said, cattle prices have levelled out after dropping in late 2022.

Mr Gidley-Baird said the Australian cattle market took a steep turn downwards in late 2022.

"Prices have been more stable since the start of this year, however, suggesting the market has found a new equilibrium," he said.

"We believe current prices are more sustainable – providing more favourable returns for feedlots and processors – and that they will continue to track around current levels for the first half of 2023."

Mr Gidley-Baird said good rainfall through Queensland in January and February will help support producer restocking activity in Australia's largest cattle-producing state and should provide support for younger cattle prices.

Production volumes are starting to show promising signs of recovery, he said, as slaughter volumes increased in late Novem-

ber and through early December to reach the highest levels in 2022.

"Slaughter numbers returned to these levels in early February after the Christmas break, suggesting that increased volumes are starting to become available," he said.

"At these higher rates – and with the potential of more cattle coming online – processing capacity could be tested.

"Limitations with labour availability continue to impact the processing sector and resolving these problems is not a short-term matter."

Mr Gidley-Baird revealed the increased production will lead to a rise in export volumes, "even though word on the street suggests that supply chains are already quite saturated with product," he said.

"The indications that US production and exports are starting to decline will be welcome news but there remain a few months when congested supply chains may cause softness in prices or build-up of stocks.

"Encouraging signs of a recovery in China are positive, but we will just have to wait to see how much additional volume China takes."



# country kitchens recipes

## Dragon Fruit Fried Rice

**Serves:** 4

**Prep time:** 20 minutes

**Cook time:** 15 minutes

**🍴 2 serves per portion**

### Ingredients:

- 1 tablespoon peanut oil
- 3 cloves garlic, minced
- 3cm piece fresh ginger, minced
- 300g chicken breast, sliced into small pieces
- 1 small brown onion, finely diced
- ½ cup corn kernels
- 1 carrot, finely diced
- 1 cup green beans, finely chopped
- ½ red capsicum, finely diced
- ½ small head broccoli, cut into small florets
- ¼ cup fresh coriander, roughly chopped
- ¼ cup sweet chilli sauce
- Black pepper, to taste
- 2 cups cooked white rice
- 1/3 cup pink dragon fruit, diced (fresh or frozen)
- ¼ cup roasted cashews

### Method:

- HEAT half the oil in large fry pan or wok over high heat.
- ADD garlic and ginger. Stir fry for a minute or so until fragrant.
- ADD chicken and stir fry until lightly browned. Remove chicken from pan and set aside.
- HEAT remaining oil in pan. Add onion, corn, carrot, beans, capsicum and broccoli and stir fry over high heat until tender, around 3-4 minutes.
- RETURN chicken with ginger and garlic back to pan. Add sweet chilli, coriander and pepper and continue to stir fry until chicken and vegetables are cooked through. Remove chicken and vegetables from pan and set aside.
- ADD rice to pan and stir fry for a couple of minutes until heated through and lightly toasted. Add dragon fruit to and toss until the rice is well coated in colour.
- RETURN the chicken and vegetables to the pan with the rice and toss to combine.
- TOP with cashews and serve immediately.

**Everyday Food**



Recipe courtesy of the Country Kitchens 2023 Product of the Year  
Recipe Collection – Dragon Fruit

**Everyday Food**



## Lamb Chop and Tomato Casserole

**Serves:** 4

**Prep time:** 15 minutes

**Cook time:** 75 minutes

**🍴 3 ½ serves per portion**

### Ingredients

- 4 lamb forequarter chops, trimmed
- 1 brown onion, halved, sliced
- 1 carrot, sliced
- 2 garlic cloves, crushed
- 1 teaspoon dried oregano
- ½ teaspoon dried rosemary
- ½ tablespoon plain flour
- 1 cup beef stock, reduced salt
- 400g can chopped tomatoes
- 400g can cannellini beans, drained, rinsed

### Method:

- PREHEAT oven to 200°C/180°C fan-forced.

- BROWN lamb chops in a large casserole dish on the stove top. Remove and place on a plate.
- ADD onion and carrot to the casserole dish and cook for 5 minutes until onion has softened.
- ADD garlic, oregano and rosemary and cook for a further minute.
- STIR in flour and add stock gradually.
- CONTINUE stirring until smooth.
- POUR in tomatoes and beans and place chops back into the dish.
- COVER with foil or a lid and bake for 50 minutes.
- REMOVE foil or lid and cook for a further 20 minutes.
- SERVE with rice or mash and your choice of steamed greens.

Recipe courtesy of the Country Kitchens team

QLD COUNTRY WOMEN'S ASSOCIATION  
**COUNTRY Kitchens**  
Recipe for good health

**health + wellbeing**  
Queensland



Empowering women through education and health is a priority for the Queensland Country Women's Association (QCWA). The QCWA Country Kitchens program, funded by the Queensland Government through Health and Wellbeing Queensland, supports Queenslanders to adopt healthier lifestyles. To find out more about the program visit <https://qcwacountrykitchens.com.au/>.

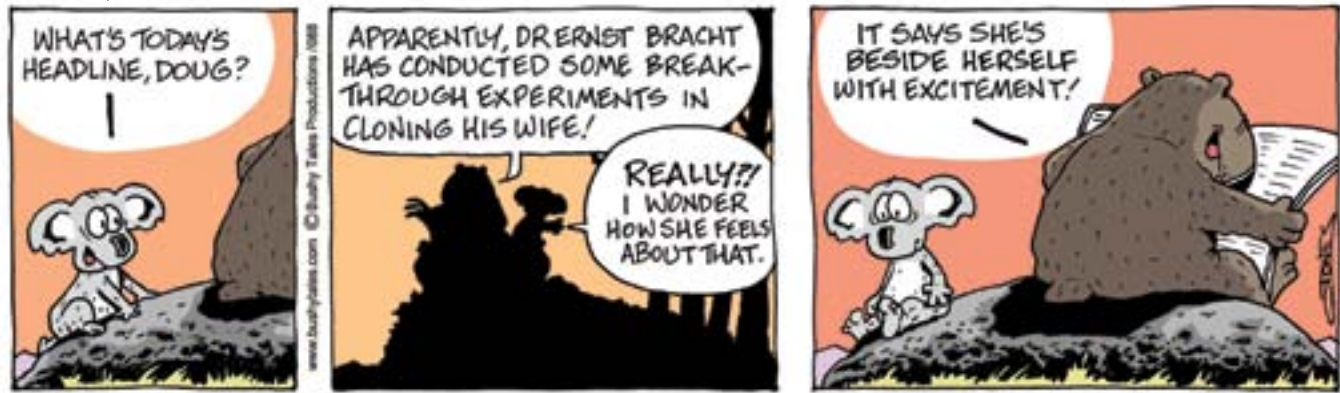


COMICS

Bottled Fruit



Bushy Tales



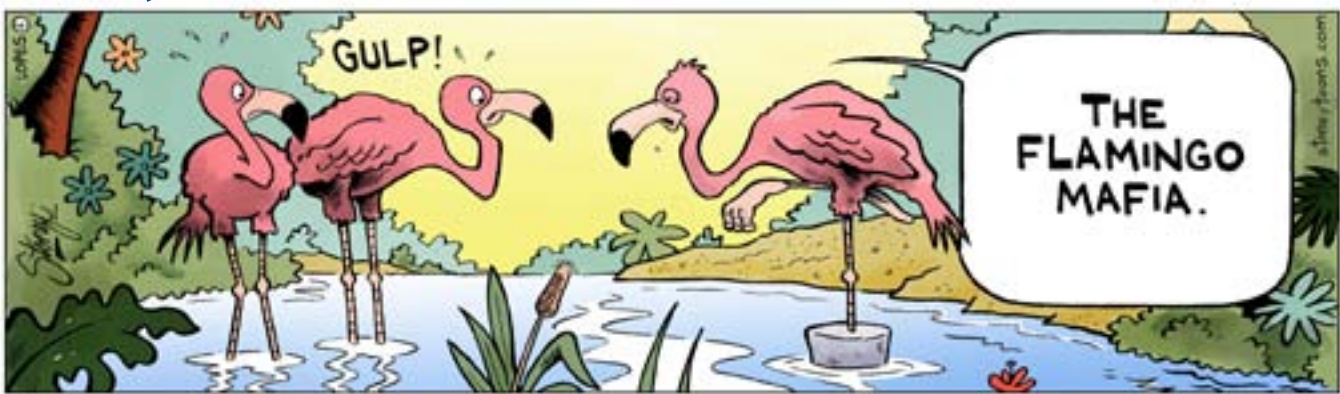
Swamp



Insert Brain Here



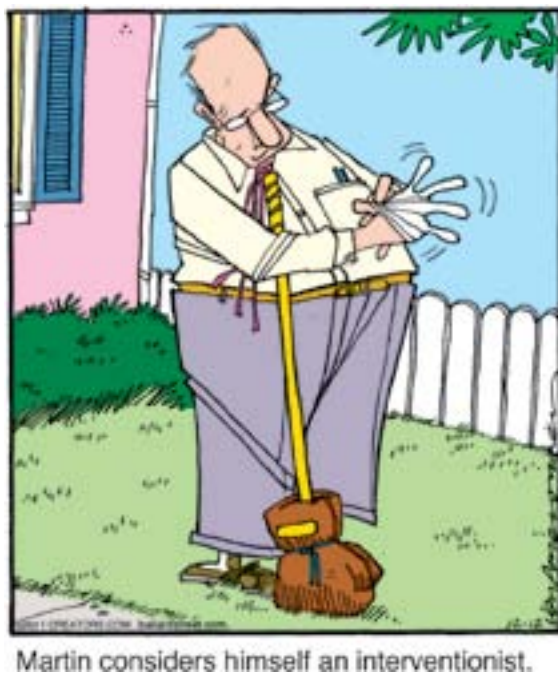
Insanity Streak



Doodley Squat



Ballard Street



WuMo



Grin Bin



Against the Grain





- 1 Who became the second-richest person in the world as of November 24?
- 2 Who was Australia's first Labour prime minister, as well as leading the world's first Labour government?
- 3 Containing the busts of past prime ministers, where in Australia is Prime Ministers Avenue?
- 4 In what year did the Victorian gold rush begin?
- 5 What is the most populous state in the US?
- 6 Who recorded *Manic Monday* in 1986?
- 7 Siddhartha Gautama is the name of which sacred figure?
- 8 Sully Prudhomme (pictured) was the first person to win which award?
- 9 Which Scandinavian capital's name means 'islet of logs'?
- 10 What is the largest species of rodent in the world?



# WEATHER

## FORECAST

### Warnings

See [www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

#### Longreach:

Cloudy. High chance of showers. The chance of a thunderstorm. Winds east to southeasterly 15 to 25 km/h becoming light during the evening. Saturday. Shower or two.

#### Isisford:

Showers. Saturday. Shower or two.

#### Barcaldine:

Showers. Saturday. Shower or two.

#### Central West District:

Cloudy. High (70%) chance of showers. The chance of a storm. Winds E/SE 20 to 30 km/h. Saturday. Partly cloudy. Medium (60%) chance of showers. The chance of a storm. Winds east to northeasterly 15 to 20 km/h tending northwest to northeasterly 15 to 25 km/h during the morning then becoming light during the afternoon.

#### Northern Goldfields & Upper Flinders District:

Cloudy. Medium (40%) chance of showers. The chance of a storm. Winds north to northeasterly 15 to 25 km/h tending north to northwesterly 15 to 20 km/h during the afternoon then becoming light during the evening.

Saturday. Partly cloudy. Slight (30%) chance of a shower. The chance of a storm. Light winds becoming northerly 15 to 25 km/h during the morning then becoming light during the evening.

#### Central Highlands & Coalfields District:

Cloudy. High (80%) chance of showers. The chance of a storm. Winds east to southeasterly 15 to 20 km/h becoming light during the evening. Saturday. Partly cloudy. High (70%) chance of showers in the south, medium (50%) chance elsewhere. The chance of a storm. Light winds.

#### Maranoa & Warrego District:

Cloudy. High (70%) chance of showers in the north, slight (30%) chance elsewhere. The chance of a storm. Light winds becoming easterly 15 to 25 km/h during the morning. Saturday. Cloudy. High (70%) chance of showers. The chance of a storm. Winds E/NE 15 to 25 km/h becoming light during the evening.

#### Queensland:

Scattered to widespread showers and isolated storms east of Mt Isa to Windorah to Toowoomba, tending to rain areas in the south. Possible heavy falls stretching in a band from the Central West, through the central interior and to the Capricornia and Wide Bay and Burnett. Scattered showers elsewhere in the southeast. Partly cloudy about the west of the state. Temperatures near or slightly above average along the tropical east coast and the far southwest, slightly below average in the southeast and well below average elsewhere in the interior and northwest.

Saturday. Scattered to widespread showers and isolated storms east of Mt Isa to Charleville and northwest of Warwick to the Sunshine Coast, tending to patchy rain in the south. Scattered showers elsewhere in the southeast. Partly cloudy about the far southwest of the state. Temperatures near or slightly above average along the tropical east coast and the far southwest, below average in the southeast and northwest, and well below average elsewhere in the interior.

## LONGREACH FORECAST



**TODAY**  
Showers.  
**28**



**TOMORROW**  
Shower or two.  
**31**



**SUNDAY**  
Shower or two.  
**30**



**MONDAY**  
Shower or two.  
**31**



Sunny



Mostly sunny



Partly cloudy



Cloudy



Chance shower



Shower or two



Showers



Light rain (drizzle)



Rain



Storm



Showers storm



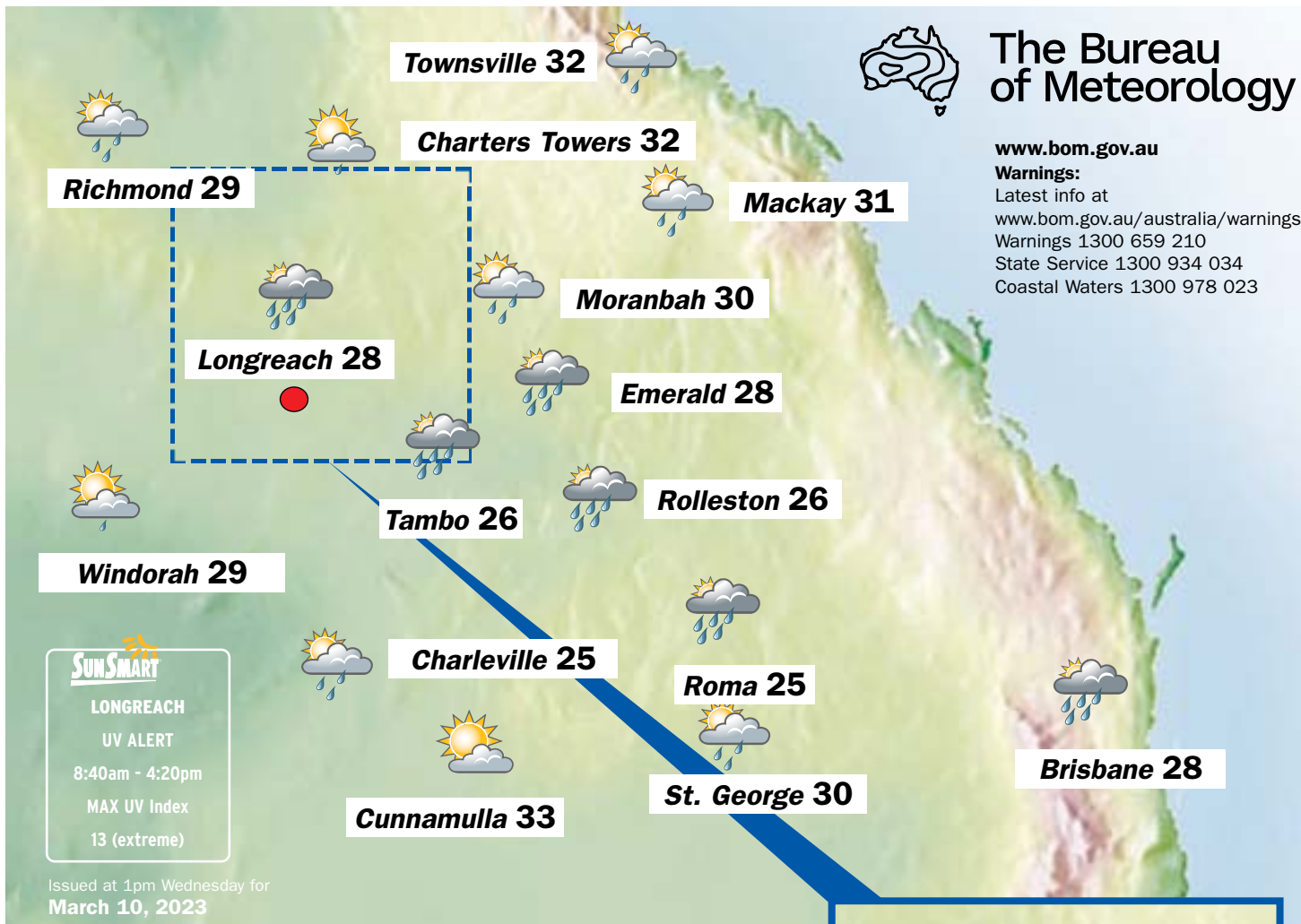
Windy



Dust



Fog



The Bureau  
of Meteorology

[www.bom.gov.au](http://www.bom.gov.au)

### Warnings:

Latest info at

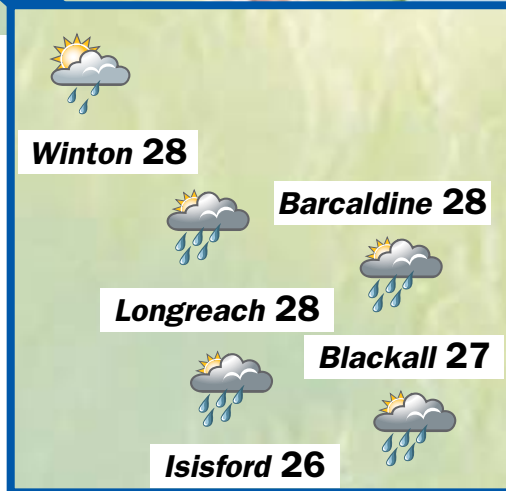
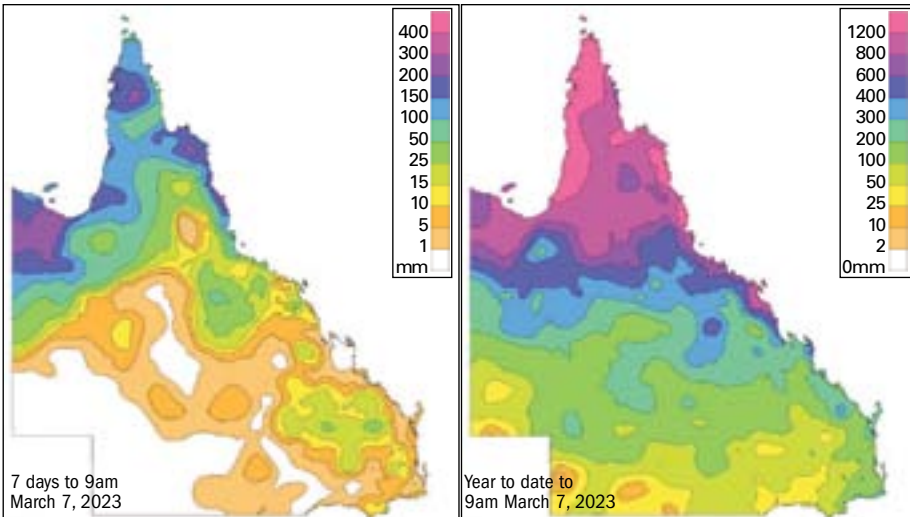
[www.bom.gov.au/australia/warnings](http://www.bom.gov.au/australia/warnings)

Warnings 1300 659 210

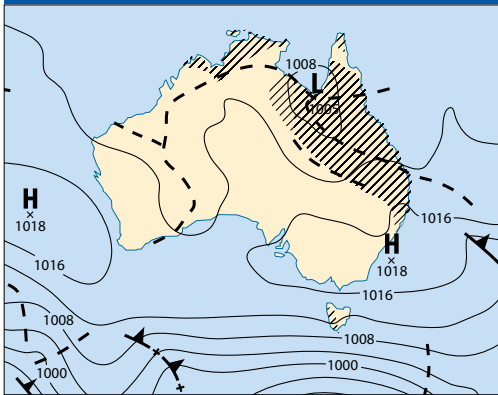
State Service 1300 934 034

Coastal Waters 1300 978 023

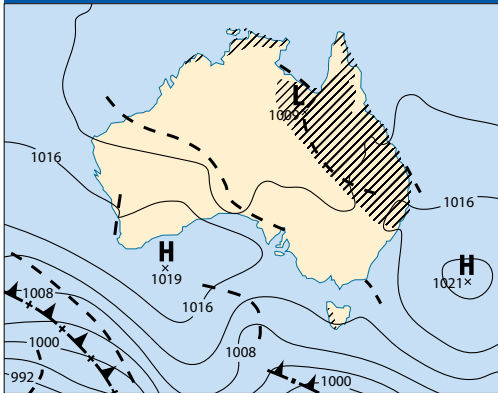
## RAINFALL



### FRIDAY 10AM



### SATURDAY 10AM



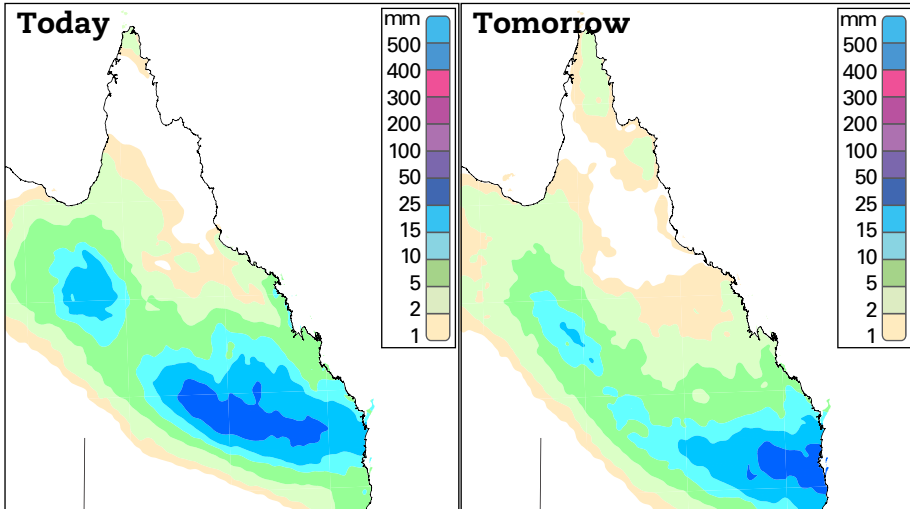
Forecast Rain  
24 hrs to 9am

1024  
hectoPascal  
(hPa)

trough

cold front  
warm front

## Forecast Rainfall



## CAPITAL CITIES

City	Condition	Max
Adelaide	Sunny.	27
Brisbane	Showers.	28
Canberra	Sunny.	26
Darwin	Shower or two. Possible storm.	31
Hobart	Partly cloudy.	23
Melbourne	Partly cloudy.	23
Perth	Mostly sunny.	27
Sydney	Cloudy.	27

## SUN & MOON

	Sunrise	Sunset	Moonrise	Moonset
<b>Friday</b>	6:22am	6:45pm	8:24pm	8:25am
<b>Saturday</b>	6:23am	6:44pm	8:58pm	9:19am
<b>Sunday</b>	6:23am	6:43pm	9:36pm	10:16am
<b>Monday</b>	6:24am	6:42pm	10:18pm	11:15am
<b>Tuesday</b>	6:24am	6:41pm	11:08pm	12:17pm
<b>Wednesday</b>	6:25am	6:40pm	Nil	1:21pm

## THE WORLD

World conditions yesterday

City	Weather	Max	Min
Athens	cloudy	19	10
Auckland	fine	24	16
Bangkok	fine	34	27
Beijing	fine	20	2
Berlin	cloudy	5	-3
Christchurch	showers	25	16
Denpasar	rain	32	25
Dublin	sleet	4	2
Hong Kong	sunny	26	18
Honolulu	sunny	26	18
Jakarta	rain	30	24
Johannesburg	fine	30	17
Kuala Lumpur	storms	33	24
London	rain	8	1
Los Angeles	sunny	20	7
Madrid	rain	18	12
Moscow	rain	0	-7
New Delhi	fine	31	14
New York	sunny	8	1
Noumea	sunny	29	23
Paris	rain	15	9
Auckland	fine	24	16
Port Vila	fine	31	23
Seoul	rain	15	8
Singapore	storms	33	24
Suva	storms	31	24
Tel Aviv	showers	19	13
Tokyo	fine	23	9
Vancouver	sunny	11	2
Wellington	windy	21	18





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## General Notices

### Public Notices and Event

#### Longreach Men's Shed AGM

Saturday 18th  
March 2023 at 10am  
at the Longreach  
Showgrounds  
Wool Pavilion.  
Contact Neil Harvey  
0427581796  
for more details.



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Advertise next week in the  
**General Notices**  
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### PUBLIC NOTICE

#### Pursuant to Section 382 of the Water Act 2000 Release of UNDERGROUND WATER IMPACT REPORT

In accordance with the requirements of section 381 and section 382 of the Water Act 2000 (Water Act) Comet Ridge Limited has developed an underground water impact report (UWIR) for its proposed production programs within Authority to Prospect (ATP) 744P located approximately 90km north-east of Aramac and 145km north-east of Barcardine in central Queensland.

You have the opportunity to review and comment on the UWIR.

From Monday 13th March 2023 you can access the UWIR for ATP744P by visiting Comet Ridge's website at: <http://www.cometridge.com.au>

You can also phone 07 3221 3661 to arrange a hard copy of the report to be posted to you.

Written submissions on the UWIR may be made to Comet Ridge and mailed to:

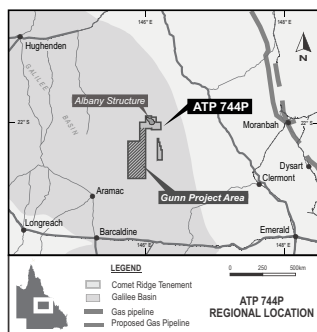
Comet Ridge  
GPO BOX 798  
Brisbane QLD 4001

Your submissions must be:

In writing; and  
Received by COB Thursday 13th April 2023.

Please note that as required by section 382(d) of the Water Act copies of all received submissions must be provided to the chief executive. The submissions will be part of the assessment process for the UWIR.

For more information please phone 07 3221 3661



12593801-AA11-23

## Announcements

### Funeral Services

#### NAISH CLIFFORD JAMES

The relatives and friends of the Late Clifford James Naish, formerly of 'Carella' Station Jundah and most recently of Herberton, are respectfully invited to attend his Graveside Funeral Service commencing at 10am on Monday 13th March 2023 at the Longreach Lawn Cemetery.

Longreach Regional Council  
Funeral Directors of Longreach

Place your  
**Announcement  
Notice**  
with us.

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## General Classifieds

### Contract & Tenders



Longreach  
Regional Council  
Ilfracombe Isisford Longreach Yaraka

Supply and Replace Air Conditioning Units Longreach Administration Building

### TENDER

Reference No.	Details	Closing Date
LRC192023	Supply & Replace Air Conditioning Units Longreach Administration Building	30/03/2023 2pm (AEST)

Tenders are invited to be submitted to Supply and Replace Air Conditioning Units Longreach Administration Building  
Tender documents are available via QTender – [www.qteners.epw.qld.gov.au](http://www.qteners.epw.qld.gov.au)

In accordance with the provisions of the Local Government Regulation 2012, Council reserves the right to later invite all tenderers to change their tenders to take account of a change in the tender specification. The lowest or any tender may not necessarily be accepted.

Brett Walsh  
Chief Executive Officer

PO Box 144  
Ilfracombe QLD 4727

## Employment

### Positions Vacant



Longreach  
Regional Council  
Ilfracombe Isisford Longreach Yaraka

### Positions Vacant

Longreach Regional Council is seeking enthusiastic people with a passion for their community to join a vibrant team in a progressive Council for the following positions.

Positions	Branch	Closing Date
Sealed Network Plant Operator/Labourer	Ilfracombe	No close date
Labourer	Isisford	No close date
Casual Assistant Educator	Longreach	No close date
Assistant Educator	Longreach	No close date
Leading Hand Mechanic	Longreach	No close date

Most Positions offer a nine day fortnight, and superannuation of up to 12% of salary is available upon commencement.

If you would like to join the Longreach Regional Council team, please contact Human Resources on (07) 4658 4111, email [hr@longreach.qld.gov.au](mailto:hr@longreach.qld.gov.au) or visit the Council website at [longreach.qld.gov.au/careers](http://longreach.qld.gov.au/careers) to download a copy of the Positions Descriptions & Information Kit.

Longreach Regional Council is an Equal Opportunity Employer

Brett Walsh  
Chief Executive Officer

PO Box 144  
Ilfracombe QLD 4727

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### ADMINISTRATION OFFICER

#### RESPONSIBILITIES OF ROLE

- Handle all client enquiries and direct to the appropriate team member.
- Assist with preparations for training delivery in consultation with Training Manager and team
- Support training staff
- Maintain accurate inhouse financial transactions
- Preparation of training resources and venues
- Data collection and presentation
- Desktop publishing
- Manage and support maintenance of electronic RTO records management system

#### POSITION SPECIFICATIONS

The successful applicant will have:

- Demonstrated experience using all Microsoft Office programs
- Ability to problem solve, show initiative, and work autonomously
- Demonstrated organisational skills, and ability to manage high workload, and prioritise tasks
- Excellent interpersonal skills to establish work relationships with diverse people
- Ability to quickly develop expertise in business records management system
- Ability to develop knowledge of training arrangements, procedures and compliance requirements for a Registered Training Organisation

#### EDUCATION REQUIREMENTS

Business administration qualifications are highly regarded, but not essential Applications close 5pm Friday the 17th March 2023

Please email [skilling@rapad.com.au](mailto:skilling@rapad.com.au) to request an application package

Find it in the  
**Employment**  
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12455964-SN31-20

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Lola Harvey proudly displays the Sue Egan Junior Sports Person Award with Sue's daughter former Netball Association president Emma Elliott, who stepped down from her role as president this year, after 16 years voluntary service to the Longreach Netball Club. Picture: SUZIE MCDARRA

# Backbone of netball club

By Suzie McDarra

A new perpetual award to honour Sue Egan was unveiled as a surprise to the Longreach Netball Association recently by coach Tennille Stewart. Shockwaves reverberated through the community when Sue passed away unexpectedly last July, and the Sue Egan Junior Sports Person Award was created to honour, remember and encourage the upcoming generation of sporting youngsters to emulate the strength of character which Sue was known for.

"The award is in honour of one of the most caring, kind, considerate, supportive lady who did many things for our juniors and seniors for many years," Tennille said.

"Sue was the sounding board for many and could always be found cleaning, cooking, washing and sorting bibs and uniforms as well

as supervising the canteen," she said.

The Sue Egan Sports Person Award was won by Miss Lola Harvey for her ability to demonstrate kindness, commitment and respect to players, coaches and officials. The award recognised her efforts in always attending training and games.

"Lola is someone who is an all-round player, both on and off the courts," she said.

"Someone who just loves our game.

"This amazing young lady inspired her teammates every day, was always willing to give a hand - without being asked - demonstrated kindness, respect to all and played netball with passion.

"Her infectious smile sums everything up about Lola - and the character traits of Sue," Tennille said.

## Goal achieved for students

By Suzie McDarra

Central West Netball school trials were held in Barcaldine on Friday, March 3. Several students were chosen to head to

the North West Under 12 Netball trials in Hughenden in late April. At NW trials they will compete against Mid West, Mount Isa and The Gulf.



Blackall State School (Back L-R) CW school trials (U/12) Netballers were Summar P, Olivia K, Imogen P, Imogen L, Nika P, Jade N and Abbey I and (front L-R) Mitchell C, Connor R, Logan R.



Longreach State School students making the CW school trials (U/12) were: Alex L, Bonnie K, Sienna F, Lottie S, Leah E, Evelyn S, Havana E, Charlotte H, Lilly T and (front) Mia S.



Our Lady's Catholic Primary School Longreach (Back L-R) Lara P, Taya M, Abbey W, Kaylee H-M, Ella K and (front) Emily B partook in the CW Netball trials. Pictures: SUPPLIED



Netball CW team from Barcaldine's St Joseph's Catholic School (Back L-R) Amelia F, Banjo H, Memphis A, Paige R, Talia W, Teal B, Shaylee Nicholls (Coach) and (front L-R) Abbie A, Lucy B, Jimmy D, Phoebe S.

# All systems go for Longreach Athletics Club sign on day

By Suzie McDarra

More than 40 kids, including half of them being first-timers, turned out for the Longreach Athletics Club grounds at the Longreach State High School on Sunday morning. A bunch of the regulars included Sienna the high jumper, Lara the javelin thrower, Atticus the Shotputter and relay sprinters Jaylie, Xander and Macen with Miller the time-keeper.

All ages, including Masters, are welcome to come along to the first of the fortnightly Club days on Sunday, March 19 to sign on at 8.30 am.

Expect hungry kids after training days, which start on Monday, March 20 and weekly thereafter on Mondays, Wednesdays and Fridays from 5 pm until darkness kicks them out.



Picture: LONGREACH ATHLETICS CLUB



Athletics sign on day fun:(back L-R) Sienna the high jumper, Lara the javelin thrower, Atticus the Shotputter and front (L-R) relay sprinters Jaylie, Xander and Macen with Miller the time-keeper. Picture: SUZIE MCDARRA



Picture: LONGREACH ATHLETICS CLUB



Picture: LONGREACH ATHLETICS CLUB



# Normal play is back

Well after a quieter-than-normal weekend over the 24/25th of Feb, it was back to a full green last Sunday.

Again it was great to see so many turn up for social bowls but I'll concentrate on the championship games.

In Championship Men's Pairs we had Pay Penny and Son-in law Robbie Horsten taking on the formidable pairing of Ray Harmsworth and Andrew Watts.

Ray and Andrew had a narrow lead of 7 – 3, then 7 – 5 but then went on a scoring blitz scoring 11 shots in 3 ends and another 13 shots over the course of 6 ends to get to an unbeatable lead of 31 – 7 with just 5 ends left.

Sometimes you just can't stop the momentum of other bowlers or teams and unfortunately, this was the case for Ray and Robbie going down by 33 - 13.

Ray and Andrew now go on to play Pete Anderson and John Hawkes to get into the final. That'll be a cracker of a game.

In a Championship Men's A grade singles game we had myself battling it out with Shawn Ryan.

I'll be fair and neutral in my report, trust me.

Early on I had a little lead over Shawn at 10



**BOWLS BY BONES**  
**TONY EMSLIE**

– 4 after 8 ends.

You always expect Shawn to charge back into the game, and he didn't disappoint. He squared the game up at 11 all after 15 ends.

Shawn went in front at 14 – 13 but then unluckily gave away 8 shots in 3 ends allowing me to gain a handy break.

It was a close tussle again over the next 4 ends but effectively the gap was maintained until I got over the line winning 31 – 22.

That scoreline doesn't do the game justice as it was a lot closer than the score indicated.

Thanks must go to Justin Hunt who gave up his time to mark the game, but we kept him well-hydrated throughout.

Another men's singles game was between two bowlers who very rarely miss a Sunday.

We had Bernie Gayler and Bob Grant play-

ing each other.

Bernie come out of the blocks sprinting like his days playing rugby league for Redcliffe back in the day.

Unfortunately, he came back to the field and Bob gained control of the mat and steadily eased away by picking up ones and twos.

He finally took the win and bragging rights by 31 – 13.

The other game seen in-form John Hawkes up against Paul Emery.

This was expected to be a tight affair and it turned out that way.

After the score was tied up early on Paul got the better of Hawkesy skipping out to a 13 – 4 lead.

Hawkesy regained his composure and over the next 8 ends got back to tie the game up at 14 all after 17 ends.

Hawkesy then took a 1 shot lead at 17 – 16 but Paul wasn't going to lay down and he kept Hawkesy on 17 shots for a whopping 7 ends in which time he took his score to 27.

That gap was too hard for Hawkesy to claw back and Paul took a good win with the score finishing up at 31 – 24.

Again thanks to the bowlers who turned up for social bowls, it was a good turnout indeed.



Millie Johnson from Tambo enjoying the cricket session.  
Pictures: MICHAEL LLOYD

## Tambo kids loving time at the crease

By Michael Lloyd

Queensland Cricket Development Officer Michael Lloyd travelled to Tambo last week to deliver a session to the cricket-mad kids of Tambo. Lloyd was overwhelmed by the turnout with 35 attendees in the afternoon.

"It was a late promotion with the session being moved from Blackall due to a clash with School Sport, but the kids just kept pouring in," he said.

Queensland Cricket wanted to thank local organiser Alex Turnbull, the Tambo State School and all the mums and dads for all their help in delivering the training. "We had some great skills being shown plus some kids who had never played before," Michael said.

There is another session planned in Tambo for the 10 March, but with the possibility of rain, locals are asked to stay in touch with the school and social media.

Two sessions are also planned for Blackall on the 17 and 24 March.



Queensland Cricket Development Officer Michael Lloyd travelled to Tambo last week to deliver a session to the cricket-mad kids of Tambo.



## Tigers come out tops as season starts

**ROUND 1 RUGBY:** The Longreach/Illfracombe Tigers sporting their new jerseys at the first match of the year in Winton last Saturday. Back (L-R) Riley Ziske, Ben Palmer (Team Manager), Boof Matheson, Cameron Davis, Tom Boyle, Tom Monaghan Harris, Memphis Waerea, Jacob Balke, Sahlie Komndi-Diggins, Leroy Brown, Brodie Lymbrey, Trent Hoad, Kien Dickson (Coach), Kailah Kinsey (Sports Trainer). Front (L-R) Broden Beezley, Samuel Munns, Alec Tanks, Rhett Harris, Liam Oates, Adam Hughes, Jordan Cameron, Gary Cutting, Shaun Oates (League Safe).

Lloydy's Serve

Michael Lloyd

## Participation and commitment never ceases to amaze

Gee, I love Western Queensland! I'm lucky in that I get to travel around a bit with work and get to meet heaps of great people.

Now I am a bit bias, in that I live in Longreach, but there are some great other towns in the Central West and their sporting activities just continue to amaze me.

Last week I got to travel to Tambo to deliver a cricket session.

It was late notice for the town and the volunteers down there.

I kinda just dropped it on Alex Turnbull and the School that I was arriving and could they

help make something happen.

I thought I might get 10-15 kids, which would be pretty good given the size of the town. 35 kids turned up!

A big thanks to all those mums and dads who helped out on the day.

The great buy-in I received from the kids was amazing and I think they all enjoyed themselves.

I was pretty amazed at what Tambo had going on sporting-wise.

The Cricket Club has training every Friday with kids travelling 2 ½ hours every Saturday

morning to play.

The Friday night before they hosted a Big Bash night, with over 100 people attending!

A big shout out to Tambo Tavern publican, cricket tragic and Club President, Kerrie.

After just a short visit I could already tell how much she does for the Club, and thanks again for Kerrie for suggesting I have the steak!

Tambo also has senior tennis fixtures three nights a week, social bowls, league and a great gym.

WOW! And I will probably find out more on my future visits.

This all doesn't happen overnight and continue without effort.

It takes time and drive from volunteers, assistance from Local Government, and the occasional (hopefully to be more regular) visits from outside sporting bodies.

Thanks to all those in Tambo for making my visit so enjoyable.

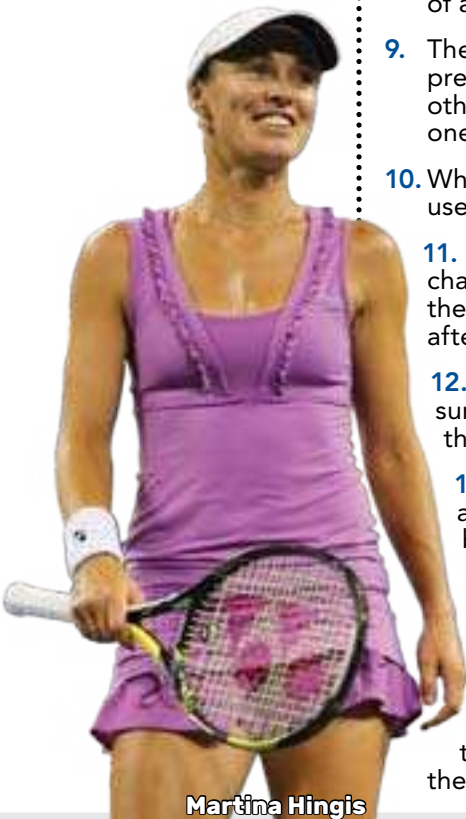
I won't roast in the meat raffle (they will learn not to sell me tickets), the Broncos won, had a fantastic feed, and it was a great stay at the Tambo Mill Motel.

I'm already looking forward to my next visit!



SPORTS QUIZ

- 1. Melbourne Ice and Melbourne Mustangs are teams in which league?
- 2. How old is F1 driver Lando Norris?
- 3. The Parramatta Eels are hosting which other NRL team in the opening match of the 2023 season?
- 4. Chad Wingard has played for which two AFL clubs?



Martina Hingis

- 5. For which NBL team does Shea Ili play for?
- 6. The Australian women's cricket team won their T20 World Cup semi-final by how many runs?
- 7. The Pelicans and the Saints play for which city in the NBA and NFL respectively?
- 8. What name is given to the fins at the end of a dart?
- 9. The reigning AFL premiers will face which other AFL team in round one this year?
- 10. What colour cricket ball is used for day/night Tests?
- 11. Which surfing champion announced they would be retiring after the next Olympics?
- 12. In which year did surfing officially join the Olympics?
- 13. Which AFL club announced they would be changing their name to Walyalup for the Indigenous round?
- 14. NFL Punter Arryn Siposs last played for which AFL team before joining the Philadelphia Eagles?

- 15. Which media broadcaster purchased the rights to the Australian Open in a five-year deal for more than \$425 million?
- 16. Where was the 2023 NBA All Star Game hosted?
- 17. Which NFL team did Tom Brady play 20 seasons for?
- 18. Which AFL coach was recently criticised for making a threatening comment to a TV journalist?
- 19. How old is Australian F1 racer Oscar Piastri?
- 20. What nationality is former tennis player Martina Hingis?
- 21. Which team did Australia defeat to win the final of the 2023 Women's T20 World Cup?
- 22. How many of the eight Women's T20 World Cup titles has Australia won?
- 23. Warren Moon was most recently coach of which A-League Men's club?
- 24. How many A-League Men's team are competing in the 2022-23 season?



Lando Norris

- 25. How many teams does the A-League plan to have in the competition by the 2025-26 season?
- 26. Noah Balta most recently played for which AFL club?
- 27. Which Boston Celtic was awarded Most Valuable Player of the 2023 NBA All-Star Game?
- 28. Which Premier League team did Manchester United defeat 2-0 to win the final of the 2023 EFL Cup?
- 29. Which Scottish Premiership team did Celtic defeat 2-1 to win the final of the 2023 Scottish League Cup?
- 30. Which country did five-time Olympic gold medallist gymnast Nadia Comaneci represent in international competition?

1003 1. Australian Ice Hockey League (AIHL) 2. 23 years old 3. Melbourne Storm 4. Port Adelaide and Hawthorn 5. Melbourne United 6. Five 7. New Orleans 8. Flights 9. Collingwood Football Club 10. Pink 11. Kelly Slater 12. 2021 (Tokyo 2020) 13. Fremantle 14. St Kilda 15. Nine Entertainment Co 16. Salt Lake City, US 17. New England Patriots 18. Alastair Clarkson 19. 21 years old 20. Swiss 21. South Africa 22. Six 23. Brisbane Roar 24. 12 25. 16 26. Richmond 27. Jayson Tatum 28. Newcastle United 29. Rangers 30. Romania

Longreach CentralWestLeader

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RESULTS • ROUND 1

Eels	12	Storm	16
Warriors	20	Knights	12
Panthers	12	Broncos	13
Sea Eagles	31	Bulldogs	6
Cowboys	19	Raiders	18
Sharks	18	Rabbitohs	27
Dolphins	28	Roosters	18
Wests Tigers	10	Titans	22

GAME DRAW • ROUND 2

PANTHERS VS RABBITOHS
EELS VS SHARKS
BRONCOS VS COWBOYS
ROOSTERS VS WARRIORS
DOLPHINS VS RAIDERS
STORM VS BULLDOGS
WESTS TIGERS VS KNIGHTS
DRAGONS VS TITANS

LEADERBOARD

Garry Bettiens.....	5
Chris Moore .....	5
Tracy Hatch.....	4
Harry Brodie.....	3





# Her sunshine to the bush

By Suzie McDarra

A long-term friendship turned romance brought a sea change from Adelaide to Ilfracombe for Physiotherapist and Pilates instructor, Suzi Gunn.

Suzi shares how she has spent quite a bit of time living and working as a physio in Western Queensland previously, but living on a property has been quite a steep learning curve.

"My partner came to Adelaide to drive up with me and we were so lucky - we actually left the night before the border closed in 2020 so it was very weird for things to be normal before we left and then by the time we stopped for fuel at a service station in Blackall on the second day of travel, everyone had masks on," Suzi said.

Suzi has been a physio since 2010 and Pilates instructor for the last six years, but with a break for the last couple of years while settling into property life with her partner.

"My background was teaching people over 65 - Pilates really can be done by anyone if you modify it in various ways," she said.

"I've got a lot of young women who are coming to the classes who are really fit and strong so there's people from 20s to the older ages".

"I'd also love to see more blokes come along, especially guys who are playing sport or working in jobs that are physically demanding, because they are the ones who need it the most for injury prevention.

"With Pilates, it's about finding a nice balance between strength and flexibility and learning how to move your body better, and in a way that works for you, so you can feel well and move well, and do the things you want to do, for longer."

Pilates has five key physical elements - breathing, centering of the pelvic positioning, the rib cage placement and breathing, and then shoulders, and lastly, head and neck placement.

"It's about precision and control. Slower is better. You don't walk out having had a cardio workout."

As a physio, rehab with the aged and disability is a specialty for Suzi, particularly for people who've had strokes or neurological disorders or accidents.

She works with NDIS clients privately in Ilfracombe and is hoping to expand to surrounding areas mid-year.

"I'm really about empowering people so they can take what they've learnt with me and do it without me so they're not reliant."

Suzi is currently practising on Mondays and Thursdays with home visits to Ilfracombe folk.

In the interim, she is taking expressions of



interest for a Falls Prevention class focusing on strength and balance and a strengthening class for people with Osteoarthritic Hips and Knees.

"The evidence for people who partook in the GLAD study showed that at the end of the strength training program, 75% of people didn't want to go and get a hip or knee replacement," Suzi shares.

The GLAD study shows that everything we've known about arthritis has been turned on its head.

"The basis of the research is that exercise doesn't wear out the cartilage, it actually improves the health of the joint so the old adage, 'wear and tear' should not be used anymore because it puts people off exercise.

"Ilfracombe is a nice town to be a part of; lots of people have come out in support of me."

Operating from the Ilfracombe Recreation Centre twice a week on Tuesdays at 5.30 pm and Saturdays at 6.15 am. New people arrive 15 mins early.

Or book via Suzi's Facebook page - Sunshine Physio and Pilates.

New physio to Ilfracombe Suzie Gunn has commenced Pilates classes on Tuesdays at 5.30pm and Sundays at 6.15am. She is taking expressions of interest in upcoming Falls Prevention classes focusing on strength and balance and a strengthening class for people with Osteoarthritic Hip and Knees.

Picture: SUZIE MCDARRA



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